

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Mozzarella sticks - ServingDate: 02/03/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	40	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Sticks, Whole Grain Mozzarella, High Liner Foods, G1042DF, MMA, WGR - SR107394 (5 pcs.)	250	400.00	22.00	8.00	0.00	380.00	32.00	19.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	43	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	150	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	150	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60
Marinara Sauce, Portion Cup, 2.5oz, Red Gold, REDNA2ZC84, Veg-RO - SR107006 (1/4 c.)	250	40.00	1.00	0.00	0.00	200.00	7.00	1.00
Fruit Cup, Peaches, Diced in 100% Fruit Juice, 4oz, Del Monte Foods, 2005442, 1/2F - SR110659 (1 c.)	300	50.00	0.00	0.00	0.00	5.00	12.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	350	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS Buffalo chicken tenders - ServingDate: 02/04/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	15	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Chicken Tender Spicy Tyson 70344 WYASD - LR100072 (3 piece)	300	260.00	15.00	2.50	0.00	390.00	16.00	15.00
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	325	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	250	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	380	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	380	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	380	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbeque Sauce Americana BBQ, Portion Pac, Heinz,7627810, Non-Credible - SR100988 (1 packet)	300	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Sauce, Hot, 7 gram packet, Texas Pete, 75500-00003 - SR108538 (1 packet)	350	1.00	0.01	0.00	0.00	91.61	0.99	0.99

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS General Tso Chicken - ServingDate: 02/05/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	25	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Sweet and Sour Chicken WYASD - LR100120 (5 oz.)	215	343.40	13.00	2.50	0.00	557.35	40.46	14.00
Asian Rice WYASD - LR100106 (1/2 c.)	250	240.14	3.29	0.42	0.04(M)	335.47	45.85	8.00
Broccoli, cooked, boiled, drained, without salt - SR106362 (1 cup, chopp)	300	54.60	0.64	0.12	0.00	63.96	11.20	3.71
Applesauce - LR100181 (4 1/2 oz.)	350	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	300	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 cheesesteak sandwich - ServingDate: 02/06/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	35	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheesesteak sandwich - LR100272 (1 sandwich (2)	250	377.50	19.57	8.84	0.05(M)	379.80	29.36	20.75
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 cheesesteak sandwich - ServingDate: 02/06/2025								
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	0	119.63	0.35	0.06	0.00(M)	255.70	27.32	3.86
Potatoes, Crinkle Cut French Fries, 1/2", 1.98 oz, McCain, Ore-Ida, OIF00055A, Veg-S - SR109288 (1.98 ounces)	350	59.96	2.00	0.00	0.00	14.99	11.99	1.00
Juicy Juice Apple - LR100310 (4.23 oz.)	350	60.03	0.00	0.00	0.00	10.01	15.01	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	350	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	320	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 HS Chicken Bites - ServingDate: 02/07/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Tyson Chicken Bites - LR100221 (3 3/4 oz.)	300	210.00	6.00	1.50	0.00	570.00	17.00	18.00
Mini Corn bread loaf - LR100302 (57 g.)	250	180.00	6.00	0.05	0.00	90.00	29.00	3.00

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2024-25 HS Chicken Bites - ServingDate: 02/07/2025								
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	260	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	400	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	400	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	400	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Mashed Potato Bowl - ServingDate: 02/10/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	100	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Chicken Popcorn with Dinner roll - LR100067 (1 item)	275	1.03	0.05	0.01	0.00	1.72	0.10	0.06
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1 c.)	400	132.00	1.10	0.16	0.00	2.00	31.65	4.18
Vegetables, Mashed Potatoes, Veg-S - SR101979 (1/2 Cup (8 oz)	400	69.42	0.08	0.02	0.00	165.12	15.48	2.09
Juice, 100% Apple, 4oz, Suncup, 090301, F - SR100917 (1 ea.)	400	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024 Mashed Potato Bowl - ServingDate: 02/10/2025								
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	400	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	300	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Gravy, Chicken Mix - Trio, Nestle, Prepared - SR100422 (1/4 c.)	275	35.09	0.50	0.00	0.00	242.77	7.02	0.00
2024-25 Walking Taco - ServingDate: 02/11/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Beef Soft Taco WYASD - LR100077 (1 piece)	238	387.44	18.82	9.33	0.00	855.31	33.51	21.19
Cycle menu cold alternate - LR100183 (1 serv.)	17	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	0	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Doritos, Nacho Cheese, Reduced Fat, Walking Taco, 1.4 oz., Pepsico, 028400648707 - SR109208 (1 pkg.)	238	190.00	7.00	1.00	0.00	280.00	28.00	3.00
Black Beans and Corn Mix - LR100038 (1 c.)	260	49.37	1.11	0.45	0.00(M)	71.22	8.50	2.06
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	230	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	230	26.08	0.28	0.04	0.00	9.19	5.62	1.34

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2024-25 Walking Taco - ServingDate: 02/11/2025								
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	380	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	380	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	385	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	120	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Sour Cream, Glennview Farms - SR100954 (2 Tbsp.)	230	60.00	5.00	3.50	(M)	20.00	2.00	1.00
2025 Ham and Cheese on pretzel Roll - ServingDate: 02/12/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	65	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Ham and Cheese on Pretzel Roll - LR100195 (1 sandwich)	210	342.01	11.91	5.27	0.00	948.96	36.29	20.25
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Chips, RF Doritos Tortilla Chips - Nacho Cheese, 1 oz Bag, PepsiCo, 31748, 1.5WGR - SR106484 (1 bag, singl)	375	130.00	5.00	0.50	0.00	190.00	20.00	2.00
Green Beans, Frozen, Boiled, Veg-O - SR102271 (1 c.)	375	38.00	0.00	0.00	0.00(M)	312.06	8.00	2.00

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2025 Ham and Cheese on pretzel Roll - ServingDate: 02/12/2025								
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, 1000002789, Veg-S - SR103989 (8 pcs.)	375	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	410	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 HS Rotini w/meat sauce - ServingDate: 02/17/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
WG Pasta w/ Meat Sauce, MMA, WG, VRO - LR100007 (1 serv.)	290	355.06	8.95	2.40	0.00(M)	939.80	50.84	19.27
Garlic toast - LR100270 (1 piece)	370	90.00	3.00	0.00	0.00	100.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	250	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024-25 HS Rotini w/meat sauce - ServingDate: 02/17/2025								
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	90	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 HS Breakfast for Lunch - ServingDate: 02/18/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Jones Dairy Sausage links - LR100178 (3 link)	285	150.00	10.50	4.50	0.00	255.00	1.50	10.50
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	40	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bake crafters French toast sticks - LR100271 (3 oz.)	285	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	150	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Hash Brown Patty - SR101441 (1 patty)	370	110.00	6.00	1.00	0.00	280.00	12.00	0.96
Applesauce - LR100181 (4 1/2 oz.)	370	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4oz, Suncup, 090301, F - SR100917 (1 ea.)	370	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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2024-25 HS Breakfast for Lunch - ServingDate: 02/18/2025								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 HS Pot Pie - ServingDate: 02/19/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	25	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Boiled Chicken Pot Pie - LR100118 (1 c.)	285	172.11	4.55	1.29	0.00(M)	758.59	4.66	28.94
Cycle menu cold alternate - LR100183 (1 serv.)	10	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	25	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack /hummus - LR100253 (1 ea.)	5	480.00	20.00	7.50	0.00	670.00	63.00	16.00
Dutch Waffle Funnel Cake - LR100285 (1 ea.)	285	330.00	19.00	3.00	0.00	330.00	38.00	4.00
Copy of Vegetable, Seasoned Green Peas, Veg-S 1Cup - LR100049 (1 c.)	150	175.71	4.31	2.72	0.00(M)	508.59	25.36	9.71
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	350	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Diced, Extra Light Syrup, Canned - SR109630 (1/2 c.)	350	59.99	0.00	0.00	0.00	4.99	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	35	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS Nachos w/meat/cheese - ServingDate: 02/20/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Beef Taco Meat WYASD - LR100089 (2 3/4 oz.)	280	199.74	11.93	4.48	0.82(M)	409.42	2.01	19.53
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Chips, Tortilla Chips, RF, .875 oz., Tostitos/Pepsico, 18792, WGR - SR106496 (1 Bag)	280	120.00	4.50	0.50	0.00	100.00	18.00	2.00
Corn Muffin Bake Crafters 2.2 oz ready to serve - LR100059 (1 muffin)	350	180.00	4.50	0.50	0.00	310.00	31.00	4.00
Black Beans and Corn Mix - LR100038 (1 c.)	150	49.37	1.11	0.45	0.00(M)	71.22	8.50	2.06
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	280	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	35	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	385	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	385	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Cheese Nacho low fat Lucky Leaf WYASD - LR100061 (2 oz.)	280	45.00	1.35	0.00	0.00	603.00	7.20	0.90
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS Nachos w/meat/cheese - ServingDate: 02/20/2025								
Condiment, Sour Cream Pouch - SR103271 (1 Pouch)	280	60.00	5.00	3.00	0.00	50.00	2.00	1.00
2024 Pizza Crunchers - ServingDate: 02/21/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	55	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Pizza, Cheese Crunchers Whole Grain, Rich's Foodservice, 65225, WGR, MMA - SR100373 (4 piece whol)	250	420.00	20.00	8.00	0.50	770.00	41.00	20.00
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Broccoli, Broccoli Frozen Boiled, Veg-DG - SR102476 (1 cup servin)	250	147.20	7.97	1.49	1.41(M)	412.28	15.23	8.80
Juice, Apple 100% 6.75 oz, Juicy Juice, 00060, F - SR106030 (1 Box)	350	100.00	0.00	0.00	0.00(M)	15.00	24.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1 c.)	350	120.00	0.00	0.00	0.00	10.00	32.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Sauce, Marinara Sauce, 2.5 oz. cups, Red Gold, REDNA2ZC168, VEG-RO - SR108770 (1 Container)	150	40.00	1.00	0.00	0.00	200.00	7.00	1.00

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Mozzarella sticks - ServingDate: 02/24/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	40	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Sticks, Whole Grain Mozzarella, High Liner Foods, G1042DF, MMA, WGR - SR107394 (5 pcs.)	250	400.00	22.00	8.00	0.00	380.00	32.00	19.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	43	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	150	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	150	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60
Marinara Sauce, Portion Cup, 2.5oz, Red Gold, REDNA2ZC84, Veg-RO - SR107006 (1/4 c.)	250	40.00	1.00	0.00	0.00	200.00	7.00	1.00
Fruit Cup, Peaches, Diced in 100% Fruit Juice, 4oz, Del Monte Foods, 2005442, 1/2F - SR110659 (1 c.)	300	50.00	0.00	0.00	0.00	5.00	12.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	350	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS Buffalo chicken tenders - ServingDate: 02/25/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	15	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Chicken Tender Spicy Tyson 70344 WYASD - LR100072 (3 piece)	300	260.00	15.00	2.50	0.00	390.00	16.00	15.00
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	325	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	250	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	380	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	380	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	380	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbeque Sauce Americana BBQ, Portion Pac, Heinz,7627810, Non-Credible - SR100988 (1 packet)	300	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Sauce, Hot, 7 gram packet, Texas Pete, 75500-00003 - SR108538 (1 packet)	350	1.00	0.01	0.00	0.00	91.61	0.99	0.99

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 HS General Tso Chicken - ServingDate: 02/26/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	25	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Sweet and Sour Chicken WYASD - LR100120 (5 oz.)	215	343.40	13.00	2.50	0.00	557.35	40.46	14.00
Asian Rice WYASD - LR100106 (1/2 c.)	250	240.14	3.29	0.42	0.04(M)	335.47	45.85	8.00
Broccoli, cooked, boiled, drained, without salt - SR106362 (1 cup, chopp)	300	54.60	0.64	0.12	0.00	63.96	11.20	3.71
Applesauce - LR100181 (4 1/2 oz.)	350	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	300	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024- 25 Cheeseburger week 2 - ServingDate: 02/27/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	60	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	275	345.44	14.53	6.27	0.00	563.78	27.21	29.53
Cycle menu cold alternate - LR100183 (1 serv.)	5	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024- 25 Cheeseburger week 2 - ServingDate: 02/27/2025								
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	30	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	300	119.63	0.35	0.06	0.00(M)	255.70	27.32	3.86
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.06 oz., McCain, MCF03761,Veg-S - SR104149 (2.06 oz.)	375	90.00	3.50	0.50	0.00	25.00	13.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Chicken Bites - ServingDate: 02/28/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Tyson Chicken Bites - LR100221 (3 3/4 oz.)	300	210.00	6.00	1.50	0.00	570.00	17.00	18.00

Menu Calendar Nutrient Analysis Report - February, 2025

Site: ALL
 Date: 02/01/2025 - 02/28/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Chicken Bites - ServingDate: 02/28/2025								
Cornbread, Cornbread Poppers, Rich's, 18510, WGR - SR110083 (3 POPPERS)	400	150.00	8.00	3.50	0.00	200.00	19.00	2.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	260	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	400	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	400	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	400	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: regular
 Serving Group: 9-12
 Nutrients Option: Expanded