



APRENDE JAGUARS TRACK & FIELD CANDIDATES

BEFORE ANY PLAYER MAY PARTICIPATE IN TRYOUTS THE FOLLOWING ITEMS MUST BE SUBMITTED IN THE REGISTRATION PORTAL

Registration Checklist: ALL ITEMS MUST BE COMPLETED

1. **Athletic Packet (Online)**
2. **Athletic Packet: Additional Information (Online)**
3. **Brain Injury Concussion Form (Online)**
4. **Sports Physical (Upload Online)**
5. **Coach's Letter Signed (Front Office)**

Registration Portal: <https://az-kyrene.intouchrecepting.com/>

**REGISTRATION MUST BE COMPLETED BY
NOON ON Monday, April 7, 2025**

The \$150 fee for non-cut sports is due at time of registration

Dear Parents and Students,

We want to thank everyone who has shown an interest in being part of Aprende's Track & Field team. We are very excited about the upcoming season and look forward to providing each athlete with positive and rewarding experiences. Through these experiences, we hope to develop an appreciation for team effort and instill the value of self-improvement through participation and work ethic.

All participants who are interested in becoming part of the Track & Field team will gladly be accepted. Track & Field is a non-cut sport and thus is an opportunity for all participants to enjoy the fun and success associated with being part of a team. Being part of a team requires commitment. Any student who wishes to participate in Track & Field should realize that he/she is making a commitment to participate in practices and meets. This commitment will help ensure steady improvement not only in physical skills, but social skills as well.

**Track
&
Field**

Practices will begin on Tuesday, March 25th. The first 2 weeks, practices will be on Mondays, Tuesdays, Wednesdays, Thursdays and Fridays before school from 6:25am sharp to 7:55am. Athletes are to report to the track dressed out for morning practices (locker rooms closed until after practice).

We will practice rain (indoors) or shine. Parents are responsible for their child's transportation to morning practices. Lastly, we use e-mail often to relay information to our athletes and their families. Please email Coach Cynthia and Coach Pat with your student's name in the subject field for our email distribution list.

cymayfield1@cox.net; woulfpack15@gmail.com

****On week 3 effective April 7th the Training schedule will be Mondays, Thursdays and Fridays 6:25AM****

No Morning Practice Tuesday, April 1st. There will be Afternoon Practice on Tuesday, April 1st from 3:15pm to 5:00pm.

PARENT MEETING: More detailed track & field information will follow at a parent/athlete/coaches meeting to be held after practice at 5:00pm on Tuesday, April 1st under the ramada in front of the MPR.

Sincerely,
Cynthia Washington
Pat Woulf

**Aprende Track & Field
24-25 Q4 Season
Coaches' Letter**

Please sign and return this form to Ms. Vergara in the front office no later than 3:00 pm on Monday, April 7th.

We understand the policies concerning tryouts and season play for volleyball.

Please indicate grade of student: 6th Grade ____ 7th Grade ____ 8th Grade ____

Please **PRINT** student's name: _____

Student Signature: _____

Parent/Guardian Signature: _____ Date _____

I have also read the following Health & Safety Information located at <http://www.kyrene.org/Page/1116> on the Kyrene School District website.

**Parent & Athlete Concussion Information Sheet
AIA Heat Acclimatization & Exertional Heat Illness Management Policy
Hot Weather, Heat Stress & School Safety
Hazing Policy
Opioid Handout
Cardiac Arrest Handout**

Parent/Guardian Signature: _____ Date _____