

February 2025
MES Breakfast Menu

3	4	5	6	7
Pancake on a Stick or Assorted Cereal	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage & Cheese Croissant or Assorted Cereal
10	11	12	13	14
Crispy Hashbrown, Sausage, & Toast or Cinna-Mini Bagel	Sausage Breakfast Pizza or Assorted Cereal	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Mini Donut Holes in a Cup or Assorted Cereal	Chicken Breakfast Sandwich or Blueberry Muffin Loaf
17	18	19	20	21
Holiday	Holiday	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal
24	25	26	27	28
Pancake on a Stick or Assorted Cereal	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage & Cheese Croissant or Assorted Cereal

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

**February 2025
MES Lunch Menus**

3	4	5	6	7
Chicken Tenders w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Corn on the Cob Black Bean Salad	Steak Nuggets w/ Roll or Ham & Cheese Sandwich Rice & Gravy Sweet Potatoes Green Beans	Chili Cheese Fries w/ Garlic Breadstick or Grilled Cheese Sandwich Baby Limas Cucumber & Tomato Cup w/ Ranch	Chicken Sandwich or Spicy Chicken Sandwich or Ham Sub Tater Tots Fresh Veggie Cup w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
10	11	12	13	14
Popcorn Chicken w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Baby Limas	Beef & Cheese Nachos or Deli Ham Wrap w/ Chips Green Beans Shredded Lettuce/ Diced Tomatoes/Cheese/ Salsa	Fish Sticks & Grits w/ Garlic Breadstick or Assorted Cerals w/ Cheese Stick Baked Beans Coleslaw	Baked Ham w/ Roll or Ham & Cheese Sandwich Oven Fried Okra Steamed Broccoli w/ Cheese Sauce	Hot Dog w/ Bun or Grape Uncrustable w/ Cheese Stick Tater Tots Fresh Broccoli Cup w/ Ranch
17	18	19	20	21
Holiday	Holiday	Cheeseburger or Grape Uncrustable w/ Cheese Stick Crinkle Cut Fries Steamed Broccoli w/ Cheese Sauce Lettuce & Tomato	Corn Dog Nuggets or Grape Uncrustable w/ Cheese Stick Baked Beans Fresh Baby Carrots w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
24	25	26	27	28
Boneless Chicken Wings w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Steamed Broccoli w/ Cheese Sauce	Creamy Chicken Alfredo w/ Garlic Bread Stick or BBQ Rib Sandwich English Peas Fresh Veggie Cup w/ Ranch	Hamburger Steak w/ Gravy & Roll or Ham & Cheese Sandwich Rice w/ Stewed Tomatoes Blackeye Peas	BBQ Sandwich w/ Chips or Turkey Wrap w/ Chips Corn on the Cob Cucumber & Tomato Cup w/ Ranch	Chicken Fajitas w/ Roll or Grilled Cheese Sandwich Oven Fried Okra Black Bean Salad

A Variety of Milk, Fruit & Juice Available Daily