

# February 2025

# The Catamount School

## Monday

1) Cereal Applesauce 3  
Popcorn Chicken  
Seasoned Potatoes  
Seasoned Peas  
Southern Style Biscuit  
Sliced Pears

2) Cereal Diced Peaches 10  
*Breakfast for Lunch*  
Egg Patty  
Sausage Patty  
Tater Tots  
Grapes Tomatoes w/ dip  
Biscuit & Gravy  
Applesauce

17  
**No School**

1) Cereal Applesauce 24  
Mini Corn Dogs  
Smile Fries  
Glazed Carrots  
Mixed Fruit

## Tuesday

Cereal Bar Sliced Pears 4  
Chicken Nachos  
Cheese Sauce, Salsa,  
Sauteed Peppers & Onions  
Sour Cream  
Seasoned Pinto Beans  
Pineapple Tidbits

Muffin Applesauce 11  
Breaded Pork Chop  
Seasoned Peas  
Sweet Potato Casserole  
Southern Style Biscuit  
Mixed Berries

3) Bagel Bar Pear Slices 18  
Chicken Tenders  
Waffles w/syrup  
Seasoned Green Beans  
Sweet Potato Waffle Fries  
Sliced Peaches

Cereal Bar Mixed Fruit 25  
Chicken Alfredo  
Roasted Broccoli  
Garlic Bread  
Berry Medley  
w/ whip topping

## Wednesday

Yogurt, Granola Pineapple Tidbits 5  
Hamburger w/ or w/out cheese  
Lettuce, Tomato, Pickles  
Oven Baked Fries  
Berry Medley w/ whip topping

Super Donut Mixed Berries 12  
Chicken Sandwich  
Lettuce, Tomato, Pickles  
Caesar Salad w/ dressing  
Smile Fries  
Mandarin Oranges

Cereal Sliced Peaches 19  
Salisbury Steak  
Mashed Potatoes w/gravy  
Steamed Peas  
Southern Style Biscuit  
Blueberry Crisp

Cherry Frudel Berry Medley Tomato Soup 26  
Grilled Ham & Cheese Sandwich  
Caesar salad w/ dressing  
Banana Pudding

## Thursday

Sweet Bread Slice Berry Medley 6  
Tomato Soup  
Grilled Ham & Cheese Sandwich  
Carrot Coins w/ dip  
Garden Salad w/ dressing  
Orange Slices

Apple Frudel Mandarin Oranges 13  
Oven Baked Turkey  
Mashed Potatoes w/ gravy  
Seasoned Green Beans  
Stuffing  
Spiced Apples

Super Donut Blueberries 20  
Manager's Choice Day

Super Donut Banana Chicken Fajita 27  
Salsa, Shredded Cheese, Sour Cream  
Sauteed Onions & Peppers  
Seasoned Black Beans  
Orange Slices

## Friday

Breakfast Pastry Orange Slices 7  
French Bread Pizza  
Marinara Sauce  
Whole Kernel Corn  
Tomato & Cucumber Salad  
Diced Peaches

Cereal Spiced Apples 14  
Chicken Quesadilla w/ or w/out queso  
Salsa, Sour Cream  
Whole Kernel Corn  
Seasoned Black Beans  
Pineapple Tidbits

Sweet Bread Slice Diced Peaches 21  
Cheese Dippers w/ marinara sauce  
Caesar Salad w/ dressing  
Whole Kernel Corn  
Sliced Peaches

Sweet Bread Slice Orange Slices 28  
Pizza  
Whole Kernel Corn  
California Mixed Vegetables  
Diced Peas  
Cookie

**Breakfast:**  
Entrée, Grain/Bread, Fruit, Juice, & Milk  
Additional Daily Breakfast Options:  
Fruit, Yogurt & Granola Parfaits  
Oatmeal and  
Breakfast Bistro Boxes:  
Week 1:  
Peanut Butter Cup -1oz.  
Graham Crackers  
Apple Slices  
Week 2:  
Bagel, Cream Cheese Cup,  
Craisins  
Week 3:  
Boiled Egg, Cheese Stick,  
Cinnamon Toast, Orange Slices  
**Lunch:**  
Choice of Entrée, Grain/Bread, Vegetable, Fruit, Milk

Additional Daily Lunch Options:  
PBJ, Chef Salad, Pizza Kit & Yogurt Plate  
USDA Regulations:  
\*\*Students must take 1/2 cup fruit or 1/2 cup vegetable with breakfast & lunch

Menus are subject to change according to product availability & weather.  
"USDA is an equal opportunity provider and employer"

## Did you know?

February 12th is Abraham Lincoln's birthday. The 16th president of the United States was born in a one-room, 16x18-foot, log cabin with a dirt floor.