

FEBRUARY



BREAKFAST MENU

Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings 5 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl

Banana

Strawberry Cream
Cheese Bagel
OR
Chicken &
Vegetable
Dumplings
Apple Slices

7Mini Cinnamon Rolls
OR
Teriyaki Chicken
Rice Bowl

10 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Mini Cinnamon
Rolls
OR
Chicken &
Vegetable
Dumplings
Apple Slices

12Banana Chocolate
Chip Muffin
OR
Teriyaki Chicken
Rice Bowl

13
Strawberry Cream
Cheese Bagel
OR
Chicken &
Vegetable
Dumplings
Apple Slices

Caramel Mini
Cinnamon Rolls
OR
Chicken Teriyaki
Rice Bowl
Banana

Strawberry Cream

Cheese Bagel

OR

Chicken &

17



18



19 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings

Apple Slices

Chocolate
Chocolate Chip
Muffin
OR
Teriyaki Chicken
Rice Bowl

Banana

en Vegetable Dumplings

21

Apple Slices

28

24
Saint Paul Sunrise
Croissant
OR
Teriyaki Chicken
Rice Bowl

25Mini Cinnamon
Rolls
OR
Chicken &
Vegetable
Dumplings

Apple Slices

Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl

26

Banana

27
Strawberry Cream
Cheese Bagel
OR
Chicken &
Vegetable
Dumplings

Apple Slices

Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl

Banana

DAILY

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.



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LUNCH MENU

6 MN THURSDAY! 3 4 5 NACHO DAY 7 Seasoned Beef Crispy Chicken Mongolian Beef Refried Beans Beef or Lentil Sandwich Jasmine Rice Cheese Sauce Sambusas Tortilla Chips Basbaas Sauce Soybutter Sandwich Soybutter Sandwich Soybutter Sandwich Soybutter Sandwich Potato Wedges Broccoli Sliced Apples Yellow Rice Mango Applesauce **Applesauce** Banana 11 12 TACO DAY 13 14 10 SPECIAL MENU Seasoned Beef Teriyaki Chicken Chicken Fingers Refried Beans Jasmine Rice Mac & Cheese Grilled Cheese Shredded Cheese **Galaxy Sauce** Red Beans & Rice Tortilla Shell Soybutter Sandwich Cornbread Muffin Soybutter Sandwich Soybutter Sandwich Broccoli Soybutter Sandwich **Applesauce** Salad Sliced Apples Banana Mango Applesauce 17 18 19 20 21 Beef Bulgogi Chicken Fingers Jasmine Rice Soybutter Sandwich Soybutter Sandwich Broccoli Potato Wedges Applesauce Sliced Apples

24

Glazed Chicken Bites

Soybutter Sandwich

Potato Wedges Mango Applesauce 25

Grilled Cheese

Soybutter Sandwich

Sweet Potato Wedges Applesauce 26

Chicken & Cheese Burrito Nacho Cheese Sauce

Soybutter Sandwich

Salad Sliced Apples 27

Pancake Chicken Sausages

Soybutter Sandwich

Hash Browns Banana Italian Dunker Marinara Sauce

Soybutter Sandwich

Strawberry Applesauce

Cheese or Turkey Sausage Pizza

Soybutter Sandwich

Orange Wedges

Cheeseburger

Soybutter Sandwich

Potato Wedges Banana

28

Cheese or Turkey Sausage Pizza

Soybutter Sandwich

Orange Wedges Baby Carrots

Special menu for National African American Parent Involvement Day (NAAPID) approved by Parents of African American Students Advisory Council (PAASAC).

Milk is available at every meal. Menu subject to change. For nutrient & allergen information, visit SchoolCafe.com/SPPS.

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