

Supper **Brewer Middle School** Cafeteria 4:00-5:45 PM FREE to all 18 & under

Announcements:

Must have student ID number or birthdate to receive meal. Alternate sandwich option available.

Have a milk allergy? No worries!! Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com Please call the Child Nutrition office if you have any questions 817-367-1310



COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Country Chicken Mashed Potato Bowl Whole Grain Biscuit Apple Milk	Pork Tacos Pico De Gallo Lettuce Pineapple Milk	Buffalo Chicken Wrap Carrots Grapes Milk	6 Chicken Alfredo Penne Broccoli Raisins Milk	7
10 No School	11 No School	12 No School	13 No School	14 No School
READY, S	ET SPRI	NG BF	REAK!	
17 No School	18 Birria Tacos Refried Beans Orange Milk	Chicken Wings Whole Grain Breadstick Celery Sticks Mixed Berry Fruit Cup Milk	Grilled Cheese Tomato Soup Apple Sauce Milk	21
24 Country Chicken Mashed Potato Bowl Whole Grain Biscuit Apple Milk	Pork Tacos Pico De Gallo Lettuce Pineapple Milk	26 Buffalo Chicken Wrap Carrots Grapes Milk	Chicken Alfredo Penne Broccoli Raisins Milk	28
31 Asian Beef w/ Rice Green Bean & Mushroom Medley Mandarin Oranges Milk		Button Mushrooms Harvest Month	Did you know mushrooms are about 90% water? Mushrooms are low in calories and high in protein and Vitamin D. They are heart healthy and make a great meat- less option.	