

Supper Brewer High School Cafeteria 4:15-4:45 PM FREE to all 18 & under

Announcements:

Must have student ID number of birthdate to receive meal. Alternate sandwich option available.

Have a milk allergy? No worries!! Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com Please call the Child Nutrition office if you have any questions 817-367-1310



This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey Pot Pie Mixed Fruit Cup Milk	4 Pork Tacos Pico De Gallo Lettuce Pineapple Milk	⁵ Grilled Cheese Tomato Soup Grapes Milk	⁶ Chicken Alfredo Penne Broccoli Raisins Milk	7
10 No School	¹¹ No School	¹² No School	13 No School	14 No Schoo
17 No School	18 Birria Tacos Refried Beans Orange Milk	19 Chicken Wings Whole Grain Breadstick Celery Sticks Banana Milk	20 Chicken Parmesan Whole Grain Spaghetti Garden Salad Apple Sauce Milk	21
24 Country Chicken Mashed Potato Bowl Whole Grain Biscuit Apple Milk	25 Pork Tacos Pico De Gallo Lettuce Pineapple Milk	26 Buffalo Chicken Wrap Carrots Grapes Milk	27 Chicken Alfredo Penne Broccoli Raisins Milk	28
31 Asian Beef w/ Rice Green Bean & Mushroom Medley Mixed Fruit Cup Milk		Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms Button Mushrooms	Did you know mushrooms are about 90% water? Mushrooms are low in calories and high in protein and Vitamin D. They are heart healthy and make a great meat- less option.	