



March 2025

Lunch Brewer Middle

Announcements:

Have a milk allergy?
No worries!!
Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



 Follow us on Facebook WSISD Child Nutrition



BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. **Baked Potatoes** are served with whole grain roll or breadstick.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
Download the app or visit www.schoolcafe.com
Please call the Child Nutrition office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Country Fried Steak Cheese Pizza Spicy Chicken Chef Salad Turkey & Cheese Sandwich Glazed Carrots Mashed Potatoes Fruit Milk	4 Chicken Wings Spicy Chicken Sandwich Baked Potato w/ Cheese BearPack Breadstick Celery Sticks Waffle Fries Fruit & Milk	5 Beef Tamales Corn Dog Turkey Chef Salad Turkey & Cheese Sandwich Refried Beans Jicama Sticks Lettuce & Diced Tomatoes Fruit & Milk	6 Grilled Cheese Hamburger/Cheeseburger Baked Potato w/ Cheese BearPack Vegetable Soup Garden Salad Fruit Milk	7 Chicken Alfredo Penne Pepperoni Pizza Baked Potato w/ Cheese Fish Sandwich Steamed Broccoli Spinach w/ Strawberries Fruit Milk
10 No School	11 No School	12 No School	13 No School	14 No School
READY, SET... SPRING BREAK!				
17 No School	18 Meatball Sub Breaded Chicken Sandwich Baked Potato w/ Cheese BearPack Sandwich Salad Curly Fries Fruit & Milk	19 Walking Doritos Beef Taco Hot Dog w/ Chili Turkey Chef Salad Turkey & Cheese Sandwich Lettuce & Diced Tomatoes Pinto Beans Fruit Milk	20 Scrambled Egg w/ Cheese & Sausage Link & Panckaes Hamburger/Cheeseburger Baked Potato w/ Cheese BearPack Roasted Potatoes Peppers & Onions Fruit & Milk	21 Teriyaki Chicken w/ Rice Pepperoni Pizza Baked Potato w/ Cheese Fish Sticks Spinach w/ Mandarins Edamame Veggie Blend Fruit Milk
24 Chicken Tenders Cheese Pizza Spicy Chicken Chef Salad Turkey & Cheese Sandwich Macaroni & Cheese Broccoli Veggie Beans Fruit & Milk	25 Crispitos Spicy Chicken Sandwich Baked Potato w/ Cheese BearPack Garden Salad Corn Fruit Milk	26 Chicken Fajitas Corn Dog Turkey Chef Salad Turkey & Cheese Sandwich Peppers & Onions Celery Sticks Fruit & Milk Bonus Sidekick!	27 Walking Frito Chili Pie Hamburger/Cheeseburger Baked Potato w/ Cheese BearPack Ranch Style Beans Baby Carrots Fruit Milk	28 Lasagna Roll Up Pepperoni Pizza Baked Potato w/ Cheese Fish Sandwich Garlic Knot Green Bean & Mushroom Medley Corn Fruit & Milk
31 Chicken Nuggets Cheese Pizza Spicy Chicken Chef Salad Turkey & Cheese Sandwich Breadstick Mashed Potatoes Green Beans Fruit & Milk		 <p>Button Mushrooms</p>  <p>Harvest of the Month™</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Did you know mushrooms are about 90% water? Mushrooms are low in calories and high in protein and Vitamin D. They are heart healthy and make a great meat-less option.</p> </div>	