



# March 2025 Lunch Tannahill

### Announcements:

Have a milk allergy?  
No worries!!  
Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



 Follow us on Facebook WSISD Child Nutrition



**BearPack** is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. **Baked Potatoes** are served with whole grain roll or breadstick.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to [www.wsisd.com](http://www.wsisd.com)  
Download the app or visit [www.schoolcafe.com](http://www.schoolcafe.com)  
Please call the Child Nutrition office if you have any questions  
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Country Fried Steak Cheese Pizza Baked Potato w/ Cheese Turkey & Cheese Sandwich Glazed Carrots Mashed Potatoes Fruit Milk	4 BBQ Chicken Wings Hamburger/Cheeseburger Grilled Chicken Chef Salad BearPack Breadstick Celery Sticks Curly Fries Fruit & Milk	5 Beef Tamales Bean Burritos Baked Potato w/ Cheese Turkey & Cheese Sandwich Refried Beans Jicama Sticks Fruit & Milk	6 Grilled Cheese Spicy Chicken Chef Salad BearPack Vegetable Soup Garden Salad Fruit Milk	7 Chicken Alfredo Penne Pepperoni Pizza BearPack Turkey & Cheese Sandwich Fish Sandwich Steamed Broccoli Corn Fruit & Milk
10 No School	11 No School	12 No School	13 No School	14 No School
<b>READY, SET... SPRING BREAK!</b>				
17 No School	18 Chicken Sandwich Breaded/ Spicy Hamburger/Cheeseburger Grilled Chicken Chef Salad BearPack Sandwich Salad Waffle Fries Fruit & Milk	19 Walking Doritos Beef Taco Baked Potato w/ Cheese Turkey & Cheese Sandwich Lettuce & Diced Tomatoes Pinto Beans Fruit Milk	20 Scrambled Egg w/ Cheese & Sausage Link Spicy Chicken Chef Salad BearPack Pancakes Roasted Potatoes Peppers & Onions Fruit & Milk	21 Teriyaki Chicken w/ Rice Pepperoni Pizza BearPack Turkey & Cheese Sandwich Fish Sticks Spinach w/ Mandarins Edamame Veggie Blend Fruit & Milk
24 Chicken Tenders Cheese Pizza Baked Potato w/ Cheese Turkey & Cheese Sandwich Macaroni & Cheese Broccoli Veggie Beans Fruit & Milk	25 Crispitos Hamburger/Cheeseburger Grilled Chicken Chef Salad BearPack Garden Salad Corn Fruit Milk	26 Chicken Fajitas Baked Potato w/ Cheese Turkey & Cheese Sandwich Peppers & Onions Celery Sticks Fruit Milk Bonus Sidekick!	27 Walking Frito Chili Pie Spicy Chicken Chef Salad BearPack Ranch Style Beans Baby Carrots Fruit Milk	28 Lasagna Roll Up Pepperoni Pizza BearPack Turkey & Cheese Sandwich Fish Sticks Garlic Knot Green Bean & Mushroom Medley Garden Salad Fruit & Milk
31 Chicken Nuggets Cheese French Bread Pizza Baked Potato w/ Cheese Turkey & Cheese Sandwich Breadstick Mashed Potatoes Green Beans Fruit & Milk		 	<div style="border: 1px solid black; padding: 5px;"> <p>Did you know mushrooms are about 90% water? Mushrooms are low in calories and high in protein and Vitamin D. They are heart healthy and make a great meat-less option.</p> </div>	