



March 2025

Lunch Elementary

Announcements:

Have a milk allergy?
No worries!!
Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



 Follow us on Facebook WSISD Child Nutrition


BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. **Baked Potatoes** are served with whole grain roll or breadstick.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
Download the app or visit www.schoolcafe.com
Please call the Child Nutrition office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Steak Fingers Fish Nuggets Chef Salad w/ Turkey Turkey & Cheese Sandwich Hushpuppies Glazed Carrots Mashed Potatoes Fruit Milk	4 Chicken Sandwich Baked Potato w/ Cheese BearPack Sandwich Salad Veggie Beans Fruit Milk	5 Beef Tamales Chef Salad w/Turkey BearPack Refried Beans Jicama Sticks Fruit Milk	6 Grilled Cheese BearPack Turkey & Cheese Sandwich Vegetable Soup Emoji Fries Fruit Milk	7 French Bread Cheese Pizza Baked Potato w/ Cheese Turkey & Cheese Sandwich Fish Sandwich Garden Salad Sliced Cucumbers Fruit Milk
10 No School <div style="text-align: center;"> <h1>READY, SET... SPRING</h1> </div>	11 No School <div style="text-align: center;"> <h1>READY, SET... SPRING</h1> </div>	12 No School <div style="text-align: center;"> <h1>BREAK!</h1> </div>	13 No School	14 No School
17 No School	18 Corn Dog Baked Potato w/ Cheese BearPack Curly Fries Veggie Beans Fruit Milk	19 Walking Doritos Beef Taco Chef Salad w/Turkey BearPack Lettuce & Diced Tomatoes Corn Fruit Milk	20 Scrambled Egg w/ Cheese, Pancakes and Sausage Link BearPack Turkey & Cheese Sandwich Roasted Potatoes Peppers & Onions Fruit Milk	21 Cheese Calzone Baked Potato w/ Cheese Turkey & Cheese Sandwich Fish Sticks Garden Salad Ranch Style Beans Fruit Milk
24 Chicken Tenders Chef Salad w/Turkey Turkey & Cheese Sandwich Macaroni & Cheese Steamed Broccoli Veggie Beans Fruit Milk	25 Fiesta Mac Baked Potato w/ Cheese BearPack Baby Carrots Lettuce & Diced Tomatoes Fruit Milk	26 Chicken Fajitas Chef Salad w/Turkey BearPack Peppers & Onions Pinto Beans Fruit Milk Bonus Sidekick!	27 Hamburger/Cheeseburger BearPack Turkey & Cheese Sandwich Sandwich Salad Waffle Fries Fruit Milk	28 Pizza Slice– Cheese or Pep Baked Potato w/ Cheese Turkey & Cheese Sandwich Fish Sandwich Green Bean & Mushroom Medley Sliced Cucumbers Fruit & Milk
31 Chicken Nuggets Chef Salad w/ Turkey Turkey & Cheese Sandwich Whole Grain Roll Mashed Potatoes Green Beans Fruit & Milk		<div style="text-align: center;">  <p>Button Mushrooms</p> <p>Harvest of the Month</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Did you know mushrooms are about 90% water? Mushrooms are low in calories and high in protein and Vitamin D. They are heart healthy and make a great meat-less option.</p> </div>	