



**Spring 2025 Girls Instructional Lacrosse  
for 8U and 10U Players**

**Lacrosse instruction centered on building skills  
and understanding the game!  
Weekday practices will begin in April in the Camp Hill area.**

**No experience is necessary.  
*USA Lacrosse Membership is required to play.*  
<https://www.usalacrosse.com/>**

**Registration fee:  
8U/10U Players \$100**

**Use the link below or scan the QR code to register.**

**[2025 Shamrocks Instructional Girls Lacrosse Registration](https://go.teamsnap.com/forms/463700/signup)  
<https://go.teamsnap.com/forms/463700/signup>**

**Questions, please contact  
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