

Prices 2024-2025
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

FEBRUARY

GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

#1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
 #3 WG Grahams, Yogurt, Peanut Butter, Mini Muffin
 #4 WG Chex Mix, Turkey Stix. Mini Loaf, Cheese Stix

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger on WG or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Smile Potatoes Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	4 Cheese Crunchers Sun chips & Dipping Sauce or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Celery Stix w Ranch Pears / Fresh Fruit Milk	5 Chicken Quesadilla / Mini Cornbread Salsa & Sour Cream or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Refried Beans Grape Tomatoes w/ Ranch Pineapples / Fresh Fruit Milk	6 Mini Fresh Toast / Egg Omelet or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll Hash Brown Cucumbers w/ Ranch Cinnamon Apples / 100% Fruit Juice Milk	7 Pizza Sticks w/ Sauce or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Mixed Vegetables Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk
10 Breaded Roasted Chicken / WG Roll w/ Buttered Rotini or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Steamed Peas Spring Mix Salad w/ Ranch Pears / Fresh Fruit Milk	11 Pretzel Bun w/ Cheese or Italian Meat on WG or Deli Salad / Sun Chips / Bread Stick Tomato Soup w/ Goldfish Crackers Cauliflower Florets w/ Ranch Peaches / Fresh Fruit Milk	12 Teriyaki Dippers / Fried Rice Eggroll / Orange Sauce or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Steamed Broccoli Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	13 Walking Taco or Italina Meat on WG or Deli Salad / Sun Chips / Bread Stick Mexican Bean Salad Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	14 Early Dismissal French Bread Pizza or PBJ Green Beans Apple Slices Milk
17 NO SCHOOL	18 Chicken Tenders / Snack Bag or Buckskin Bag # 4 or PBJ Baked Beans Celery Stix w/ Ranch Mixed Fruit / Fresh Fruit Milk	19 Rotini Pasta / Meatballs / Breadstick or Buckskin Bag #4 or Cobb Salad / Fritos / WG Roll Mixed Vegetables Cucumbers w/ Ranch Pears / Fresh Fruit Milk	20 Jumbo Hotdog on WG / Mac & Cheese or PBJ or Cobb Salad Steamed Peas Grape Tomatoes w/ Ranch Peaches / Fresh Fruit Milk -	21 Cheese Pizza Slice or Buckskin Bag #4 or Cobb Salad / Fritos / WG Roll Steamed Carrots Broccoli Florets w/ Ranch Apple Slices / Craisins Milk
24 Chicken Patty on WG or Buckskin Bag #1 or Italian Salad / Goldfish / Bread Stick BBQ Baked Beans Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	25 Cheesy Pull-a-Parts or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick Tomato Soup w/ Goldfish Crackers Cucumbers w/ Ranch Apple Sauce / Fresh Fruit Milk	26 Turkey w/ Gravy / Mashed Potatoes or Buckskin Bag #1 or Italian Salad / Goldfish / Bread Stick Green Beans Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk	27 Soft Shell Taco or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick Steamed Corn Lettuce / Tomato / Cheese Peaches / Fresh Fruit Milk	28 Pizza Sticks w/ Sauce or Buckskin Bag #1 or Italian Salad / Goldfish / Bread Stick Mixed Vegetables Spring Mix Salad w/ Ranch Peaches / Fresh Fruit Milk

LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
 - BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- FAT FREE MILK SERVED DAILY**

MENU SUBJECT TO CHANGE

Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
 Deli Salad (Greens, Tomato, Cucumber, Red Onion, Peppers, Egg, Turkey Ham, Mozzarella)
 Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon Grilled Chicken, Cheddar)
 Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)