

2025

# FEBRUARY

## Robertson County Schools Preschool and Headstart Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**3** **Whole Grain Chicken Tenders**  
 ½ cup Mashed Potatoes  
 ½ cup Brown Gravy  
 ½ cup Fruit  
 1 cup 1% White Milk

**4** **Whole Grain Chicken**  
 ½ cup Alfredo Pasta  
 ½ cup Broccoli and Cheese  
 ½ cup Fruit  
 1 cup 1% White Milk

**5** **Grilled Cheese Sandwich**  
 On Whole Grain Bread  
 ½ cup Fresh Baby Carrots w/ Ranch  
 ½ cup Fruit  
 1 cup 1% White Milk

**6** **Whole Grain Cheese Pizza**  
 ½ cup Corn  
 ½ cup Fruit  
 1 cup 1% White Milk

**7** **Hamburger**  
 On Whole Grain Bun  
 ½ cup Baked Beans  
 ½ cup Fruit  
 1 cup 1% White Milk

**10** **Whole Grain Popcorn Chicken**  
 ½ cup Broccoli and Cheese  
 ½ cup Fruit  
 1 cup 1% White Milk

**11** **Taco Meat w/Tortilla Chips**  
 ½ cup Pinto Beans  
 ½ cup Fruit  
 1 cup 1% White Milk

**12** **Salisbury Steak**  
 on Whole Grain Roll  
 ½ Cup Green Beans  
 1 cup 1% White Milk

**13** **Whole Grain Cheese Pizza**  
 ½ cup Corn  
 ½ cup Fruit  
 1 cup 1% White Milk

**14** **Chicken Sandwich**  
 On Whole Grain Bun  
 ½ cup French Fries  
 ½ cup Fruit  
 1 cup 1% White Milk



**18** **Whole Grain Chicken**  
 ½ cup Sweet Glazed Carrots  
 ½ cup Fruit  
 1 cup 1% White Milk

**19** **Grilled Cheese Sandwich**  
 On Whole Grain Bread  
 ½ cup Green Beans  
 ½ cup Fruit  
 1 cup 1% White Milk

**20** **Whole Grain Cheese Pizza**  
 ½ cup Corn  
 ½ cup Fruit  
 1 cup 1% White Milk

**21** **Scrambled Eggs**  
**Whole Grain Steak Patty Biscuit**  
 ½ cup Tator Tots  
 ½ cup Fruit  
 1 cup 1% White Milk

**24** **Mandarin Orange Chicken And Rice Bowl**  
 ½ cup Steamed Broccoli  
 ½ cup Fruit  
 1 cup 1% White Milk

**25** **Cheeseburger Macaroni and Cheese**  
 ½ cup Fresh Cucumbers W/ Ranch  
 ½ cup Fruit  
 1 cup 1% White Milk

**26** **Grilled Cheese Sandwich**  
 On Whole Grain Bread  
 ½ cup Refried Beans  
 ½ cup Fruit  
 1 cup 1% White Milk

**27** **Whole Grain Cheese Pizza**  
 ½ cup Corn  
 ½ cup Fruit  
 1 cup 1% White Milk

**28** **Chicken Sandwich**  
 On Whole Grain Bun  
 ½ cup French Fries  
 ½ cup Fruit  
 1 cup 1% White Milk

Menus are Subject To Change Due to Unforeseen Circumstances  
 For Individual Detailed School Menus and Nutrition information visit  
<https://rcstn.nutrislice.com>

**This institution is an equal opportunity provider.**