

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

No School

4

Whole Grain Cinnamon Waffle

½ cup Fruit 1 cup 1% White Milk 5

**Chicken Sausage** 

On Whole Grain Croissant ½ cup Fruit
1 cup 1% White Milk

6

**Cheerios Cereal** 

½ cup Fruit 1 cup 1% White Milk 7

Whole Grain Blueberry Muffin

½ cup Fruit 1 cup 1% White Milk

10

Whole Grain Cinnamon Waffle

½ cup Fruit 1 cup 1% White Milk 11

**Cinnamon Toast Crunch Cereal** 

½ cup Fruit 1 cup 1% White Milk 12

Whole Grain Mini Maple Pancakes

½ cup Fruit 1 cup 1% White Milk 13

Whole Grain Blueberry Muffin

½ cup Fruit 1 cup 1% White Milk 14

**Chicken Biscuit** 

½ cup Fruit 1 cup 1% White Milk



24

**Cinnamon Toast Crunch Cereal** 

½ cup Fruit 1 cup 1% White Milk 25

**Chicken Sausage** 

On Whole Grain Croissant ½ cup Fruit 1 cup 1% White Milk 26

Whole Grain Cinnamon Waffle

½ cup Fruit 1 cup 1% White Milk 27

Whole Grain Blueberry Muffin

½ cup Fruit 1 cup 1% White Milk 28

Steak Biscuit

½ cup Fruit 1 cup 1% White Milk

31

Whole Grain Cinnamon Waffle

½ cup Fruit 1 cup 1% White Milk Menus are Subject To Change Due to Unforseen Circumstances
For Individual Detailed School Menus and Nutrition information visit
https://rcstn.nutrislice.com

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