



MONTHLY DINING MENU

Monday

Feb 3

Cinnamon Raisin Bagel
Cream Cheese Cup
Clementine
Apple Juice

Feb 10

Cinnamon Toast Crunch Bar
Clementine
Apple Juice

Feb 17

Feb 24

Yogurt Cup
Assorted Flavors
Granola
Clementine
Apple Juice

Tuesday

Feb 4

Egg & Cheese Bagel
Assorted Fruit Cups
Apple

Feb 11

Breakfast Wrap
Apple
Assorted Fruit Cups

Feb 18

Pancake Bowl
Assorted Flavors
Apple
Assorted Fruit Cups

Feb 25

Wednesday

Feb 5

Stuffed Mini Bagels
Strawberry Cream Cheese
Craisins
Pear

Feb 12

WG Granola Bar
Assorted Flavors
String Cheese
Pear
Craisins

Feb 19

Pull-a-Part Donut
Pear
Craisins

Feb 26

Snackn Waffles
Assorted Flavors
Pear
Craisins

Thursday

Feb 6

Turkey-Sausage
Biscuit
Applesauce Cup
Clementine

Feb 13

Colby jack Omelet
Salsa Cup
Applesauce Cup
Clementine

Feb 20

Pancake Sausage Bites
Clementine
Applesauce Cup

Feb 27

Maple Biscuit
String Cheese
Clementine
Applesauce Cup

Friday

Feb 7

WG Muffin
Assorted Flavors
String Cheese
Pear
Applesauce Cup
Assorted Flavors

Feb 14

Assorted Breakfast Bread
Pear
Applesauce Cup
Assorted Flavors

Feb 21

Cinnamon Roll
Pear
Applesauce Cup
Assorted Flavors

Feb 28

Assorted Breakfast Bread
Pear
Applesauce Cup
Assorted Flavors

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.



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Monday

Feb 3

Cinnamon Raisin Bagel
Cream Cheese Cup
Clementine

Feb 10

Yogurt Cup
Assorted Flavors
Granola
Clementine

Feb 17

Feb 24

Yogurt Cup
Assorted Flavors
Granola
Clementine

Tuesday

Feb 4

Egg & Cheese Bagel
Apple Slices

Feb 11

Breakfast Wrap
Apple Slices

Feb 18

Pancake Bowl
Assorted Flavors
Apple Slices

Feb 25

Wednesday

Feb 5

Feb 12

WG Cereal
Assorted Flavors
Applesauce Cup

Feb 19

WG Cereal
Assorted Flavors
Applesauce Cup

Feb 26

Snackn Waffles
Assorted Flavors
Applesauce Cup

Thursday

Feb 6

WG Cereal
Assorted Flavors
Assorted Fruit Cups

Feb 13

Colby jack Omelet
Assorted Fruit Cups

Feb 20

WG Muffin
Assorted Flavors
Assorted Fruit Cups

Feb 27

WG Cereal
Assorted Flavors
Assorted Fruit Cups

Friday

Feb 7

WG Muffin
Assorted Flavors
Applesauce Cup

Feb 14

Assorted Breakfast Bread
Applesauce Cup

Feb 21

Blueberry Mini Waffles
Applesauce Cup

Feb 28

Assorted Breakfast Bread
Applesauce Cup

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MONTHLY DINING MENU

Monday

Feb 3

Pizza Boli
Celery Sticks
Applesauce Cup
Assorted Flavors

Tuesday

Feb 4

Chicken & Waffles
Louisiana Chicken
Seasoned Diced Potatoes
Pear

Wednesday

Feb 5

Turkey Cheddar Sandwich
Baby Carrots
Fruit Punch Juice
Ranch Dressing
Mayo
Mustard Packet

Thursday

Feb 6

Lemon Pepper Drumstick
Sister Schubert's Roll
BBQ Bean Salad
Grape Juice

Friday

Feb 7

BBQ Turkey Sandwich
Pretzel Roll
Mixed Greens Salad
Banana

Feb 10

Chicken Taco
Baby Carrots
Applesauce Cup
Assorted Flavors

Feb 11

Philly Cheesesteak
Hoagie Roll
Roasted Peppers & Onions
Pear

Feb 12

Turkey Kielbasa
Tater Tots
Clementine

Feb 13

Galaxy Pizza
Turkey & Beef Pepperoni
Lemon Chickpea Salad
Grape Juice

Feb 14

Chicken Tenders
Cherry Chocolate Bar
Hot Broccoli
Banana

Feb 17

Feb 18

Cheese Sauce
Tortilla Chips
Cherry Tomatoes
Pear

Feb 19

French Bread Cheese Pizza
Cauliflower
Clementine

Feb 20

Rotisserie Drumstick
Sister Schubert's Roll
Mixed Greens Salad
Grape Juice

Feb 21

Chef D's Glazed Meatloaf
Mashed Potatoes
Corn Bread Muffin
Buttered Corn
Banana

Feb 24

Cheeseburger Mac&Cheese
Hot Broccoli
Applesauce Cup
Assorted Flavors

Feb 25

Feb 26

Pepperoni Pizza
Wild Mike's
Wango Mango Juice
Clementine

Feb 27

Orange Chicken & Rice
Edamame
Grape Juice

Feb 28

Hamburger
Red Pepper Strips
Banana

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MONTHLY DINING MENU

Monday

Feb 3

Pizza Boli
Turkey & Cheese Lunchable
Veggie Crackers
Celery Sticks
Applesauce Cup
Assorted Flavors

Tuesday

Feb 4

Chicken & Waffles
Louisiana Chicken
Pizza Bagel
Turkey Pepperoni
Sauce, Marinara, PC - OKI
Seasoned Diced Potatoes
Pear

Wednesday

Feb 5

Turkey Cheddar Sandwich
Baby Carrots
Fruit Punch Juice
Ranch Dressing
Mayo
Mustard Packet

Thursday

Feb 6

Lemon Pepper Drumstick
Sister Schubert's Roll
Cinnamon Bagel
Yogurt & Wowbutter
Cream Cheese Cup
BBQ Bean Salad
Grape Juice

Friday

Feb 7

BBQ Turkey Sandwich
Pretzel Roll
Yogurt & Cheese
Protein Kit
Mixed Greens Salad
Banana

Feb 10

Chicken Taco
WG Pizza Crunchers
Baby Carrots
Applesauce Cup
Assorted Flavors

Feb 11

Philly Cheesesteak
Hoagie Roll
Pizza Bagel
Turkey Pepperoni
Sauce, Marinara, PC - OKI
Roasted Peppers & Onions
Pear

Feb 12

Turkey Kielbasa
Chicken Chef Salad
Crunchy Corn
Buffalo Ranch
Veggie Crackers
Tater Tots
Clementine

Feb 13

Galaxy Pizza
Turkey & Beef Pepperoni
Galaxy Pizza
Cheese
Lemon Chickpea Salad
Grape Juice

Feb 14

Chicken Tenders
Cherry Chocolate Bar
Yogurt & Cheese
Protein Kit
Hot Broccoli
Banana

Feb 17

Cheese Sauce
Tortilla Chips
Cheese Quesadilla
Cherry Tomatoes
Pear

Feb 18

French Bread Cheese Pizza
Chicken Chef Salad
Crunchy Corn
Buffalo Ranch
Veggie Crackers
Cauliflower
Clementine

Feb 19

Rotisserie Drumstick
Sister Schubert's Roll
Cinnamon Bagel
Yogurt & Wowbutter
Cream Cheese Cup
Mixed Greens Salad
Grape Juice

Feb 20

Chef D's Glazed Meatloaf
Mashed Potatoes
Corn Bread Muffin
Yogurt & Cheese
Protein Kit
Buttered Corn
Banana

Feb 21

Feb 24

Cheeseburger Mac&Cheese
Veggie Chik'n Nuggets
Veggie Crackers
Hot Broccoli
Applesauce Cup
Assorted Flavors

Feb 25

Pepperoni Pizza
Wild Mike's
Wild Mike's Cheese Pizza
Wango Mango Juice
Clementine

Feb 26

Orange Chicken & Rice
Cinnamon Bagel
Yogurt & Wowbutter
Cream Cheese Cup
Edamame
Grape Juice

Feb 27

Feb 28

Hamburger
Yogurt & Cheese
Protein Kit
Red Pepper Strips
Banana

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MONTHLY DINING MENU

Monday

Feb 3

Pizza Boli
Cauliflower
Applesauce Cup
Assorted Flavors

Feb 10

Chicken Taco
Diced Celery
Applesauce Cup
Assorted Flavors

Feb 17

Feb 24

Cheeseburger Mac&Cheese
Hot Broccoli
Applesauce Cup
Assorted Flavors

Tuesday

Feb 4

Chicken & Waffles
Louisiana Chicken
Seasoned Diced Potatoes
Assorted Fruit Cups

Feb 11

Philly Cheesesteak
Hoagie Roll
Roasted Peppers & Onions
Assorted Fruit Cups

Feb 18

Cheese Sauce
Tortilla Chips
Salsa Cup
Assorted Fruit Cups

Feb 25

Wednesday

Feb 5

Feb 12

Chicken Sandwich
Tater Tots
Clementine

Feb 19

French Bread Cheese Pizza
Pickles
Clementine

Feb 26

Pepperoni Pizza
Wild Mike's
Diced Celery
Clementine

Thursday

Feb 6

Lemon Pepper Chicken
Sister Schubert's Roll
Cucumber Slices
Apple Slices

Feb 13

Galaxy Pizza
Turkey & Beef Pepperoni
Red Pepper Strips
Apple Slices

Feb 20

Diced Rotisserie Chicken
Sister Schubert's Roll
Mixed Greens Salad
Apple Slices

Feb 27

Orange Chicken & Rice
Shredded Carrots
Apple Slices

Friday

Feb 7

BBQ Turkey Sandwich
Pretzel Roll
Pickles
Banana

Feb 14

Chicken Tenders
Soft Pretzel Rod
Hot Broccoli
Banana

Feb 21

Chef D's Glazed Meatloaf
Mashed Potatoes
Corn Bread Muffin
Buttered Corn
Banana

Feb 28

Hamburger
Red Pepper Strips
Banana

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MONTHLY DINING MENU

Monday

Feb 3

Banana Bread Mini Loaf
1% Milk

Feb 10

Goldfish
1% Milk

Feb 17

Feb 24

Goldfish
Fruit Punch Juice

Tuesday

Feb 4

Tortilla Chips
Fruit Punch Juice
Salsa Cup

Feb 11

WG Muffin
Assorted Flavors
Sunflower Seeds

Feb 18

Educational Grahams
Wowbutter

Feb 25

Wednesday

Feb 5

Broccoli
Cheddar Cheese Cup

Feb 12

String Cheese
Crackers, Assorted, 1BG - OKI

Feb 19

Yogurt Cup
Assorted Flavors
Granola

Feb 26

String Cheese
Crackers, Assorted, 1BG - OKI

Thursday

Feb 6

Blueberry Lemon Bites
Hard-Boiled Egg

Feb 13

Celery Sticks
Wowbutter

Feb 20

Openfaced Turkey Sandwich
Mayo
Mustard Packet

Feb 27

Cucumber Slices
Sea Salt Cobbers
Ranch Dressing

Friday

Feb 7

Yogurt Cup
Assorted Flavors
Granola

Feb 14

Crunchy Corn
Buffalo Ranch
Fruit Punch Juice

Feb 21

Blueberry Lemon Bites
1% Milk

Feb 28

Educational Grahams
1% Milk

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Menu Name: Cicero Hot Breakfast K-12

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 02/03/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			373	4.01	404	35	*2	8.22	0.00	20	69.63	5.68	7.26	*N/A*	*50.3	*N/A*	*2.01
% of Calories				9.68%		37.5%	*2.1%	19.8%	0.0%		74.7%		7.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/04/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese, Tony's - OKI	1MMA, 1.25BG	200	180	3.00	380	6	1	6.00	0.00	55	23.00	2.00	9.00	40	200.0	*N/A*	1.30
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
Weighted Daily Average			307	3.03	381	31	*1	6.20	*0.00	55	55.32	5.77	*9.51	*105	*214.6	*5.50	*1.70
% of Calories				8.88%		40.4%	*1.3%	18.2%	*0.0%		72.1%		*12.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/05/2025 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999764 Bagels, Mini, Stuffed, Strawberry, IW - OKI	2BG	200	230	2.00	190	13	12	6.00	0.00	10	42.00	2.00	6.00	*N/A*	30.0	*N/A*	1.60
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			418	2.03	191	50	*12	6.19	0.00	10	89.72	8.22	6.49	*N/A*	42.2	*5.85	1.84
% of Calories				4.37%		47.8%	*11.5%	13.3%	0.0%		85.9%		6.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/06/2025 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991234 Biscuit, WG, Turkey Sausage - OKI	1BG, 1MMA	200	160	2.00	260	3	*3	7.00	0.00	30	16.00	1.00	8.00	*N/A*	*126.0	*N/A*	*1.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			282	2.00	262	29	*3	7.20	0.00	30	48.41	4.66	9.23	*N/A*	*131.0	*N/A*	*1.00
% of Calories				6.38%		41.1%	*4.3%	23.0%	0.0%		68.7%		13.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/07/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			362	4.78	307	38	*12	11.06	0.00	35	62.17	5.72	8.99	*N/A*	233.2	*5.85	1.24
% of Calories				11.88 %		42.0%	*13.3%	27.5%	0.0%		68.7%		9.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 02/10/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991450 Bar, Cinn Toast Crunch, Soft - OKI	2BG	200	264	2.53	294	15	13	8.11	0.00	5	41.56	3.04	6.08	*N/A*	30.4	*N/A*	1.62
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			395	2.53	301	43	*13	8.31	0.00	5	72.97	5.70	7.31	*N/A*	*30.4	*N/A*	*1.62
% of Calories				5.76%		43.5%	*13.2%	18.9%	0.0%		73.9%		7.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991233 Wrap, Breakfast, Egg, Turkey Scramble - OKI	1BG, 1MMA	200	181	3.80	405	1	*N/A*	7.99	0.00	59	19.47	0.00	7.50	*N/A*	*71.0	*N/A*	*0.50
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			308	3.83	406	27	*0	8.20	*0.00	59	51.79	3.77	*8.01	*65	*85.6	*5.50	*0.90
% of Calories				11.19 %		35.1%	*0%	24.0%	*0.0%		67.3%		*10.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/12/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999492 Bars, Granola, Assorted - OKI	1BG	200	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			408	4.66	280	47	*8	10.69	0.00	25	72.73	7.22	8.74	*N/A*	220.5	*5.85	1.24
% of Calories				10.28 %		46.1%	*7.8%	23.6%	0.0%		71.3%		8.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/13/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Colby Jack, Tortilla - OKI	1BG, 2MMA	200	200	5.00	420	1	*0	10.49	0.00	165	15.97	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*
999646 Salsa Cup - OKI	1/4c Veg	200	15	0.00	100	2	0	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			336	5.00	522	29	*0	10.70	0.00	165	51.38	4.66	12.22	*N/A*	*5.0	*N/A*	*0.00
% of Calories				13.39 %		34.5%	*0%	28.7%	0.0%		61.2%		14.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/14/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			387	1.53	245	49	*23	8.19	0.00	0	79.03	7.55	5.49	*N/A*	124.2	*5.85	1.60
% of Calories				3.56%		50.6%	*23.8%	19.0%	0.0%		81.7%		5.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	200	230	2.50	333	16	6	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			356	2.53	334	41	*6	5.03	*0.00	35	72.92	5.77	*5.50	*65	*32.2	*5.50	*1.73
% of Calories				6.40%		46.1%	*6.7%	12.7%	*0.0%		81.9%		*6.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/19/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	200	240	4.50	300	8	8	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			428	4.53	301	45	*8	11.19	0.00	0	78.72	8.22	4.49	*N/A*	36.2	*5.85	1.24
% of Calories				9.53%		42.1%	*7.5%	23.5%	0.0%		73.6%		4.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/20/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990778 Bites, Pancake Sausage - OKI	1.5BG, 2MMA	200	256	0.90	586	11	*N/A*	5.00	0.00	29	37.00	4.00	17.00	*N/A*	70.0	*N/A*	3.00
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			378	0.90	588	37	*N/A*	5.20	0.00	29	69.41	7.66	18.23	*N/A*	*75.0	*N/A*	*3.00
% of Calories				2.14%		39.2%	*N/A*	12.4%	0.0%		73.4%		19.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/21/2025

Reimbursable Meal Total 200

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999835 Roll, Cinnamon, IW, BC - OKI	2.5BG	200	210	0.00	190	10	9	0.50	0.00	0	40.00	3.00	6.00	*N/A*	20.0	*N/A*	1.70
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			337	0.03	191	35	*9	0.69	0.00	0	74.70	8.22	6.49	*N/A*	37.2	*5.85	1.94
% of Calories				0.08%		41.5%	*10.7%	1.8%	0.0%		88.7%		7.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 02/24/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			322	0.00	142	43	*10	4.20	0.00	0	61.41	4.66	6.23	*N/A*	*320.0	*N/A*	*0.70
% of Calories				0.00%		53.4%	*12.4%	11.7%	0.0%		76.3%		7.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 02/26/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999771 Waffle, Snackn, Assorted - OKI	2BG	200	250	4.00	290	15	14	9.00	0.00	44	37.00	2.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990646 Craisins - OKI	1/2c	200	110	0.00	0	24	*N/A*	0.00	0.00	0	27.00	2.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			438	4.03	291	52	*14	9.19	0.00	44	84.72	8.22	6.49	*N/A*	*12.2	*5.85	*0.24
% of Calories				8.28%		47.5%	*12.8%	18.9%	0.0%		77.4%		5.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 02/27/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	200	200	2.50	300	8	5	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			402	6.50	502	35	*5	11.20	0.00	20	67.41	5.66	11.23	*N/A*	*373.0	*N/A*	*2.00
% of Calories				14.55 %		34.8%	*5.0%	25.1%	0.0%		67.1%		11.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 02/28/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			387	1.53	245	49	*23	8.19	0.00	0	79.03	7.55	5.49	*N/A*	124.2	*5.85	1.60
% of Calories				3.56%		50.6%	*23.8%	19.0%	0.0%		81.7%		5.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		368	3	327	40	8	7.77	*0.00	30	68.97	6.38	*8.19	*13	*119.3	*3.52	*1.42
% of Calories			7.26%		43.5%	*8.7%	19.0%	*0.0%		75.0%		*8.9%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name:	Cicero Hot Breakfast Pre-k	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/03/2025Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			313	4.01	399	22	*2	8.22	0.00	20	56.63	5.68	7.26	*N/A*	*50.3	*N/A*	*2.01
% of Calories				11.53 %		28.1%	*2.6%	23.6%	0.0%		72.4%		9.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/04/2025Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese, Tony's - OKI	1MMA, 1.25BG	200	180	3.00	380	6	1	6.00	0.00	55	23.00	2.00	9.00	40	200.0	*N/A*	1.30
991153 Apple, Slices, 1/2c - OKI	1/2 c	200	29	0.02	1	6	*N/A*	0.10	*N/A*	0	7.80	1.36	0.15	31	3.4	2.60	0.07
Weighted Daily Average			209	3.02	381	12	*1	6.10	*0.00	55	30.80	3.36	9.15	71	203.4	*2.60	1.37
% of Calories				13.00 %		23.0%	*1.9%	26.3%	*0.0%		58.9%		17.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/06/2025		Reimbursable Meal Total 200																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09	
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25	
Weighted Daily Average			172	0.00	168	18	*5	1.51	0.00	0	38.37	2.90	*2.70	*2	*28.9	*1.52	*14.34	
% of Calories				0.00%		41.9%	*11.6%	7.9%	0.0%		89.2%		*6.3%					
Weekly Nutrient Guideline			0 - 0	<0				<=0										

Friday - 02/07/2025		Reimbursable Meal Total 200															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			205	0.75	106	24	*12	4.87	0.00	15	39.47	1.50	2.50	*N/A*	23.0	*N/A*	1.00
% of Calories				3.29%		46.8%	*23.4%	21.4%	0.0%		77.0%		4.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/10/2025		Reimbursable Meal Total 200																
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Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			262	0.00	137	30	*10	4.20	0.00	0	48.41	4.66	6.23	*N/A*	*320.0	*N/A*	*0.70
% of Calories				0.00%		45.8%	*15.3%	14.4%	0.0%		73.9%		9.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991233 Wrap, Breakfast, Egg, Turkey Scramble - OKI	1BG, 1MMA	200	181	3.80	405	1	*N/A*	7.99	0.00	59	19.47	0.00	7.50	*N/A*	*71.0	*N/A*	*0.50
991153 Apple, Slices, 1/2c - OKI	1/2 c	200	29	0.02	1	6	*N/A*	0.10	*N/A*	0	7.80	1.36	0.15	31	3.4	2.60	0.07
Weighted Daily Average			211	3.81	406	7	*N/A*	8.09	*0.00	59	27.27	1.36	7.64	*31	*74.4	*2.60	*0.57
% of Calories				16.25 %		13.3%	*N/A*	34.5%	*0.0%		51.7%		14.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/12/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			158	0.00	168	17	*5	1.51	0.00	0	36.57	3.00	2.50	*2	*26.5	*1.52	*14.09
% of Calories				0.00%		43.0%	*12.7%	8.6%	0.0%		92.6%		6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/13/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Colby Jack, Tortilla - OKI	1BG, 2MMA	200	200	5.00	420	1	*0	10.49	0.00	165	15.97	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			264	5.00	420	14	*0	10.49	0.00	165	31.77	0.90	*10.20	*N/A*	*7.4	*N/A*	*0.25
% of Calories				17.05 %		21.2%	*0%	35.8%	0.0%		48.1%		*15.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/14/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			310	1.50	243	35	*23	8.00	0.00	0	58.33	3.33	5.00	*N/A*	112.0	*N/A*	1.36
% of Calories				4.35%		45.2%	*29.7%	23.2%	0.0%		75.3%		6.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	200	230	2.50	333	16	6	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
991153 Apple, Slices, 1/2c - OKI	1/2 c	200	29	0.02	1	6	*N/A*	0.10	*N/A*	0	7.80	1.36	0.15	31	3.4	2.60	0.07
Weighted Daily Average			259	2.51	333	22	*6	4.92	*0.00	35	48.40	3.35	5.14	*31	*21.0	*2.60	*1.40
% of Calories				8.72%		34.0%	*9.3%	17.1%	*0.0%		74.7%		7.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/19/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			158	0.00	168	17	*5	1.51	0.00	0	36.57	3.00	2.50	*2	*26.5	*1.52	*14.09
% of Calories				0.00%		43.0%	*12.7%	8.6%	0.0%		92.6%		6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/20/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			219	0.75	106	25	*12	4.87	0.00	15	41.27	1.40	*2.70	*N/A*	*25.4	*N/A*	*1.25
% of Calories				3.08%		45.7%	*21.9%	20.0%	0.0%		75.4%		*4.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/21/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	200	210	1.00	170	12	11	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			260	1.00	170	24	*11	6.00	0.00	0	51.00	3.00	4.00	*N/A*	35.0	*N/A*	1.40
% of Calories				3.46%		36.9%	*16.9%	20.8%	0.0%		78.5%		6.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/24/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			262	0.00	137	30	*10	4.20	0.00	0	48.41	4.66	6.23	*N/A*	*320.0	*N/A*	*0.70
% of Calories				0.00%		45.8%	*15.3%	14.4%	0.0%		73.9%		9.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/26/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999771 Waffle, Snackn, Assorted - OKI	2BG	200	250	4.00	290	15	14	9.00	0.00	44	37.00	2.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			300	4.00	290	27	*14	9.00	0.00	44	51.00	3.00	6.00	*N/A*	*5.0	*N/A*	*0.00
% of Calories				12.00 %		36.0%	*18.7%	27.0%	0.0%		68.0%		8.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/27/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			172	0.00	168	18	*5	1.51	0.00	0	38.37	2.90	*2.70	*2	*28.9	*1.52	*14.34
% of Calories				0.00%		41.9%	*11.6%	7.9%	0.0%		89.2%		*6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/28/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			310	1.50	243	35	*23	8.00	0.00	0	58.33	3.33	5.00	*N/A*	112.0	*N/A*	1.36
% of Calories				4.35%		45.2%	*29.7%	23.2%	0.0%		75.3%		6.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		238	2	238	22	8	5.47	*0.00	24	43.59	3.02	*5.14	*8	*83.5	*0.82	*4.13
% of Calories			6.20%		37.0%	*13.4%	20.7%	*0.0%		73.3%		*8.6%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name:	Cicero Elementary k-8 Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/03/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	500	309	5.99	35	5	2	12.98	29.95	689	2.00	2.00	15.97	*N/A*	354.4	*N/A*	2.00
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	500	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			373	6.03	114	18	*2	13.15	29.95	689	18.92	4.58	16.66	*446	399.1	*3.08	2.19
% of Calories				14.55 %		19.3%	*2.1%	31.7%	72.3%		20.3%		17.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/04/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999905 Chicken, Louisiana, Waffles - OKI	2BG, 2MMA	500	440	2.50	900	11	*11	15.00	0.00	85	53.00	3.00	23.00	*N/A*	*N/A*	*N/A*	*N/A*
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			700	2.53	1038	24	*11	19.74	0.00	85	105.57	10.25	26.52	*N/A*	*27.4	*5.85	*1.16
% of Calories				3.25%		13.7%	*6.3%	25.4%	0.0%		60.3%		15.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/05/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	1	1	0.01	1	0	*0	0.02	0.00	0	0.06	0.01	0.05	*0	0.5	*0.00	0.00
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.02	0.01	0.00	27	0.1	0.01	0.00
991386 Juice, Fruit Punch - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990679 Mustard, PKT - OKI	1	1	0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			10	0.01	128	1	*0	0.04	0.00	0	2.34	0.25	0.24	*27	7.2	*0.01	0.03
% of Calories				0.90%		40.0%	*0%	3.6%	0.0%		93.6%		9.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/06/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991314 Chicken, Drumstick, Lemon Pepper - OKI	2MMA	500	178	2.72	395	0	*N/A*	10.17	0.00	102	0.12	0.00	19.99	0	8.8	0.00	0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
990662 Bean, BBQ, Salad, 3/4 c- OKI	3/4c	500	244	0.00	682	3	*0	2.09	0.00	0	45.51	10.21	11.72	*0	*69.4	*0.00	*2.06
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			652	2.72	1289	24	*4	14.27	0.00	107	93.63	13.21	37.72	*0	*78.2	*0.00	*4.55
% of Calories				3.75%		14.7%	*2.5%	19.7%	0.0%		57.4%		23.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999766 Sandwich, Turkey, BBQ, Pretzel - OKI	2BG, 2MMA	500	340	2.12	396	15	13	7.58	0.05	75	46.83	3.48	21.61	*11	34.9	*0.00	3.40
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			418	2.21	413	25	*13	7.91	0.05	75	66.26	6.18	23.03	*4015	54.6	*10.59	3.94
% of Calories				4.76%		23.9%	*12.4%	17.0%	0.1%		63.4%		22.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/10/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999565 Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	2MMA, 2BG	500	312	6.87	584	2	*0	12.40	0.00	47	31.27	0.00	17.47	*12	*99.5	*0.00	*0.58
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			397	6.89	662	19	*0	12.53	0.00	47	53.42	3.88	18.11	*13696	*136.2	*2.58	*1.46
% of Calories				15.62 %		19.1%	*0%	28.4%	0.0%		53.8%		18.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991299 Cheesesteak, Philly, Filling - OKI	2MMA	500	147	4.31	390	0	*N/A*	8.89	0.00	46	0.50	0.00	14.39	*N/A*	*N/A*	*N/A*	*N/A*
991589 Roll, Hoagie, WG - OKI	2BG	500	150	0.00	105	1	1	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
991680 Peppers, Onions, Roasted, Frz, 3/4c - OKI	3/4c	500	90	0.00	15	10	0	0.00	0.00	0	18.00	4.50	3.00	*N/A*	45.0	*N/A*	0.90
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			464	4.34	511	25	*1	11.08	0.00	46	68.22	10.72	22.88	*N/A*	*83.2	*5.85	*2.58
% of Calories				8.42%		21.6%	*0.9%	21.5%	0.0%		58.8%		19.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/12/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991626 Kielbasa, Turkey - OKI	2BG, 2MMA	500	270	2.00	900	4	4	9.50	0.00	60	32.00	3.00	18.00	*N/A*	110.0	*N/A*	2.50
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			478	2.62	1150	20	*4	14.66	0.00	60	71.46	8.14	20.46	*N/A*	*110.0	*N/A*	*2.50
% of Calories				4.93%		16.7%	*3.3%	27.6%	0.0%		59.8%		17.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	500	290	6.00	490	8	2	13.00	0.00	35	28.00	3.00	16.00	*N/A*	260.0	*N/A*	1.90
999649 Salad, Lemon Chickpea, 3/4c - OKI	1 c	500	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			723	8.81	1058	32	*2	35.49	*0.00	35	78.44	13.60	29.32	*211	*352.9	*12.36	*3.63
% of Calories				10.97 %		17.7%	*1.1%	44.2%	*0.0%		43.4%		16.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/14/2025

Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999907 Chicken, Tenders, WG, 2.07oz - OKI	1BG, 2MMA	500	230	2.00	400	2	1	11.00	0.00	45	12.00	2.00	20.00	*N/A*	0.0	*N/A*	1.60
991791 Bar, Chocolate, Cherry, WG - OKI	1BG	500	110	1.00	65	7	5	3.00	0.00	5	19.00	2.00	2.00	*N/A*	34.0	*N/A*	1.00
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			442	3.20	498	20	*6	14.62	0.00	50	55.17	8.56	25.60	*659	83.8	*93.98	3.52
% of Calories				6.52%		18.1%	*5.4%	29.8%	0.0%		49.9%		23.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991122 Cheese, Sauce, 2MMA - OKI	2MMA	500	260	12.00	800	0	*N/A*	18.00	0.00	60	10.00	0.00	14.00	*N/A*	446.0	*N/A*	0.00
999650 Chips, tortilla, WG, IW- OKI	2BG	500	200	1.00	160	0	0	7.00	0.00	0	29.00	3.00	3.00	*N/A*	40.0	*N/A*	0.60
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			555	13.06	966	16	*0	25.39	*0.00	60	63.55	8.40	18.35	*818	508.1	*19.31	1.11
% of Calories				21.18 %		11.5%	*0%	41.2%	*0.0%		45.8%		13.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991832 Pizza, Cheese, Garlic, French Bread, WG - OKI	2MMA, 2BG	500	339	7.98	548	3	1	15.95	0.00	40	28.91	1.99	18.94	*N/A*	*N/A*	*N/A*	*N/A*
991434 Cauliflower, Fresh, 3/4c, IW - OKI	3/4c	500	25	0.13	30	2	*N/A*	0.28	0.00	0	4.93	1.98	1.90	0	21.8	47.83	0.42
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			435	8.10	580	19	*1	16.43	0.00	40	52.25	6.64	22.07	*0	*21.8	*47.83	*0.42
% of Calories				16.76 %		17.5%	*0.9%	34.0%	0.0%		48.0%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/20/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999744 Chicken, Drumstick, Rotisserie - OKI	2MMA	500	178	2.72	250	*0	*N/A*	10.17	0.00	102	0.12	*0.00	19.99	*0	*8.8	*0.00	*0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			417	2.73	477	*22	*4	12.24	0.00	107	49.87	*3.68	26.56	*3955	*24.7	*3.86	*2.83
% of Calories				5.89%		*21.1%	*3.8%	26.4%	0.0%		47.8%		25.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/21/2025

Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999897 Meatloaf, Chef D Glaze, Potatoes - OKI	2MMA	500	279	4.57	1186	2	*N/A*	11.16	0.00	41	26.44	1.74	15.95	*0	*4.9	*0.00	*0.14
991993 Muffin, Corn, WG, 2.4oz, SB - OKI	2BG	500	190	1.00	190	17	16	6.00	0.00	0	32.02	1.00	3.00	*N/A*	9.0	*N/A*	1.00
999902 Corn, Buttered, 3/4c - OKI	3/4c	500	199	7.00	91	4	*0	12.48	0.00	30	23.61	2.95	2.95	*N/A*	*3.0	*N/A*	*0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			737	12.65	1468	33	*16	29.90	0.00	71	99.74	7.70	22.74	*50	*20.8	*6.73	*1.35
% of Calories				15.45 %		17.9%	*8.7%	36.5%	0.0%		54.1%		12.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 02/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999564 Pasta, Mac, Cheeseburger - OKI	1.5c	500	343	7.85	430	0	*N/A*	17.15	0.54	54	28.56	4.79	19.13	*N/A*	*183.0	*N/A*	*1.54
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			426	7.96	462	14	*0	17.51	0.54	54	49.03	8.33	21.89	*609	*234.0	*87.24	*2.25
% of Calories				16.82 %		13.1%	*0%	37.0%	1.1%		46.0%		20.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 02/26/2025

Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991244 Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	2BG, 2MMA	500	410	8.00	630	5	*N/A*	17.00	0.00	40	36.00	1.00	19.00	*N/A*	368.0	*N/A*	2.00
991666 Juice, Vegetable, Wango Mango - OKI	3/4c	500	80	0.00	30	20	0	0.00	0.00	0	22.00	0.00	*N/A*	*N/A*	10.0	*N/A*	1.20
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			562	8.00	662	39	*0	17.20	0.00	40	76.41	3.66	*20.23	*N/A*	*378.0	*N/A*	*3.20
% of Calories				12.81 %		27.8%	*0%	27.5%	0.0%		54.4%		*14.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 02/27/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991843 Chicken, Orange, Rice, White - OKI	2BG, 2MMA	500	433	3.54	460	10	*10	18.22	0.00	40	48.56	3.25	17.22	*N/A*	*18.3	*0.00	*2.02
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			633	3.54	469	29	*10	23.96	0.00	40	76.03	9.62	30.97	*N/A*	*94.8	*0.00	*4.57
% of Calories				5.03%		18.3%	*6.3%	34.1%	0.0%		48.0%		19.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 02/28/2025

Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	500	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			353	2.83	493	15	*3	9.45	0.00	29	49.64	6.43	19.49	*2180	100.4	*93.62	3.89
% of Calories				7.22%		17.0%	*3.4%	24.1%	0.0%		56.2%		22.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		488	5	691	*22	*4	16.42	*1.70	91	62.78	*7.44	*22.38	*1481	*150.8	*21.83	*2.51
% of Calories			10.07%		*18.0%	*3.3%	30.3%	*3.1%		51.5%		*18.3%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name:	Cicero Jr High 6-8 Lunch 2 Entree	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/03/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc³ (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	400	248	4.79	28	4	2	10.38	23.96	551	1.60	1.60	12.78	*N/A*	283.5	*N/A*	1.60
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	100	32	1.31	88	0	*0	2.02	0.00	11	0.20	0.00	3.42	*N/A*	40.7	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	100	42	0.20	50	0	0	1.40	0.00	0	6.80	0.80	*N/A*	1	3.6	*N/A*	0.40
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	500	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			386	6.35	246	18	*2	13.97	23.96	562	25.52	4.98	*16.88	*446	372.5	*3.08	2.19
% of Calories				14.81 %		18.7%	*2.1%	32.6%	55.9%		26.4%		*17.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/04/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc³ (mg)	Vit-C (mg)	Iron (mg)
999905 Chicken, Louisiana, Waffles - OKI	2BG, 2MMA	400	352	2.00	720	9	*9	12.00	0.00	68	42.40	2.40	18.40	*N/A*	*N/A*	*N/A*	*N/A*
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	50	30	0.59	70	1	*0	1.13	0.00	4	2.81	0.20	1.89	*N/A*	35.1	*N/A*	0.18
990807 Sauce, Marinara, PC - OKI	1/4c	50	3	*N/A*	26	*N/A*	*N/A*	0.05	*N/A*	*N/A*	0.61	*N/A*	0.10	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			645	*2.62	954	*23	*9	17.92	*0.00	*72	98.38	*9.85	23.92	*N/A*	*62.5	*5.85	*1.34
% of Calories				*3.66%		*14.3%	*5.6%	25.0%	*0.0%		61.0%		14.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/05/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	1	1	0.01	1	0	*0	0.02	0.00	0	0.06	0.01	0.05	*0	0.5	*0.00	0.00
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.02	0.01	0.00	27	0.1	0.01	0.00
991386 Juice, Fruit Punch - OKI	1/2c	1	0	0.00	0	0	*N/A*	0.00	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	1	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990679 Mustard, PKT - OKI	1	1	0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			10	0.01	128	1	*0	0.04	0.00	0	2.34	0.25	0.24	*27	7.2	*0.01	0.03
% of Calories				0.90%		40.0%	*0%	3.6%	0.0%		93.6%		9.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/06/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991314 Chicken, Drumstick, Lemon Pepper - OKI	2MMA	300	107	1.63	237	0	*N/A*	6.10	0.00	61	0.07	0.00	11.99	0	5.3	0.00	0.47
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	400	136	0.00	168	4	3	1.60	0.00	4	25.60	2.40	4.00	*N/A*	0.0	*N/A*	1.36
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	100	90	0.60	91	4	2	3.18	0.00	0	12.03	1.20	3.00	*N/A*	82.0	*N/A*	0.60
990784 Cream Cheese, Cup - OKI	1	100	14	0.80	23	0	*N/A*	1.40	0.00	4	0.20	0.00	0.20	*N/A*	*N/A*	*N/A*	*N/A*
990662 Bean, BBQ, Salad, 3/4 c- OKI	3/4c	500	244	0.00	682	3	*0	2.09	0.00	0	45.51	10.21	11.72	*0	*69.4	*0.00	*2.06
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			651	3.03	1204	27	*5	14.38	0.00	69	99.42	13.81	31.91	*0	*156.7	*0.00	*4.49
% of Calories				4.19%		16.6%	*3.1%	19.9%	0.0%		61.1%		19.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999766 Sandwich, Turkey, BBQ, Pretzel - OKI	2BG, 2MMA	300	204	1.27	238	9	8	4.55	0.03	45	28.10	2.09	12.97	*6	20.9	*0.00	2.04
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			362	2.57	346	23	*11	7.98	0.03	51	57.13	5.58	17.18	*4011	140.2	*10.59	3.52
% of Calories				6.39%		25.4%	*12.2%	19.8%	0.1%		63.1%		19.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999565 Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	2MMA, 2BG	300	187	4.12	351	1	*0	7.44	0.00	28	18.76	0.00	10.48	*8	*59.7	*0.00	*0.35
999482 Pizza, Crunchers, WG - OKI	2.5BG, 2MMA	100	86	1.60	156	1	0	4.00	0.10	7	8.40	1.00	4.00	*N/A*	86.0	*N/A*	0.50
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			358	5.74	584	19	*0	11.57	0.10	35	49.31	4.88	15.12	*13691	*182.4	*2.58	*1.73
% of Calories				14.43 %		21.2%	*0%	29.1%	0.3%		55.1%		16.9%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991299 Cheesesteak, Philly, Filling - OKI	2MMA	300	88	2.58	234	0	*N/A*	5.33	0.00	27	0.30	0.00	8.63	*N/A*	*N/A*	*N/A*	*N/A*
991589 Roll, Hoagie, WG - OKI	2BG	300	90	0.00	63	1	1	1.20	0.00	0	17.40	1.20	3.00	*N/A*	15.6	*N/A*	0.86
991392 Bagel, Pizza, Pepperoni - OKI	2BG, 2MMA	100	60	1.17	140	1	*0	2.25	0.00	7	5.61	0.40	3.78	*N/A*	70.3	*N/A*	0.36
990807 Sauce, Marinara, PC - OKI	1/4c	100	6	*N/A*	53	*N/A*	*N/A*	0.10	*N/A*	*N/A*	1.21	*N/A*	0.20	*N/A*	*N/A*	*N/A*	*N/A*
991680 Peppers, Onions, Roasted, Frz, 3/4c - OKI	3/4c	500	90	0.00	15	10	0	0.00	0.00	0	18.00	4.50	3.00	*N/A*	45.0	*N/A*	0.90
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			411	*3.79	505	*25	*1	9.08	*0.00	*35	63.25	*10.32	19.11	*N/A*	*143.1	*5.85	*2.37
% of Calories				*8.30%		*24.3%	*1.0%	19.9%	*0.0%		61.6%		18.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/12/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991626 Kielbasa, Turkey - OKI	2BG, 2MMA	300	162	1.20	540	2	2	5.70	0.00	36	19.20	1.80	10.80	*N/A*	66.0	*N/A*	1.50
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	100	33	1.32	50	0	*0	2.20	0.00	10	0.49	0.10	2.70	*554	*42.5	*0.69	0.14
999368 Corn, Crunch, Buffalo, Ranch, IW - OKI	1BG	1	0	0.00	0	0	0	0.01	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	100	42	0.20	50	0	0	1.40	0.00	0	6.80	0.80	*N/A*	1	3.6	*N/A*	0.40
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			445	3.34	890	18	*3	14.46	0.00	46	65.98	7.84	*15.97	*555	*112.1	*0.69	*2.04
% of Calories				6.76%		16.2%	*2.7%	29.2%	0.0%		59.3%		*14.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	300	174	3.60	294	5	1	7.80	0.00	21	16.80	1.80	9.60	*N/A*	156.0	*N/A*	1.14
991951 Pizza, Galaxy, Cheese - OKI	2BG, 2MMA	100	56	1.20	82	2	0	2.40	0.00	6	5.60	0.60	3.00	*N/A*	56.0	*N/A*	0.34
999649 Salad, Lemon Chickpea, 3/4c - OKI	1 c	500	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			663	7.61	944	30	*2	32.69	*0.00	27	72.84	13.00	25.92	*211	*304.9	*12.36	*3.21
% of Calories				10.33 %		18.1%	*1.2%	44.4%	*0.0%		43.9%		15.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/14/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999907 Chicken, Tenders, WG, 2.07oz - OKI	1BG, 2MMA	300	138	1.20	240	1	1	6.60	0.00	27	7.20	1.20	12.00	*N/A*	0.0	*N/A*	0.96

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991791 Bar, Chocolate, Cherry, WG - OKI	1BG	400	88	0.80	52	6	4	2.40	0.00	4	15.20	1.60	1.60	*N/A*	27.2	*N/A*	0.80
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			408	3.40	417	22	*7	12.72	0.00	37	56.17	8.16	20.00	*659	176.6	*93.98	3.62
% of Calories				7.50%		21.6%	*6.9%	28.1%	0.0%		55.1%		19.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991122 Cheese, Sauce, 2MMA - OKI	2MMA	300	156	7.20	480	0	*N/A*	10.80	0.00	36	6.00	0.00	8.40	*N/A*	267.6	*N/A*	0.00
999650 Chips, tortilla, WG, IW- OKI	2BG	300	120	0.60	96	0	0	4.20	0.00	0	17.40	1.80	1.80	*N/A*	24.0	*N/A*	0.36
991127 Quesadilla, chile, cheese - OKI	2BG, 2MMA	100	64	1.38	81	0	*N/A*	2.80	0.00	6	6.44	0.89	3.37	*N/A*	*N/A*	*N/A*	*N/A*
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			436	9.24	663	16	*0	18.19	*0.00	42	54.38	8.08	14.92	*818	*313.7	*19.31	*0.87
% of Calories				19.07 %		14.7%	*0%	37.5%	*0.0%		49.9%		13.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/19/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991832 Pizza, Cheese, Garlic, French Bread, WG - OKI	2MMA, 2BG	400	271	6.38	439	2	1	12.76	0.00	32	23.13	1.60	15.15	*N/A*	*N/A*	*N/A*	*N/A*
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	100	33	1.32	50	0	*0	2.20	0.00	10	0.49	0.10	2.70	*554	*42.5	*0.69	0.14
999368 Corn, Crunch, Buffalo, Ranch, IW - OKI	1BG	1	0	0.00	0	0	0	0.01	0.00	0	0.03	0.00	0.00	*N/A*	0.0	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	100	42	0.20	50	0	0	1.40	0.00	0	6.80	0.80	*N/A*	1	3.6	*N/A*	0.40
991434 Cauliflower, Fresh, 3/4c, IW - OKI	3/4c	500	25	0.13	30	2	*N/A*	0.28	0.00	0	4.93	1.98	1.90	0	21.8	47.83	0.42
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			443	8.03	570	19	*1	16.85	0.00	42	53.79	7.14	*20.99	*555	*67.9	*48.51	*0.96
% of Calories				16.31 %		17.2%	*0.9%	34.2%	0.0%		48.6%		*19.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/20/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999744 Chicken, Drumstick, Rotisserie - OKI	2MMA	300	107	1.63	150	*0	*N/A*	6.10	0.00	61	0.07	*0.00	11.99	*0	*5.3	*0.00	*0.47
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	400	136	0.00	168	4	3	1.60	0.00	4	25.60	2.40	4.00	*N/A*	0.0	*N/A*	1.36
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	100	90	0.60	91	4	2	3.18	0.00	0	12.03	1.20	3.00	*N/A*	82.0	*N/A*	0.60
990784 Cream Cheese, Cup - OKI	1	100	14	0.80	23	0	*N/A*	1.40	0.00	4	0.20	0.00	0.20	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			415	3.04	450	*25	*5	12.36	0.00	69	55.66	*4.28	20.76	*3955	*103.1	*3.86	*2.77
% of Calories				6.59%		*24.1%	*4.8%	26.8%	0.0%		53.6%		20.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 02/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999897 Meatloaf, Chef D Glaze, Potatoes - OKI	2MMA	300	167	2.74	712	1	*N/A*	6.70	0.00	24	15.86	1.04	9.57	*0	*2.9	*0.00	*0.09
991993 Muffin, Corn, WG, 2.4oz, SB - OKI	2BG	400	152	0.80	152	14	13	4.80	0.00	0	25.61	0.80	2.40	*N/A*	7.2	*N/A*	0.80
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94
999902 Corn, Buttered, 3/4c - OKI	3/4c	500	199	7.00	91	4	*0	12.48	0.00	30	23.61	2.95	2.95	*N/A*	*3.0	*N/A*	*0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			667	11.83	1048	33	*15	27.33	0.00	60	92.36	7.61	18.56	*50	*116.6	*6.73	*2.03
% of Calories				15.96 %		19.8%	*9.0%	36.9%	0.0%		55.4%		11.1%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 02/24/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999564 Pasta, Mac, Cheeseburger - OKI	1.5c	300	206	4.71	258	0	*N/A*	10.29	0.32	33	17.13	2.87	11.48	*N/A*	*109.8	*N/A*	*0.92
999636 Nuggets, Veggie, Chik'n - OKI	2MMA, .25BG	100	42	0.20	68	0	0	2.60	0.00	0	2.60	0.20	2.40	*N/A*	12.0	*N/A*	0.56
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	200	84	0.40	100	0	0	2.80	0.00	0	13.60	1.60	*N/A*	2	7.2	*N/A*	0.80
991423 Broccoli, Hot, 3/4c - OKI	3/4c	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			415	5.42	458	14	*1	16.05	0.32	33	53.80	8.22	*16.64	*611	*180.0	*87.24	*3.00
% of Calories				11.75 %		13.5%	*1.0%	34.8%	0.7%		51.9%		*16.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 02/26/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991244 Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	2BG, 2MMA	300	246	4.80	378	3	*N/A*	10.20	0.00	24	21.60	0.60	11.40	*N/A*	220.8	*N/A*	1.20
991243 Pizza, Cheese, Wild Mike, IW - OKI	2BG, 2MMA	100	80	1.60	108	1	*N/A*	3.00	0.00	8	7.20	0.20	3.80	*N/A*	83.2	*N/A*	0.40
991666 Juice, Vegetable, Wango Mango - OKI	3/4c	500	80	0.00	30	20	0	0.00	0.00	0	22.00	0.00	*N/A*	*N/A*	10.0	*N/A*	1.20
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			478	6.40	518	38	*0	13.40	0.00	32	69.21	3.46	*16.43	*N/A*	*314.0	*N/A*	*2.80
% of Calories				12.05 %		31.8%	*0%	25.2%	0.0%		57.9%		*13.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Thursday - 02/27/2025		Reimbursable Meal Total 500																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
991843 Chicken, Orange, Rice, White - OKI	2BG, 2MMA	300	260	2.12	276	6	*6	10.93	0.00	24	29.13	1.95	10.33	*N/A*	*11.0	*0.00	*1.21	
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	100	90	0.60	91	4	2	3.18	0.00	0	12.03	1.20	3.00	*N/A*	82.0	*N/A*	0.60	
990784 Cream Cheese, Cup - OKI	1	100	14	0.80	23	0	*N/A*	1.40	0.00	4	0.20	0.00	0.20	*N/A*	*N/A*	*N/A*	*N/A*	
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55	
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	
Weighted Daily Average			564	3.52	399	29	*8	21.25	0.00	28	68.84	9.52	27.28	*N/A*	*169.5	*0.00	*4.36	
% of Calories				5.62%		20.6%	*5.7%	33.9%	0.0%		48.8%		19.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 02/28/2025		Reimbursable Meal Total 500																
	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	300	160	1.62	294	2	*2	5.39	0.00	17	16.72	1.79	10.78	*N/A*	55.0	*N/A*	2.04	
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94	
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29	

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			326	2.95	389	18	*4	8.95	0.00	23	48.10	6.03	15.10	*2180	163.3	*93.62	3.47
% of Calories				8.14%		22.1%	*4.9%	24.7%	0.0%		59.0%		18.5%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		449	*4.94	595	*22	*4	14.96	*1.36	*70	60.36	*7.39	*18.72	*1543	*171.5	*21.90	*2.49
% of Calories			*9.90%		*19.6%	*3.6%	30.0%	*2.7%		53.8%		*16.7%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name:	Cicero Pre-K Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/03/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	500	309	5.99	35	5	2	12.98	29.95	689	2.00	2.00	15.97	*N/A*	354.4	*N/A*	2.00
991433 Cauliflower, Fresh, 1/2c, IW - OKI	1/2c	500	18	0.09	21	1	*N/A*	0.20	0.00	0	3.52	1.42	1.36	0	15.6	34.16	0.30
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			377	6.08	56	18	*2	13.18	29.95	689	19.50	4.41	17.33	*0	375.0	*34.16	2.29
% of Calories				14.51 %		19.1%	*2.1%	31.5%	71.5%		20.7%		18.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/04/2025Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999905 Chicken, Louisiana, Waffles - OKI	2BG, 2MMA	500	440	2.50	900	11	*11	15.00	0.00	85	53.00	3.00	23.00	*N/A*	*N/A*	*N/A*	*N/A*
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	500	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			687	2.50	1036	24	*11	19.55	0.00	85	100.64	6.93	*26.23	*N/A*	*22.6	*N/A*	*1.16
% of Calories				3.28%		14.0%	*6.4%	25.6%	0.0%		58.6%		*15.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/06/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991334 Chicken, Diced, Lemon Pepper - OKI	2MMA	500	101	1.16	375	0	*0	3.88	0.00	43	0.78	0.00	13.97	*0	*0.0	*0.00	0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	500	11	0.03	1	1	*N/A*	0.08	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	500	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			311	1.19	586	6	*4	5.96	0.00	48	42.31	4.35	19.43	*74	*11.3	*40.78	*2.67
% of Calories				3.44%		7.7%	*5.1%	17.2%	0.0%		54.4%		25.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999766 Sandwich, Turkey, BBQ, Pretzel - OKI	2BG, 2MMA	500	340	2.12	396	15	13	7.58	0.05	75	46.83	3.48	21.61	*11	34.9	*0.00	3.40

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991216 Pickle, Spears - OKI	1/2c	500	12	0.00	675	0	*N/A*	0.00	0.00	0	45.00	0.00	0.00	*N/A*	27.5	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			422	2.21	1072	25	*13	7.84	0.05	75	109.51	5.49	22.45	*60	66.3	*6.73	3.60
% of Calories				4.71%		23.7%	*12.3%	16.7%	0.1%		103.8%		21.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999565 Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	2MMA, 2BG	500	312	6.87	584	2	*0	12.40	0.00	47	31.27	0.00	17.47	*12	*99.5	*0.00	*0.58
991149 Celery, Diced, 1/2c - OKI	1/2c	500	10	0.03	56	1	*N/A*	0.12	0.00	0	2.09	1.12	0.48	316	28.1	2.18	0.14
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			372	6.90	641	15	*0	12.52	0.00	47	47.33	2.12	17.96	*328	*132.6	*2.18	*0.72
% of Calories				16.69 %		16.1%	*0%	30.3%	0.0%		50.9%		19.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991299 Cheesesteak, Philly, Filling - OKI	2MMA	500	147	4.31	390	0	*N/A*	8.89	0.00	46	0.50	0.00	14.39	*N/A*	*N/A*	*N/A*	*N/A*
991589 Roll, Hoagie, WG - OKI	2BG	500	150	0.00	105	1	1	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
991681 Peppers, Onions, Roasted, Frz, 1/2c - OKI	1/2c	500	60	0.00	10	7	0	0.00	0.00	0	12.00	3.00	2.00	*N/A*	30.0	*N/A*	0.60
991461 Fruit, Cups, Assorted - OKI	1/2c	500	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			421	4.31	505	21	*1	10.89	0.00	46	57.30	5.90	*21.59	*N/A*	*63.4	*N/A*	*2.29
% of Calories				9.21%		20.0%	*1.0%	23.3%	0.0%		54.4%		*20.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/12/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	500	389	2.50	699	4	*3	16.00	0.00	25	41.87	4.99	19.98	*N/A*	79.8	*N/A*	3.29
991000 Tater, Tots, 1/2c - OKI	1/2c	500	91	0.41	165	1	*N/A*	3.30	0.00	0	14.02	1.65	0.82	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			552	2.91	866	19	*3	19.50	0.00	25	74.30	9.30	22.03	*N/A*	*79.8	*N/A*	*3.29
% of Calories				4.74%		13.8%	*2.2%	31.8%	0.0%		53.8%		16.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/13/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	500	290	6.00	490	8	2	13.00	0.00	35	28.00	3.00	16.00	*N/A*	260.0	*N/A*	1.90
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	500	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	500	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			332	6.03	492	10	*2	13.14	0.00	35	37.70	4.95	16.45	*1420	*263.2	*96.72	*2.10
% of Calories				16.35 %		12.0%	*2.4%	35.6%	0.0%		45.4%		19.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/14/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999907 Chicken, Tenders, WG, 2.07oz - OKI	1BG, 2MMA	500	230	2.00	400	2	1	11.00	0.00	45	12.00	2.00	20.00	*N/A*	0.0	*N/A*	1.60
999909 Pretzel, Soft, Rod - OKI	1BG	500	70	0.00	275	0	0	0.50	0.00	0	14.50	1.50	2.50	*N/A*	5.0	*N/A*	0.95
991424 Broccoli, Hot, 1/2c - OKI	1/2c	500	22	0.07	22	1	*N/A*	0.24	0.00	0	4.33	1.70	1.84	406	30.6	58.16	0.48
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			391	2.16	697	13	*1	12.00	0.00	45	48.51	7.21	25.18	*456	39.5	*64.90	3.23
% of Calories				4.97%		13.3%	*1.0%	27.6%	0.0%		49.6%		25.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991122 Cheese, Sauce, 2MMA - OKI	2MMA	500	260	12.00	800	0	*N/A*	18.00	0.00	60	10.00	0.00	14.00	*N/A*	446.0	*N/A*	0.00
999650 Chips, tortilla, WG, IW- OKI	2BG	500	200	1.00	160	0	0	7.00	0.00	0	29.00	3.00	3.00	*N/A*	40.0	*N/A*	0.60
999646 Salsa Cup - OKI	1/4c Veg	500	15	0.00	100	2	0	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
991461 Fruit, Cups, Assorted - OKI	1/2c	500	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			540	13.00	1060	15	*0	25.00	0.00	60	57.80	4.90	*18.20	*N/A*	*493.4	*N/A*	*0.85
% of Calories				21.67 %		11.1%	*0%	41.7%	0.0%		42.8%		*13.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991832 Pizza, Cheese, Garlic, French Bread, WG - OKI	2MMA, 2BG	500	339	7.98	548	3	1	15.95	0.00	40	28.91	1.99	18.94	*N/A*	*N/A*	*N/A*	*N/A*
991216 Pickle, Spears - OKI	1/2c	500	12	0.00	675	0	*N/A*	0.00	0.00	0	45.00	0.00	0.00	*N/A*	27.5	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			423	7.98	1225	17	*1	16.15	0.00	40	92.32	4.65	20.17	*N/A*	*27.5	*N/A*	*0.00
% of Calories				16.98 %		16.1%	*0.9%	34.4%	0.0%		87.3%		19.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/20/2025

Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999910 Chicken, Diced, Rotisserie - OKI	2MMA	500	101	1.16	230	*0	*0	3.88	0.00	43	0.78	*0.00	13.97	*N/A*	*N/A*	*N/A*	*0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
999673 Greens, Mixed, Raw, Chopped 1/2c - OKI	1c	500	5	0.01	9	0	*N/A*	0.04	0.00	0	1.04	0.42	0.36	2393	9.9	2.45	0.22
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	500	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			306	1.17	449	*5	*4	5.93	0.00	48	40.78	*4.41	19.34	*2393	*9.9	*41.24	*2.70
% of Calories				3.44%		*6.5%	*5.2%	17.4%	0.0%		53.3%		25.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999897 Meatloaf, Chef D Glaze, Potatoes - OKI	2MMA	500	279	4.57	1186	2	*N/A*	11.16	0.00	41	26.44	1.74	15.95	*0	*4.9	*0.00	*0.14
991993 Muffin, Corn, WG, 2.4oz, SB - OKI	2BG	500	190	1.00	190	17	16	6.00	0.00	0	32.02	1.00	3.00	*N/A*	9.0	*N/A*	1.00
999902 Corn, Buttered, 3/4c - OKI	3/4c	500	199	7.00	91	4	*0	12.48	0.00	30	23.61	2.95	2.95	*N/A*	*3.0	*N/A*	*0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			737	12.65	1468	33	*16	29.90	0.00	71	99.74	7.70	22.74	*50	*20.8	*6.73	*1.35
% of Calories				15.45 %		17.9%	*8.7%	36.5%	0.0%		54.1%		12.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999564 Pasta, Mac, Cheeseburger - OKI	1.5c	500	343	7.85	430	0	*N/A*	17.15	0.54	54	28.56	4.79	19.13	*N/A*	*183.0	*N/A*	*1.54
991424 Broccoli, Hot, 1/2c - OKI	1/2c	500	22	0.07	22	1	*N/A*	0.24	0.00	0	4.33	1.70	1.84	406	30.6	58.16	0.48
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			415	7.92	452	13	*0	17.39	0.54	54	46.86	7.48	20.97	*406	*218.6	*58.16	*2.01
% of Calories				17.18 %		12.5%	*0%	37.7%	1.2%		45.2%		20.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/26/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991244 Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	2BG, 2MMA	500	410	8.00	630	5	*N/A*	17.00	0.00	40	36.00	1.00	19.00	*N/A*	368.0	*N/A*	2.00
991149 Celery, Diced, 1/2c - OKI	1/2c	500	10	0.03	56	1	*N/A*	0.12	0.00	0	2.09	1.12	0.48	316	28.1	2.18	0.14
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			491	8.03	688	20	*N/A*	17.32	0.00	40	56.50	4.78	20.71	*316	*396.1	*2.18	*2.14
% of Calories				14.72 %		16.3%	*N/A*	31.7%	0.0%		46.0%		16.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/27/2025 Reimbursable Meal Total 500

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991843 Chicken, Orange, Rice, White - OKI	2BG, 2MMA	500	433	3.54	460	10	*10	18.22	0.00	40	48.56	3.25	17.22	*N/A*	*18.3	*0.00	*2.02
991148 Carrots, Shredded - OKI	1/2c	500	19	0.01	31	2	*N/A*	0.11	0.00	0	4.35	1.27	0.42	7578	15.0	2.68	0.14
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	500	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			481	3.55	492	12	*10	18.33	0.00	40	59.86	5.51	17.64	*7578	*33.2	*41.47	*2.16
% of Calories				6.64%		10.0%	*8.3%	34.3%	0.0%		49.8%		14.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/28/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	500	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	500	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			347	2.81	492	14	*3	9.38	0.00	29	48.28	5.95	19.26	*1470	98.8	*64.66	3.79
% of Calories				7.29%		16.1%	*3.5%	24.3%	0.0%		55.7%		22.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		447	5	722	*16	*4	14.94	1.80	87	61.13	*5.65	*20.45	*856	*138.4	*27.05	*2.14
% of Calories			10.83%		*14.3%	*3.6%	30.1%	3.6%		54.7%		*18.3%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name:

Cicero Afterschool Snack

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Monday - 02/03/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1BG	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories				8.65%		41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/04/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991397 Chips, Tortilla, WG, IW, 1BG - OKI	1BG	1	120	0.50	100	0	*0	4.50	0.00	0	18.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
999646 Salsa Cup - OKI	1/4c Veg	1	15	0.00	100	2	0	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			235	0.50	200	25	*0	4.50	0.00	0	45.00	3.00	3.00	*N/A*	*0.0	*N/A*	*0.00
% of Calories				1.91%		42.6%	*0%	17.2%	0.0%		76.6%		5.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/05/2025		Reimbursable Meal Total 1																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
999653 Broccoli, Fresh, 3/4c - OKI	3/4c	1	29	0.10	28	1	*N/A*	0.31	0.00	0	5.65	2.21	2.40	530	40.0	75.86	0.62	
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00	
Weighted Daily Average			219	6.10	598	11	*N/A*	10.31	0.00	30	19.65	2.21	12.40	*530	373.0	*75.86	0.62	
% of Calories				25.07 %		20.1%	*N/A*	42.4%	0.0%		35.9%		22.6%					
Weekly Nutrient Guideline			0 - 0	<0				<=0										

Thursday - 02/06/2025		Reimbursable Meal Total 1															
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
999656 Egg, Hard Boiled, 1MMA - OKI	1MMA	1	70	1.50	55	1	*N/A*	5.00	0.00	170	1.00	0.00	6.00	*N/A*	23.0	*N/A*	1.00
Weighted Daily Average			191	2.01	116	9	*8	8.54	0.00	170	22.26	2.02	8.02	*N/A*	28.1	*N/A*	2.01
% of Calories				9.47%		18.8%	*16.8%	40.2%	0.0%		46.6%		16.8%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/07/2025		Reimbursable Meal Total 1																
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Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/10/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			201	2.01	292	11	*N/A*	6.04	0.00	15	25.17	1.01	10.02	*220	152.5	*0.53	0.71
% of Calories				9.00%		21.9%	*N/A*	27.0%	0.0%		50.1%		19.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/11/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990677 Sunflower Seeds, IW- OKI	1MMA	1	200	2.50	135	1	0	17.00	0.00	0	8.00	4.00	7.00	*N/A*	31.0	*N/A*	1.00
Weighted Daily Average			355	3.25	241	13	12	21.87	0.00	15	33.47	4.50	9.50	*N/A*	49.0	*N/A*	2.00
% of Calories				8.24%		14.6%	13.5%	55.4%	0.0%		37.7%		10.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/12/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999655 Cheese, String - OKI	1MMA	1	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
Weighted Daily Average			168	4.00	382	3	*1	8.62	0.00	20	16.75	1.50	7.50	*93	209.8	*0.75	2.50
% of Calories				21.43 %		7.1%	*2.4%	46.2%	0.0%		39.9%		17.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/13/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	1	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990769 Wowbutter, PC - OKI	1MMA	1	198	2.98	99	3	2	14.88	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average			212	3.02	179	4	*2	15.05	0.00	0	10.88	4.56	7.63	*446	79.4	*3.08	1.19
% of Calories				12.82 %		7.5%	*3.8%	63.9%	0.0%		20.5%		14.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/14/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999368 Corn, Crunch, Buffalo, Ranch, IW - OKI	1BG	1	90	0.28	105	1	1	3.00	0.00	0	14.00	1.00	1.00	*N/A*	8.8	*N/A*	0.39
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			190	0.28	105	24	1	3.00	0.00	0	38.00	1.00	1.00	*N/A*	8.8	*N/A*	0.39
% of Calories				1.33%		50.5%	2.1%	14.2%	0.0%		80.0%		2.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990769 Wowbutter, PC - OKI	1MMA	1	198	2.98	99	3	2	14.88	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average			318	2.98	164	9	*2	18.88	0.00	0	29.94	4.98	8.95	*N/A*	43.7	*N/A*	1.99
% of Calories				8.43%		11.3%	*2.5%	53.4%	0.0%		37.7%		11.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/19/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/20/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991274 Sandwich, Turkey, 1BG, 1MMA - OKI	1BG, 1MMA	1	97	0.17	263	1	*1	1.33	0.00	13	14.00	2.00	9.33	*0	32.0	*0.00	1.00
999657 Mayo, PKT - OKI	1	1	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	1	1	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
Weighted Daily Average			158	1.10	384	2	*1	7.64	0.12	17	14.91	2.10	9.58	*0	34.7	*0.00	1.10
% of Calories				6.27%		5.1%	*2.5%	43.5%	0.7%		37.7%		24.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			221	2.01	181	19	*8	6.04	0.00	15	32.26	2.02	10.02	*220	137.3	*0.53	1.01
% of Calories				8.19%		34.4%	*14.5%	24.6%	0.0%		58.4%		18.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 02/24/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			201	0.51	172	23	*0	3.54	0.00	0	38.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
% of Calories				2.28%		45.8%	*0%	15.9%	0.0%		76.0%		4.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 02/26/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999655 Cheese, String - OKI	1MMA	1	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
Weighted Daily Average			168	4.00	382	3	*1	8.62	0.00	20	16.75	1.50	7.50	*93	209.8	*0.75	2.50
% of Calories				21.43 %		7.1%	*2.4%	46.2%	0.0%		39.9%		17.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 02/27/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990847 Cucumber, Fresh, Slices, 3/4c - OKI	3/4c	1	15	0.04	2	2	*N/A*	0.11	0.00	0	3.60	0.50	0.64	104	15.9	2.78	0.28
991740 Cobbers, Sea Salt, IW - OKI	1BG	1	194	1.46	194	0	0	11.66	0.00	0	19.44	3.89	1.94	*N/A*	0.0	*N/A*	0.39

Weighted Values

Feb 1, 2025 thru Feb 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			219	1.50	323	3	*0	11.78	0.00	0	25.28	4.62	2.78	*104	22.4	*2.78	0.69
% of Calories				6.16%		5.5%	*0%	48.4%	0.0%		46.2%		5.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 02/28/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			220	1.50	185	17	*N/A*	6.50	0.00	15	33.00	2.00	10.00	*220	136.3	*0.53	1.00
% of Calories				6.14%		30.9%	*N/A*	26.6%	0.0%		60.0%		18.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	218	2	246	13	4	8.66	0.01	18	27.74	2.39	7.27	*119	*126.5	*4.74	*1.10
% of Calories		8.55%		23.9%	*7.3%	35.8%	0.0%		50.9%		13.3%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - denotes required nutrient values
2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
991204	Clementine, Fresh - OKI	
990784	Cream Cheese, Cup - OKI	Milk
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991654	Bagel, Breakfast, Egg, Cheese, Tony's - OKI	Milk, Wheat, Egg
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Wednesday, February 5, 2025

Recipe #	Recipe Name	Allergen(s)
999764	Bagels, Mini, Stuffed, Strawberry, IW - OKI	Milk, Wheat
990646	Craisins - OKI	
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991234	Biscuit, WG, Turkey Sausage - OKI	Milk, Soy, Wheat
991204	Clementine, Fresh - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999655	Cheese, String - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
991450	Bar, Cinn Toast Crunch, Soft - OKI	Milk, Wheat
991204	Clementine, Fresh - OKI	
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991461	Fruit, Cups, Assorted - OKI	
991233	Wrap, Breakfast, Egg, Turkey Scramble - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
999492	Bars, Granola, Assorted - OKI	Egg, Milk, Soy, Wheat, Wheat
999655	Cheese, String - OKI	Milk
990646	Craisins - OKI	
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991204	Clementine, Fresh - OKI	
991668	Omelet, Colby Jack, Tortilla - OKI	Egg, Milk, Wheat
999646	Salsa Cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
999477	Bowl, Pancake, Assorted - OKI	Egg, Milk, Soy, Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
990646	Craisins - OKI	
991732	Donut, Pull-a-Part, Goodyman - OKI	Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
990778	Bites, Pancake Sausage - OKI	Egg, Milk, Soy, Wheat
991204	Clementine, Fresh - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
990652	Pear, Fresh, 150ct, - OKI	
999835	Roll, Cinnamon, IW, BC - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
990723	Granola, WG, 1BG- OKI	
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
990646	Craisins - OKI	
990652	Pear, Fresh, 150ct, - OKI	
999771	Waffle, Snackn, Assorted - OKI	Egg, Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991007	Biscuit, Maple, IW - OKI	Milk, Soy, Wheat
999655	Cheese, String - OKI	Milk
991204	Clementine, Fresh - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-12' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
991204	Clementine, Fresh - OKI	
990784	Cream Cheese, Cup - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
991153	Apple, Slices, 1/2c - OKI	
991654	Bagel, Breakfast, Egg, Cheese, Tony's - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
999504	Cereal, Assorted, Fall - OKI	Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
991153	Apple, Slices, 1/2c - OKI	
991233	Wrap, Breakfast, Egg, Turkey Scramble - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
991668	Omelet, Colby Jack, Tortilla - OKI	Egg, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
991153	Apple, Slices, 1/2c - OKI	
999477	Bowl, Pancake, Assorted - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999765	Waffles, Blueberry, Mini, IW - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999771	Waffle, Snackn, Assorted - OKI	Egg, Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
999504	Cereal, Assorted, Fall - OKI	Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991113	Celery, Fresh, Sticks, 3/4c - OKI	
991300	Pizza, Boli - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
999905	Chicken, Louisiana, Waffles - OKI	Milk, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 5, 2025

Recipe #	Recipe Name	Allergen(s)
999685	Carrots, Fresh, Baby, 3/4c - OKI	
991386	Juice, Fruit Punch - OKI	
999657	Mayo, PKT - OKI	Egg
990679	Mustard, PKT - OKI	
999626	Sandwich, Turkey, Cheddar - OKI	Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
990662	Bean, BBQ, Salad, 3/4 c- OKI	Soy
991314	Chicken, Drumstick, Lemon Pepper - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999766	Sandwich, Turkey, BBQ, Pretzel - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999685	Carrots, Fresh, Baby, 3/4c - OKI	
999565	Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
991299	Cheesesteak, Philly, Filling - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991680	Peppers, Onions, Roasted, Frz, 3/4c - OKI	
991589	Roll, Hoagie, WG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991626	Kielbasa, Turkey - OKI	Wheat
999686	Tater, Tots, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat
999649	Salad, Lemon Chickpea, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991791	Bar, Chocolate, Cherry, WG - OKI	Egg, Wheat
991423	Broccoli, Hot, 3/4c - OKI	
999907	Chicken, Tenders, WG, 2.07oz - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
991122	Cheese, Sauce, 2MMA - OKI	Milk
999650	Chips, tortilla, WG, IW- OKI	
990652	Pear, Fresh, 150ct, - OKI	
990655	Tomatoes, Cherry, 3/4 cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
991434	Cauliflower, Fresh, 3/4c, IW - OKI	
991204	Clementine, Fresh - OKI	
991832	Pizza, Cheese, Garlic, French Bread, WG - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
999744	Chicken, Drumstick, Rotisserie - OKI	
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999902	Corn, Buttered, 3/4c - OKI	Milk
999897	Meatloaf, Chef D Glaze, Potatoes - OKI	Milk, Soy, Wheat
991993	Muffin, Corn, WG, 2.4oz, SB - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
999564	Pasta, Mac, Cheeseburger - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991666	Juice, Vegetable, Wango Mango - OKI	
991244	Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
991843	Chicken, Orange, Rice, White - OKI	Soy, Wheat
991174	Edamame, 3/4c - OKI	Soy
999429	Juice, Grape, Citrus Sun, 4oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991115	Pepper, Fresh, Red, Strip, 3/4c - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991113	Celery, Fresh, Sticks, 3/4c - OKI	
991395	Cheese, Mini, Turkey, Coins, Pack - OKI	Milk
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
991300	Pizza, Boli - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
999905	Chicken, Louisiana, Waffles - OKI	Milk, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
990807	Sauce, Marinara, PC - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Wednesday, February 5, 2025

Recipe #	Recipe Name	Allergen(s)
999685	Carrots, Fresh, Baby, 3/4c - OKI	
991386	Juice, Fruit Punch - OKI	
999657	Mayo, PKT - OKI	Egg
990679	Mustard, PKT - OKI	
999626	Sandwich, Turkey, Cheddar - OKI	Wheat
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990662	Bean, BBQ, Salad, 3/4 c- OKI	Soy
991314	Chicken, Drumstick, Lemon Pepper - OKI	
990784	Cream Cheese, Cup - OKI	Milk
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999766	Sandwich, Turkey, BBQ, Pretzel - OKI	Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999685	Carrots, Fresh, Baby, 3/4c - OKI	
999482	Pizza, Crunchers, WG - OKI	Milk, Wheat
999565	Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
991392	Bagel, Pizza, Pepperoni - OKI	Milk, Wheat
991299	Cheesesteak, Philly, Filling - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
991680	Peppers, Onions, Roasted, Frz, 3/4c - OKI	
991589	Roll, Hoagie, WG - OKI	Wheat
990807	Sauce, Marinara, PC - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
999368	Corn, Crunch, Buffalo, Ranch, IW - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
991626	Kielbasa, Turkey - OKI	Wheat
999436	Salad, Chef, Chicken, Cheese - OKI	Milk
999686	Tater, Tots, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991951	Pizza, Galaxy, Cheese - OKI	Milk, Soy, Wheat
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat
999649	Salad, Lemon Chickpea, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991791	Bar, Chocolate, Cherry, WG - OKI	Egg, Wheat
991423	Broccoli, Hot, 3/4c - OKI	
999907	Chicken, Tenders, WG, 2.07oz - OKI	Soy, Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
991122	Cheese, Sauce, 2MMA - OKI	Milk
999650	Chips, tortilla, WG, IW- OKI	
990652	Pear, Fresh, 150ct, - OKI	
991127	Quesadilla, chile, cheese - OKI	Milk, Soy, Wheat
990655	Tomatoes, Cherry, 3/4 cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
991434	Cauliflower, Fresh, 3/4c, IW - OKI	
991204	Clementine, Fresh - OKI	
999368	Corn, Crunch, Buffalo, Ranch, IW - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
991832	Pizza, Cheese, Garlic, French Bread, WG - OKI	Milk, Soy, Wheat
999436	Salad, Chef, Chicken, Cheese - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
999744	Chicken, Drumstick, Rotisserie - OKI	
990784	Cream Cheese, Cup - OKI	Milk
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999902	Corn, Buttered, 3/4c - OKI	Milk
999897	Meatloaf, Chef D Glaze, Potatoes - OKI	Milk, Soy, Wheat
991993	Muffin, Corn, WG, 2.4oz, SB - OKI	Egg, Milk, Soy, Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991423	Broccoli, Hot, 3/4c - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
999636	Nuggets, Veggie, Chik'n - OKI	Soy, Wheat
999564	Pasta, Mac, Cheeseburger - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991666	Juice, Vegetable, Wango Mango - OKI	
991243	Pizza, Cheese, Wild Mike, IW - OKI	Milk, Wheat
991244	Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
991843	Chicken, Orange, Rice, White - OKI	Soy, Wheat
990784	Cream Cheese, Cup - OKI	Milk
991174	Edamame, 3/4c - OKI	Soy
999429	Juice, Grape, Citrus Sun, 4oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991115	Pepper, Fresh, Red, Strip, 3/4c - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991433	Cauliflower, Fresh, 1/2c, IW - OKI	
991300	Pizza, Boli - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
999905	Chicken, Louisiana, Waffles - OKI	Milk, Wheat, Egg
991461	Fruit, Cups, Assorted - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
991334	Chicken, Diced, Lemon Pepper - OKI	
990757	Cucumber, Fresh, Slices, 1/2c - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991216	Pickle, Spears - OKI	
999766	Sandwich, Turkey, BBQ, Pretzel - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991149	Celery, Diced, 1/2c - OKI	
999565	Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
991299	Cheesesteak, Philly, Filling - OKI	Milk
991461	Fruit, Cups, Assorted - OKI	
991681	Peppers, Onions, Roasted, Frz, 1/2c - OKI	
991589	Roll, Hoagie, WG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991030	Sandwich, Chicken, Breaded - OKI	Soy, Wheat
991000	Tater, Tots, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
991098	Pepper, Fresh, Red, Strip, 1/2c - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991424	Broccoli, Hot, 1/2c - OKI	
999907	Chicken, Tenders, WG, 2.07oz - OKI	Soy, Wheat
999909	Pretzel, Soft, Rod - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
991122	Cheese, Sauce, 2MMA - OKI	Milk
999650	Chips, tortilla, WG, IW- OKI	
991461	Fruit, Cups, Assorted - OKI	
999646	Salsa Cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991216	Pickle, Spears - OKI	
991832	Pizza, Cheese, Garlic, French Bread, WG - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
999910	Chicken, Diced, Rotisserie - OKI	
999673	Greens, Mixed, Raw, Chopped 1/2c - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999902	Corn, Buttered, 3/4c - OKI	Milk
999897	Meatloaf, Chef D Glaze, Potatoes - OKI	Milk, Soy, Wheat
991993	Muffin, Corn, WG, 2.4oz, SB - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991424	Broccoli, Hot, 1/2c - OKI	
999564	Pasta, Mac, Cheeseburger - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
991149	Celery, Diced, 1/2c - OKI	
991204	Clementine, Fresh - OKI	
991244	Pizza, Pepperoni, Beef, Wild Mikes, IW - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
991148	Carrots, Shredded - OKI	
991843	Chicken, Orange, Rice, White - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991098	Pepper, Fresh, Red, Strip, 1/2c - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Monday, February 3, 2025

Recipe #	Recipe Name	Allergen(s)
999373	Bread, Mini Loaf, Banana, IW, SB - OKI	Egg, Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Tuesday, February 4, 2025

Recipe #	Recipe Name	Allergen(s)
991397	Chips, Tortilla, WG, IW, 1BG - OKI	
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	
999646	Salsa Cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Wednesday, February 5, 2025

Recipe #	Recipe Name	Allergen(s)
999653	Broccoli, Fresh, 3/4c - OKI	
991739	Cheese, Cup, Cheddar - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Thursday, February 6, 2025

Recipe #	Recipe Name	Allergen(s)
991140	Crackers, Blueberry, Lemon - OKI	Milk, Soy, Wheat
999656	Egg, Hard Boiled, 1MMA - OKI	Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Friday, February 7, 2025

Recipe #	Recipe Name	Allergen(s)
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Monday, February 10, 2025

Recipe #	Recipe Name	Allergen(s)
990791	Cracker, Goldfish, WG - OKI	Gluten, Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Tuesday, February 11, 2025

Recipe #	Recipe Name	Allergen(s)
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg
990677	Sunflower Seeds, IW- OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Wednesday, February 12, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Thursday, February 13, 2025

Recipe #	Recipe Name	Allergen(s)
991113	Celery, Fresh, Sticks, 3/4c - OKI	
990769	Wowbutter, PC - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Friday, February 14, 2025

Recipe #	Recipe Name	Allergen(s)
999368	Corn, Crunch, Buffalo, Ranch, IW - OKI	
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Tuesday, February 18, 2025

Recipe #	Recipe Name	Allergen(s)
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
990769	Wowbutter, PC - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Wednesday, February 19, 2025

Recipe #	Recipe Name	Allergen(s)
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Thursday, February 20, 2025

Recipe #	Recipe Name	Allergen(s)
999657	Mayo, PKT - OKI	Egg
990679	Mustard, PKT - OKI	
991274	Sandwich, Turkey, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Friday, February 21, 2025

Recipe #	Recipe Name	Allergen(s)
991140	Crackers, Blueberry, Lemon - OKI	Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Monday, February 24, 2025

Recipe #	Recipe Name	Allergen(s)
990791	Cracker, Goldfish, WG - OKI	Gluten, Milk, Wheat
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Wednesday, February 26, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Thursday, February 27, 2025

Recipe #	Recipe Name	Allergen(s)
991740	Cobbers, Sea Salt, IW - OKI	May Contain Soy
990847	Cucumber, Fresh, Slices, 3/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 2/1/2025 To: 2/28/2025

Friday, February 28, 2025

Recipe #	Recipe Name	Allergen(s)
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk

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