



February 3, 2025

Dear Families,

This week, our school community will focus on the character strength of **Social Intelligence**. Social intelligence means understanding other people's thoughts and feelings and why they act the way they do.

Social intelligence helps us build good relationships by being aware of others' emotions and behaviors. It is different from "book smarts" and grows with experience. It also allows people to connect, form friendships, and protect themselves from being taken advantage of. It also helps us read facial expressions and understand what motivates others.

To practice and encourage the character strength of social intelligence at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

Pre-K-K	Grades 1-2	Grades 3-5	Grades 6-8	Grades 9-12
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Thank you for your support and have a wonderful week!

Respectfully,

Jessica Smatko

Jessica Smatko
Coordinator for School Improvement/TOSA (Teacher on Special Assignment)



SOCIAL INTELLIGENCE

VIA Survey calls this strength Social Intelligence.

Virtue: Humanity. Strengths of humanity involve caring interpersonal relationships with others, particularly in one-to-one relationships. Strengths comprised in this virtue are love, kindness, and social intelligence.



WHAT DOES SOCIAL INTELLIGENCE MEAN?

You are aware of other people's thoughts and feelings. You understand why they do things.

WHY DOES THIS MATTER?

People with social intelligence can "read" other people and know what motivates them. By understanding ourselves and other people, we can find ways to collaborate, form friendships, and build relationships. Social intelligence increases over time and as a person ages.

QUOTES ON SOCIAL INTELLIGENCE

"Emotional intelligence is a way of recognizing, understanding, and choosing how we think, feel, and act. It shapes our interactions with others and our understanding of ourselves."
-J. Freedman

"I think we all have empathy. We may not have enough courage to display it."
-Maya Angelou

"Empathy is the starting point for creating a community and taking action. It's the impetus for creating change."
-Max Carver

"The language of friendship is not words, but meanings."
-Henry David Thoreau

