Gettysburg Area School District Elementary School

February 2025 Lunch Carb Counts

Monday	Tuesday	Wednesday	Thursday	Friday
2/3 1.Breaded Chicken Sandwich **43** 2.Cheese Bites w/Sauce **28** 3.Turkey and Cheese Sub **39** **Sides:** Oven Baked Fries **10**, Fresh Baby Carrots **8**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**	**2/4** 1. Toasted Cheese Sandwich **34** 2. Chicken Tenders w/Dinner Roll **28** 3. Chef Salad w/Dressing **8** **Sides:** Tomato Soup **16**, Fresh Side Salad **3**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/5** 1. Tacos- Beef Hard Shell **42**, Beef Soft Shell **24** 2.Pizza Crunchers w/Sauce **51** 3.Donut and Berry Parfait **37.5** **Sides:** Steamed Corn **16**, Fresh Cauliflower **2**, Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/6** 1. Waffles w/SF Syrup and Bacon **54** 2. Pepperoni Breadstick w/Sauce **39** 3. Popcorn Chicken Salad w/Dressing **36** **Sides:** Oven Baked Hash Brown **14**, Fresh Broccoli Florets **2**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/7** 1.Hamburger **29** or Cheeseburger **30** 2.Cheesesteak Sub **49** 3.Individual Yogurt w/Graham Cracker **29.3** **Sides:** Oven Baked Fries **10**, Fresh Celery Sticks **3**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**
2/10 1.Chicken and Mashed Potato Bowl **45** 2.Italian Dunkers w/Sauce **44** 3.Beef Hot Dog **28** **Sides:** Mashed Potatoes **16**, Steamed Peas **12**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**	**2/11** 1. General Tso's w/Steamed Rice **42** 2. WG Cheese Pizza **37** 3. Chef Salad w/Dressing **8** **Sides:** Steamed Broccoli **2**, Spring Salad Mix **3**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/12** 1. Walking Tacos (1) **24** 2.Stuffed Breadstick w/Sauce **42** 3.Meat Lovers Stromboli **32** **Sides:** Steamed Corn **16**, Fresh Cucumber Coins **2** Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/13 Early Dismissal** 1.Chicken Tenders w/Dinner Roll **28** 2. WG Cheese Pizza **37** 3.PB&J **26** **Sides:** Steamed Green Beans **3**, Tossed Side Salad **3**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/14** **No School**
2/17 **No School**	**2/18** 1. Mac and Cheese w/Dinner Roll **35** 2. Meatball Sub **39** 3. Chef Salad w/Dressing **8** **Sides:** Steamed Broccoli **2**, Fresh Baby Carrots **7**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/19** 1. Tacos- Beef Hard Shell **42**, Beef Soft Shell **24** 2.Chicken Nuggets w/Dinner Roll **50** 3.Donut and Berry Parfait **37.5** **Sides:** Steamed Corn **16**, Oven Baked Fries **10**, Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/20** 1.Toasted Han and Cheese Sandwich **34** 2.Cheese Bites w/Sauce **28** 3.Popcorn Chicken Salad w/Dressing **36** **Sides:** Broccoli and Cheddar Soup **9**, Caesar Salad **6**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/21** **1**.Hamburger **29** or Cheeseburger **30** 2.Cheesy Breadstick w/Sauce **42** 3.Fish Nuggets w/Dinner Roll **46** **Sides**: Oven Baked Fries **20**, BBQ Baked Beans **37**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**
2/24 1.Sweet and Sour Chicken w/Steamed Rice **50.85** 2. Ham and Cheese Pretzel Melt **33** 3.Individual Yogurt w/Graham Crackers **29.3** **Sides:** Steamed Carrots **7**, Fresh Pepper Strips **2**, Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12**, 1% **Choc** Milk **24**	**2/25** 1.Chicken Drumstick w/Dinner Roll **18** 2.Pizza Crunchers w/Sauce **51** 3.Chef Salad w/Dressing **8** **Sides:** Loaded Baked Potato Soup **22**, Fresh Side Salad **3** Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/26** 1. Walking Tacos (1) **24** 2.Chicken Tenders w/Goldfish Crackers **30** 3.Mini Corn Dog Nuggets **35** **Sides:** Steamed Corn **16**, Fresh Cucumber Coins **2**, Chilled Fruit, **15** 100% Fruit juice, **15** 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/27** 1. French Toast w/SF Syrup and Sausage **65.6** 2. Fish Sandwich **41** 3. Popcorn Chicken Salad w/Dressing **36** **Sides:** Oven Baked Hash Brown **14**, Fresh Broccoli Florets **2**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**	**2/28** **1**.Lasagna w/Breadstick **33** 2.WG Cheese Pizza **37** 3.Donut and Berry Parfait **37.5** **Sides**: Oven Baked Sweet Potato Fries **34**, Caesar Side Salad **6**, Chilled Fruit **15**, Fresh Whole Fruit **24**, 1 % Milk **12**, 1 % **Choc** Milk **24**

Daily Alternate Lunch Meals: PB&J: 26

***All Pork and Ham Products are made w/Low-Sodium Turkey**