

	Mon(2.3)	Tue(2.4)	Wed(2.5)	Thu(2.6)	Fri(2.7)
Korean Menu	Stir-Fried Pork w/Bean Sprout (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Steamed Rice Bean Paste Soup 1,2,4,5,7,12,13,15 Steamed Egg 1,4,5 Cabbage & Kelp Wrap & Ssamjang 4,5 White Kimchi/Radish Kimchi 4,7	Stir-Fried Smoked Duck 1,2,4,5,7,,12,13,15 Steamed Rice Seaweed Soup 1,2,4,5,7,12,13,15 Steamed Sweet Pumpkin w /Honey 4,5 Pickled Radish Ssam 17 White Kimchi/Kimchi 4,7,12	<Namsan Cutlet Day> Pork Cutlet 1,2,4,5,7,8,10,12,13,15 Steamed Rice Cream Soup 1,2,4,5,7,10,12,13,15 Corn & Pickle Cabbage Salad 4,5 White Kimchi/Radish Kimchi 4,7	Stir-Fried Chicken (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Perilla seeds w/Sujebi 1,2,4,5,7,8,10,12,13,15 Stir Fried Garlic Stems w /Shrimp 1,2,4,5,7,8,10,12,13,15 Seasoned Spring Cabbage 4,5 White Kimchi/Kimchi 4,7,12	Janchi Noodles 1,2,4,5,7,8,10,12,13,15 Steamed Rice / Stir-Fried Pork 1,2,4,5,7,8,10,12,13,15 Spicy Stir-fried Fish Cake (ES-Stir Fried Fish Cake) 1,2,4,5,7,8,10,12,13,15 Acorn Jelly Salad 4,5 (ES-Acorn Jelly Salad) 4,5 White Kimchi/Kimchi 4,7,12
International Menu	Chicken Nasi Goreng 1,2,4,5,7,8,10,12,13,15 Fried Egg 1,4,5 Spring Rolls 4,5 Chickpeas Salad 4,5	Cream Onion Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Cheese & Vegetables 1,2,4,5,7,12,13,15 Oats Salad 4,5,10	Spicy Cream Pasta (ES-Cream Pasta) 1,2,4,5,7,8,9,10,12,13,15 Grilled Sausage 1,2,4,5,7,12,13,15 Hand Made Pickle	BLT Sandwich 1,2,4,5,7,8,9,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Corn Salad 1,4	Japanese Chicken Rice Bowl 1,2,4,5,7,8,9,10,12,13,15 Fried Dumpling 1,2,4,5,8,10,12,13,14,15 Grilled Eggplant Salad 4,5,17
	Mon(2.10)	Tue(2.11)	Wed(2.12) / Jeongwol Daeboreum	Thu(2.13)	Fri(2.14)
Korean Menu	Soboro Bibimbap 1,2,4,5,7,8,10,12,13,15 Steamed Rice Kelp & Radish Soup 1,2,4,5,7,12,13,15 Vegetable Fishcake Bar 4,5,10 Chicory Lotus Citron Salad 4,5 Seasoned Cucumber (ES-Seasoned Cucumber) 4,5 White Kimchi/Radish Kimchi 4,7	Steamed Pork w/ Rice Cake (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Pollack Soup 1,2,4,5,7,8,12,13,15 Seasoned Tofu & Green 4,5 Seasoned Bean Sprout 4,5 White Kimchi/Kimchi 4,7,12	Stir-Fried Pork 1,2,4,5,7,8,12,13,15,19 Five Grain Rice/Steamed Rice Bean Paste Soup 1,2,4,5,7,12,13,15 Roasted Seaweed & Soy Sauce 4,5 Three Kinds of Greens 1,2,4,5,7,12,13,15 White Kimchi/Kimchi 4,7,12	Stir-Fried Chicken (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Bean Sprout Soup 1,2,4,5,7,8,12,13,15 Green Laver Salad 4,5 Perilla oil Makguksu 1,2,4,5,7,12,13,15 White Kimchi/Radish Kimchi 4,7	Korean-Style Chicken Noodles 1,2,4,5,7,8,12,13,15 Chili Rice Ball (ES-Seaweed Rice Ball) 4,5 /Steamed Rice Steamed Dumpling & Soy Sauce 1,2,4,5,7,8,12,13,15 Garlic Stem Salad (ES-Garlic Stem Salad) 4,5 Cabbage Kimchi (ES-Cabbage Kimchi) 4,5 White Kimchi/Radish Kimchi 4,7
International Menu	Grilled Pork 1,2,4,5,7,8,10,12,13,15 Steamed Rice Greenbeans & Onion 1,2,4,5,7,8,10,12,13,15 Hawaiian Salad 1,4	Texas Chili 1,2,4,5,7,8,10,12,13,15 Steamed Rice Tortilla Chips 4,5 Mexican Corn 2,4,5	Beef Rice Noodle 1,2,4,5,7,8,10,12,13,15 Thai Fried Vegetables (ES-Thai Fried Vegetables) 1,2,4,5,7,8,10,12,13,15 Cucumber & Tomato Salad 10	Bulgogi Taco 1,2,4,5,7,8,9,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Tomato Salsa 4,5,10 & Sour Cream Sauce 2	Butter Chicken Curry 1,2,4,5,7,8,10,12,13,15 Steamed Rice Pita Bread 1,2,4,5 Broccoli & Carrot 1,2,4,5,7,12,13,15

* This menu can be changed depending on its ingredients.

[Food Allergy Notice]

- 1)Egg 2)Milk 3)Peanut 4)Soybean 5)Wheat 6)Mackerel 7)Shrimp 8)Pork 9)Peach 10)Tomato
 11)Walnut 12)Chicken 13)Beef 14)Squid 15)Shellfish 16)Buckwheat 17)Sulfite 18)Crab 19)Mushroom 20)Apple

	Mon(2.17)	Tue(2.18)	Wed(2.19)	Thu(2.20)	Fri(2.21)
Korean Menu	Jajang & Crab Fried Rice 1,2,4,5,7,8,10,12,13,15,18 Steamed Rice Egg Soup 1,2,4,5,7,8,10,12,13,15 Sweet & Sour Pork 1,2,4,5,7,8,10,12,13,15 Seasoned Cold Salad 1,2,4,5,7,8,10,12,13,15,18 White Kimchi/Kimchi 4,7,12	Stir-Fried Pork (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Soft Tofu Stew 1,2,4,5,7,8,10,12,13,15 Braised Lotus Root 4,5 Seasoned Greens 1,2,4,5,7,8,10,12,13,15 White Kimchi/Radish Kimchi 4,7	Stir-Fried Rice Cake (ES-w/ Soy Sauce) 1,2,4,5 Steamed Rice/Gimbap Fried Rice 1,2,4,5,7,8,10,12,13,15 Udon Soup 1,2,4,5,7,8,10,12,13,15 Fried Sweet Potatoes & Fried Gimari 1,2,4,5 Pickled Radish 17 White Kimchi/Kimchi 4,7,12	Stewed Chicken w/ Soy Sauce 1,2,4,5,7,8,10,12,13,15 Steamed Rice Kimchi Soup (ES-Bean Paste Soup) 1,2,4,5,7,8,10,12,13,15 Stir fried Mushroom 1,2,4,5,7,8,10,12,13,15,19 Seasoned Greens 1,2,4,5,7,8,10,12,13,15 White Kimchi/Kimchi 4,7,12	Beef Bone Soup 1,2,4,5,7,8,10,12,13,15 Steamed Rice Buckwheat Crepe 4,5 Braised Tofu (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Seasoned Greens (ES-Seasoned Greens) 4,5 White Kimchi/Radish Kimchi 4,7
International Menu	Barbequed Pork 1,2,4,5,7,8,10,12,13,15 Steamed Rice Mushroom & Onion 1,2,4,5,7,8,10,12,13,15,19 Macaroni & Cheese 1,2,4,5,7,8,10,12,13,15	Chicken Tender 1,2,4,5,12 Steamed Rice Grilled Vegetables 1,2,4,5,7,8,10,12,13,15 Dutch Salad 1,2,4,5,7,8,10,12,13,15	Buckwheat Noodles 1,2,4,5,6,7,8,10,12,13,15,16 Fried Tofu Sushi w/ Chili Tuna 4,5 (ES-Fried Tofu Sushi w/ Tuna Mayo) 1,4,5 Pickled Ginger & Rakkyo	Pilli Cheese Steak Sandwich 1,2,4,5,7,8,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Pickled Cucumber & Jalapeno	Japanese Pork Rice Bowl 1,2,4,5,7,8,9,10,12,13,15 Steamed Rice Sweet Potato Croaker 4,5 Japanese Salad 1,4
	Mon(2.24)	Tue(2.25)	Wed(2.26)	Thu(2.27)	Fri(2.28)
Korean Menu	Spicy Sausage Stew (ES-Clear Sausage Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Fish Cutlet 1,2,4,5 Stewed Potato 1,2,4,5,7,8,10,12,13,15 Korean Jelly Salad White Kimchi/Radish Kimchi 4,7	Stir-Fried Pork w/ Kimchi (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Bean Paste Soup 1,2,4,5,6,7,8,10,12,13,15 Fried Tofu & Soy Sauce 1,2,4,5 Seasoned Greens 4,5 White Kimchi/Radish Kimchi 4,7	Stir-Fried Chicken w/ Cheese Seasoning 1,2,4,5,8,10,12,13,15 Kimchi Fried Rice 1,2,4,5,7,8,10,12,13,15 /Steamed Rice Kelp & Radish Soup 1,2,4,5,7,8,10,12,13,15 Broccoli w/ Sesame Seeds 1,2,4 White Kimchi/Radish Kimchi 4,7	Stir-Fried Pork (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Clear Mushroom Soup 1,2,4,5,7,8,10,12,13,15,19 Jab Chai 1,2,4,5,7,8,10,12,13,15 Mung Bean Sprout 1,2,4,5,7,8,10,12,13,15 White Kimchi/Kimchi 4,7,12	Spicy Beef Soup (ES-Beef Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Mung Bean Pancake & Soy Sauce 1,2,4,5 Stir Fried Pumpkin & Crab Meat 1,2,4,5,7,8,10,12,13,15,18 Seasoned Radish (ES-Seasoned Radish) 4,5 White Kimchi/Radish Kimchi 4,7
International Menu	Phat Kapow Moo Sab 1,2,4,5,7,8,10,12,13,15 Steamed Rice Fried Egg 1,4,5 Hot Thai Noodle Salad (ES-Hot Thai Noodle Salad) 4,5	Curry Oven Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Sprouts & Bacon 1,2,4,5,7,8,10,12,13,15 Indian Salad 10	Shoyu Ramen 1,2,4,5,7,8,10,12,13,15 Octopus Balls 1,4,5 Lotus Root Chip Salad 10,17	<Burger Day> Cheese Burger 1,2,4,5,7,8,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Coleslaw 1,2,4	Pork Cutlet w/ Rice 1,2,4,5,7,8,10,12,13,15 Chili Pepper

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 1)Egg 2)Milk 3)Peanut 4)Soybean 5)Wheat 6)Mackerel 7)Shrimp 8)Pork 9)Peach 10)Tomato
 11)Walnut 12)Chicken 13)Beef 14)Squid 15)Shellfish 16)Buckwheat 17)Sulfite 18)Crab 19)Mushroom 20)Apple

February Menu

<Salad Bar>

GSIS

	Mon	Tue	Wed	Thu	Fri
S a l a d c c c	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

[Food Allergy Notice]

1)Egg 2)Milk 3)Peanut 4)Soybean 5)Wheat 6)Mackerel 7)Shrimp 8)Pork 9)Peach 10)Tomato
11)Walnut 12)Chicken 13)Beef 14)Squid 15)Shellfish 16)Buckwheat 17)Sulfite 18)Crab 19)Mushroom 20)Apple

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