


**CS/SS Elementary PreK-5
FEBRUARY 2025**

Meal Prices
 Breakfast: No Charge
 Lunch: No Charge
 Hudson Valley Fresh Milk \$.60 (Included with meals)

BREAKFAST: <i>Four Components Served Daily.</i> <i>Protein 1 oz</i> <i>Grain 1 oz.</i> <i>Fruit 1/2 cup</i> <i>Low Fat Milk 8 oz.</i> 350-500 calories SANDWICH SHOP Daily choice of <i>GRILLED CHICKEN</i> <i>TURKEY/CHEESE</i> <i>HAM/CHEESE</i> <i>TURKEY/HAM/CHEESE</i> <i>CHICKEN SALAD</i> <i>PEANUT BUTTER/JELLY</i> <i>AMERICAN CHEESE</i> SALADS GALORE <u>MONDAY</u> <i>GRILLED CHICKEN</i> <u>TUESDAY</u> <i>TURKEY</i> <u>WEDNESDAY</u> <i>CHOPPED HAM/CHEESE</i> <u>THURSDAY</u> <i>CHEF SALAD</i> <u>FRIDAY</u> <i>CHICKEN CAESAR</i> **Salads include NY Whole Grain Pita Chips QUESTIONS/COMMENTS? Please call Larry Anthony, FSD 518.398.7181	Monday	Tuesday	Wednesday	Thursday	Friday	DID YOU KNOW? MySchoolBucks.com makes meal payment convenient and simple! Scan the code below to go to the website:  You can manage your student's account and make payments online. Allergy Alerts! Call for details. Some menu items may contain tree nuts and or seeds. WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER! Employment Opportunities Available!!!
	CHOOSE A MEAL BREAKFAST					
	Upstate Yogurt Granola Cereal/Muffin Peaches Orange Juice HVF Milk	Hot Egg/Cheese Bagel Cereal/Muffin Orange Wedges Orange Juice HVF Milk	Waffle Wednesday Sausage Links Cereal/Muffin Applesauce Orange Juice HVF Milk	Breakfast Pizza Cereal/Muffin Fruit Cocktail Orange Juice HVF Milk	French Toast Cereal/Muffin Diced Pears Orange HVF Milk	
	CHOOSE A MEAL LUNCH					
	3 Cheeseburger w/Bun Salad Bar Steamed Broccoli Diced Peaches HVF Milk Day 2	4 Twin Taco Tuesday Salad Bar Refried Beans, Salsa Diced Pears HVF Milk Day 3	5 Mac and Cheese Salad Bar Roasted Broccoli Fruit Cocktail HVF Milk Day 4	6 Mozzarella Sticks Marinara Sauce Salad Bar NY Green Beans NY Apple, HVF Milk Day 5	7 Cheese Pizza Salad Bar NY Steamed Carrots Applesauce HVF Milk Day 6	
	10 Chicken Drummy NY Pita Chips Salad Bar NY Onion Rings Diced Pears, HVF Milk Day 1	11 Egg, Ham, Cheese Croissant Salad Bar Buttered Broccoli Applesauce HVF Milk Day 2	12 Skylar's Pancake/Sausage Salad Bar NY Steamed Green Beans Fruit Cocktail HVF Milk Day 3	13 NY Perogies, Sour Cream NY Bean Salad NY Buttered Peas Diced Peaches HVF Milk Day 4	14 Cheese Pizza Salad Bar NY Steamed Carrots Fresh NY Apple HVF Milk Day 5	
	17 President's Day	18 Nachos w/Corn Chips Cheese/Salsa Salad Bar Refried Beans NY Apple, HVF Milk Day 6	19 Cheese Ravioli Salad Bar NY Butternut Squash Diced Pears, HVF Milk Day 1	20 Peyton NY Chicken/Waffles Salad Bar Buttered Corn Apple Sauce, HVF Milk Day 2	21 Cheese Pizza Salad Bar NY Steamed Carrots Fresh NY Apple HVF Milk Day 3	
	24 Grilled Cheese Sandwich Chicken Noodle Soup Salad Bar Buttered Peas Fruit Cocktail HVF Milk Day 4	25 Empanada Salad Bar Sweet Red Peppers Diced Peaches HVF Milk Day 5	26 Chicken Drummy, NY Pita Salad Bar NY Onion Rings Orange Wedges HVF Milk Day 6	27 NY Meatballs w/Sauce NY Sfoglini Pasta Salad Bar Steamed Broccoli NY Apple, HVF Milk Day 1	28 Cheese Pizza Salad Bar NY Steamed Carrots Fresh Pears HVF Milk Day 2	
					5 Components Served. Whole Grain 1 oz Protein 2oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz Calories 550-650	