

2025

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
03 Tortellini Primavera Sliced Roast Beef or Sliced Beyond w/ Cheese Sauce Steamed Broccoli Steamed Seasoned White Rice Vegetable Split Pea Soup Beef Barley Soup	04 Meatball Heroes Beyond Heroes Tater Tots Roasted Zucchini Cream of Cauliflower Soup Minestrone Soup	05 Chicken Alfredo Tofu Alfredo Roasted Butternut Squash Linguine in Butter Sauce Corn Chowder Chicken Noodle Soup	06 The Carolinas! Country Fried Chicken Country Fried Tofu Red Rice Fried Okra Fresh Biscuits She-Crab Soup Tomato Soup	07 Super Bowl! Hot Dogs Or Veg Hot Dogs Assorted Chicken Wings French Fries Pizza Assorted Six Foot Subs Beef Chili Soup
10 General Tso's Chicken General Tso's Tofu Fried Rice Steamed Dumplings Steamed Snow Peas Teriyaki Vegetable Egg Drop Soup	11 Roasted Chicken with Garlic Roasted Tofu with Garlic Roasted Potato Roasted Root Vegetables Escarole & Bean Soup New England Clam Chowder	12 Pernil (Roast Pork) Rice & Beans Chopped Salad Cauliflower Steak w/ Chimichurri Sauce Dill, Cabbage & Potato Soup Pasta e Fagioli	13 Caribbean Food! Jerk Chicken or Tofu Beef or Beyond Patties Peas & Rice Peas & Carrots Jamaican Spinach Soup Louisiana Gumbo	14 Hamburgers Cheeseburgers Black Bean Burger Tuscan Kale Fattoush Salad French Fries Pizza Cream of Tomato Soup Italian Wedding Soup
17 No School	18 Crispy Chicken Tacos Oven Fries Pineapple Napa Slaw Crispy Sweet Potato & Pinto Tacos Tortilla Soup Black Bean Soup	19 Baked Ziti Garlic Bread Broccoli Rabe Tomato & Arugula Salad Red Lentil Soup Parsnip & Celery Root Soup	20 Foods of Africa! Doro Wet Chicken Doro Wet Tofu Jollof Rice Coconut Cornbread Spiced Vegetable Tagine Cauliflower Soup Four Bean Soup	21 Philly Cheese Steaks Beyond Cheese Steaks Onion Rings Power Blend Slaw Pizza Chicken Noodle Soup Cream of Mushroom Soup
24 Tandoori Chicken Couscous Sauteed Kale Chana Masala Indian Tomato Soup Green Split Pea	25 Black Bean Chilaquiles Broccoli Yellow Rice Roast Beef Torta Sandwich Vegetable Pochero Soup Beef Barley Soup	26 Crispy Oven Chicken Smashed Potatoes Green Beans Crispy Tofu Creamy Spinach Soup French Onion Soup	27 Middle Eastern Beef Bowls Middle Eastern Chickpea Bowls Freekeh (Ancient Grain) Shirazi (Cucumber & Tomato Salad) Pita & Tzatziki & Tourn Lentil Soup Potato Leek Soup	28 Chicken Pot Pie Tofu Pot Pie Steamed Brown Rice Roasted Broccoli Pizza White Bean & Escarole Soup Sweet & Sour Tofu Soup

**Our Daily Options Are: Fresh Fruit, Tossed Salads, Pre-Made Deli Sandwiches, Yogurt (Strawberry, Vanilla & Blueberry), Milk and Chocolate Milk
Vegan Options Available Daily**