



CIHS OFFICIAL NEWSLETTER

Student Highlights



ON SATURDAY, DECEMBER 7, 2024, CIHS PARTICIPATED IN THE ANNUAL CITY OF OXNARD HOLIDAY PARADE. WE WERE EXCITED TO ANNOUNCE THAT OUR WATER POLO AND CROSS COUNTRY TEAMS WERE SELECTED BY THE OXNARD CITY COUNCIL TO BE HONORED DURING THE EVENT! BE SURE TO CHEER EXTRA LOUD WHEN YOU SEE OUR TALENTED ATHLETES. ADDITIONALLY, THE OXNARD UNION HIGH SCHOOL DISTRICT ALSO HAD A PRESENCE IN THE PARADE, WITH PRINCIPALS AND CHEERLEADERS MARCHING IN THE PARADE LINE.





CIHS OFFICIAL NEWSLETTER

Upward Bound



SUCH A GREAT OPPORTUNITY TO SPEAK WITH SO MANY STUDENTS ABOUT CAREER OPTIONS FOR THE FUTURE. PRINCIPAL RAMOS AND ATHLETIC TRAINER CARLY HEDEGARD WERE HONORED TO SIT ON A PANEL WITH VENTURA COUNTY SUPERVISOR VIANEY LOPEZ LAND CEO OF CLINICAS, GAGAN PAWAR, MD, MBA.

THE EVENT OFFERED STUDENTS VALUABLE INSIGHTS INTO CAREER PATHS, WITH THE CHANCE TO ENGAGE DIRECTLY WITH EXPERIENCED PROFESSIONALS.

WE ARE THANKFUL TO MS. ANDREA ZAMORA AND HER UPWARD BOUND CI TEAM FOR ORGANIZING THIS GREAT EVENT!

CIHS OFFICIAL NEWSLETTER

Athletics

Admin Update

CHANNEL ISLANDS GIRLS BASKETBALL

12.16 7PM	12.17 6PM	12.18 6:30PM	12.20 7PM	01.07 7PM	01.09 7PM	01.14 5PM	01.21 7PM	01.23 7PM	01.28 7PM	01.30 7PM	02.03 7PM
HUENEME	THACHER	AGOURA	CARPINTERIA	NORDHOFF	SANTA PAULA	MALIBU	FILLMORE	HUENEME	CARPINTERIA	NORDHOFF	SANTA PAULA

■ HOME ■ AWAY

CHANNEL ISLANDS GIRLS SOCCER

12.16 6PM	12.27 - 12.28	01.03 6PM	01.09 6PM	01.10 6PM	01.15 6PM	01.22 6PM	01.24 6PM	01.29 6PM	01.31 6PM	02.04 6PM
HUENEME	HART SHOWCASE	OXNARD	CARPINTERIA	SANTA PAULA	MALIBU	FILLMORE	HUENEME	CARPINTERIA	NORDHOFF	SANTA PAULA

■ HOME ■ AWAY

CHANNEL ISLANDS 2024 - 2025 BOYS BASKETBALL

HUENEME 12/16 7PM	SANTA PAULA 01/10 7PM	SANTA CLARA (CA) 01/20 7PM	NORDHOFF 01/31 7PM
CHANDLER (ORANGE) 12/20 10:30	THACHER 01/11 6PM	FILLMORE 01/23 7PM	SANTA PAULA 02/04 7PM
BUENA 01/23 7PM	MALIBU 01/30 5PM	HUENEME 01/28 7PM	
NORDHOFF 01/08 7PM	MOORPARK 01/17 7PM	CARPINTERIA 01/29 7PM	

■ HOME ■ AWAY ■ NEUTRAL

- SENIOR ATTENDANCE - AFTER THANKSGIVING, SENIORS WERE ABLE TO SEE THEIR ATTENDANCE PERCENTAGE UP UNTIL THAT DATE TO ENSURE THAT THEY HAD NO MORE THAN 10% OF THE SCHOOL YEAR WITH UNEXCUSED ABSENCES. MANY SENIORS ATTENDED SATURDAY SCHOOL IN DECEMBER AND WERE ABLE TO RECOVER A FULL DAY OF UNEXCUSED ABSENCES FOR EACH SATURDAY SESSION. SENIORS AND PARENTS OF SENIORS NEED TO KNOW HOW IMPORTANT SCHOOL ATTENDANCE IS.
- FIRST PERIOD - BEING ON TIME IS CRUCIAL
- STARTING UP IN JANUARY, STUDENTS WHO ARRIVE AT THE ENTRANCE OR TO THEIR CLASS AFTER OFFICIAL START TIME WILL BE ISSUED TARDIES AND AN IMMEDIATE 10 MINUTE LUNCH DETENTION. CONSEQUENCES FOR MULTIPLE DAYS OF TARDIES IN A WEEK WILL RESULT IN MANDATORY SATURDAY SCHOOL SESSIONS.
- SATURDAY ENRICHMENT SESSIONS - ALSO KNOWN AS SATURDAY SCHOOL - THESE SESSIONS HAVE RESULTED IN 50 - 80 STUDENTS ON CAMPUS WHO WORK ON THEIR ASSIGNMENTS, GET HELP FROM TEACHERS, PREPARE FOR EXAMS OR FOR SPECIAL ACADEMIC PROGRAMS. THESE STUDENTS ARE ALSO ABLE TO RECOVER ANY UNEXCUSED ABSENCES - GAINING A CREDIT ON THEIR ATTENDANCE RECORD FOR THE TIME SPENT JUST WORKING ON THEIR ASSIGNMENTS. IT'S A GREAT PLACE TO BE ON A SATURDAY! NEXT SESSION WILL BE JANUARY 18TH.



CIHS OFFICIAL NEWSLETTER

Library Lowdown

HAPPY HOLIDAYS FROM
THE CIHS LIBRARY!

BOOK BUSINESS

RETURN OR RENEW YOUR
LIBRARY BOOKS TO KEEP YOUR
ACCOUNT UP TO DATE.
REMEMBER, WHEN YOUR BOOK IS
OVERDUE, OTHER STUDENTS
CANNOT USE IT.
LET'S DEMONSTRATE
COMMUNITY, INITIATIVE, HONOR,
AND SOCIAL RESPONSIBILITY!

EAOP



COUNSELOR, MR. CARLOS CAMPOS & EAOP SITE COORDINATOR, MS. GONZALEZ TOOK EL, MIGRANT & EAOP STUDENTS TO UC RIVERSIDE ON 11/20 TO PROMOTE COLLEGE READINESS. STUDENTS RECEIVED A GUIDED TOUR WITH INSIGHTFUL INFORMATION ON WHAT MAKES UC RIVERSIDE STAND OUT AMONGST SOCIAL UNIVERSITIES & THE UNIQUE AND HIGHLY DEMANDED MAJORS THEY ARE KNOWN FOR. THE STUDENTS ENJOYED LUNCH ON CAMPUS & IMMERSED THEMSELVES IN THE COLLEGE EXPERIENCE.

Counselor Corner



2024 PARENT PROJECT



11TH GRADE A-G RECOGNITION



SCAN ME FOR MORE
COUSELING
INFORMATION



CIHS OFFICIAL NEWSLETTER

CIHS Community Schools



Community Schools Presents
Monthly
Farmers Market

January 23rd
February 27th
March 20th
April 24th
May 15th

Join Us!
Come and meet the
Community Schools Team

In front of
MB1 at 3:35pm
First come, first served

Locally Grown Healthy Produce
(Bring Your Own Bag)

Channel Islands High School
1400 Raiders Way, Oxnard, California

Contact Community Schools for more info:
(805) 385-5970

Learn More:
www.channelislandshigh.org/academics/healthycommunityschools.aspx





On Wednesday, December 4, Community Schools partnered with Farm 2 School to host a Farmer's Market for the students and families at Channel Islands High School. Many came to pick up fresh fruits and vegetables from local farms. Community Schools is excited to host monthly Farmers Markets for the community at The Islands. Our upcoming Farmers Markets will be on the following dates: January 23rd, February 27th, March 20th, April 24th, and May 15th.



CIHS OFFICIAL NEWSLETTER

CIHS Community Schools

Las Escuelas Comunitarias de Channel Islands High School Presenta

VENTURA COUNTY PUBLIC HEALTH

Taller de reanimación cardiopulmonar usando solamente las manos

Ofrecido por el Departamento de Salud Pública del Condado de Ventura

JUEVES
9 DE ENERO DEL 2025
PRESENTADO EN INGLÉS Y ESPAÑOL
5:30 PM - 6:30 PM

¡Aprenda habilidades para salvar vidas asistiendo a este taller!

Enlace de registro:
https://docs.google.com/forms/d/e/1FAIpQLScFISHKPC5IkTmNXe_x_WA0EXQgsKmxV5lPEWWS_BvyltjUQ/viewform

• Taller de español en el Centro de Escuelas Comunitarias, MB1 de 5:30 pm a 6:30 pm
• Taller de inglés en el Centro de Medios de la Biblioteca de 5:30 pm a 6:30 pm

HORA Y LOCALIZACION:

Ponte en contacto con las Escuelas Comunitarias si necesitas alguna ayuda para registrarte: (805) 385-5970

Más detalles:
<https://www.channelislandshigh.us/students-parents/community-schools>

OXNARD UNION HIGH SCHOOL DISTRICT

Chase Money Skills™

OXNARD UNION HIGH SCHOOL DISTRICT

Dinner will be provided for all participants!

CHASE CREDIT WORKSHOP

Join Us in the Community Schools Center, **MB1**, for an Informative Session on Credit presented by Chase Banking!

Tuesday January 21st, 2024	Channel Islands High School 1400 Raiders Way, Oxnard, CA	5:30 PM - 6:30 PM
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Registration Link:
<https://events.chase.com/300052046>

Please feel free to stop by **MB1** or contact **Community Schools** at (805) 385-5970 for help registering for this event

Presentation in English & Spanish

- Understand Your Credit Score!
- Tips For Building and Improving Credit!
- How Credit Affects Your Financial Future!

LEARN MORE: <https://www.channelislandshigh.us/students-parents/community-schools>

Channel Islands High School Community Schools Presents

VENTURA COUNTY PUBLIC HEALTH

CPR Hands Only Techniques Workshop

by Ventura County Public Health

THURSDAY
JANUARY 9, 2025
OFFERED IN BOTH ENGLISH AND SPANISH
5:30PM-6:30PM

Learn Life Saving Skills By Attending this Workshop!

Register at this link:
https://docs.google.com/forms/d/e/1FAIpQLScFISHKPC5IkTmNXe_x_WA0EXQgsKmxV5lPEWWS_BvyltjUQ/viewform

• Spanish Workshop in the Community Schools Center, MB1 from 5:30-6:30PM
• English Workshop in the Library Media Center from 5:30-6:30PM

TIME AND LOCATIONS:

Contact Community Schools for help registering: (805) 385-5970

Learn More:
<https://www.channelislandshigh.us/students-parents/community-schools>

OXNARD UNION HIGH SCHOOL DISTRICT

Chase Money Skills™

OXNARD UNION HIGH SCHOOL DISTRICT

¡Se proporcionará cena para todos los participantes!

JUNTA DE CRÉDITOS PRESENTADO POR CHASE

¡Únase a nosotros en nuestro Centro de Escuelas Comunitarias, **MB1**, para una sesión informativa sobre su crédito presentada por el Banco de Chase!

Martes 21 de Enero, 2024	Channel Islands High School 1400 Raiders Way, Oxnard, California	5:30 P.M. - 6:30 P.M.
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Por favor de pasar por **MB1** o comunicarse con las Escuelas Comunitarias al (805) 385-5970 para obtener ayuda en como registrarse para el evento

Enlace de registro:
<https://events.chase.com/300052046>

Presentación en Inglés y Español

- ¡Comprenda su puntuación de crédito!
- ¡Consejos para construir y mejorar el crédito!
- ¡Cómo afecta el crédito a su futuro financiero!

MÁS INFORMACIÓN: <https://www.channelislandshigh.us/students-parents/community-schools>



CIHS OFFICIAL NEWSLETTER

CIHS *Holiday* SPIRIT

HAPPY *holidays*

with love from

THE CIHS COUNSELING TEAM
2024

Wish you a *Happy Holidays*

We hope your year has been filled with love, mindfulness, and joy. We wish you a beautiful holiday season filled with family, happiness and laughter

Rincon Wellness Peers

Happy Holidays

HAPPY
Holidays

FROM THE BEST CLERICAL STAFF



CIHS OFFICIAL NEWSLETTER

Winter Break

No Classes DEC 23 - JAN - 6

classes will continue
JAN 7, 2025



Vacaciones de Invierno

No hay clases DEC 23 - JAN - 6

las clases continuarán
JAN 7, 2025

las clases continuarán
JAN 7, 2025