

**GPHS**



# Swim Team

## Swim for us!

Swimming is a lifelong sport that gives you the opportunity to compete, make friends and get in shape.

**Whole  
Body  
Workout**

**Make  
Life Long  
Friends**

**Job  
Opportunities**

**Scholarship  
Opportunities**

### Skills

**Healthy Habits**

**Team  
Management**

**Team Building**

**Freestyle And  
Backstroke**

## Future Careers

With the skills and experience that you can obtain during Swim at GPHS you may want to pursue a career related to:  
Physical Therapist, Teacher, Coach.

