

GPHS



Wrestling

Wrestle for us!

The boy and girls wrestling teams are among the most successful programs and rewarding in the world. A discipline, family atmosphere building everlasting support system.

Learn discipline in all areas of life.

Implement a structure in all areas as a way to succeed.

Healthy competition learning to succeed as the only one responsible.

Get in the best shape of your life.

Skills

Develop structure for school and life

Successfully attain skills others can't

Physical wellness get in complete shape

Gain confidence both physical and mental

Future Careers

With the skills and experience that you can obtain during Wrestling at GPHS you may want to pursue a career related to: Wrestlers are some of the most hired applicants.

