





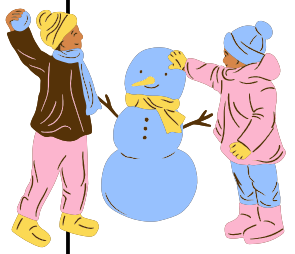




February 2025

Medford Public Schools 6-12 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burgers* or Veggie burgers* w/ Local Lettuce & Tomato & Pickles Veg Baked Beans Diced Peaches 3 	Beef & Cheese Nachos* Seasoned Black Beans Salsa & Sour Cream Fruit Selection 4	Early Release! Super Snack Pack Crackers* Beef Jerky Spicy sunflower seeds Chickpeas Apple juice 5 	Beef Pot Roast* Mashed Potatoes Roasted Carrots Dinner Roll* Local Apple 6	Mac & Cheese* Roasted Local Butternut Squash Garlic Bread* Mixed Berry cup 7 
Chicken or Vegan Chikn Patty Sandwich* w/ Local Lettuce Tomato Green Beans Mixed Fruit 10 	Pizza Crunchers* Local Garden Salad Pear Crisp 11 	Chicken and Broccoli Ziti* Garlic Bread* Fruit Selection 12	Chicken Tikka Masala Flatbread* Basmati Rice Roasted Broccoli Fruit Selection 13	Valentine's Day Heart Shaped Chicken Nuggets* Dutch Waffle* Cucumber Rounds Strawberry Cup 14 
 Winter Break! 				
NEW Halal Hot Dog* Veg Baked Beans Applesauce 24	French Toast Sticks* w/ Syrup Tater Tots Strawberry Cup 25 	Penne* w/ Meatballs Garlic Bread* Green Beans Baked Apples 26	Teriyaki Chicken Bowl Seasoned Brown Rice Fortune Cookie Broccoli Fruit Selection 27	Cheese or Pepperoni Pizza* Local Garden Salad Fruit Selection 28 

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.



Ovo-lacto vegetarian option

*Whole-grain rich item

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