BREAKFAST

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY.

FEBRUARY 2025

Cloverly, Emperor, La Rosa, Longden

Questions? Foodservices@tcusd.net This is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Whole Grain Cereal 3 Fruit & Milk Chicken Nuggets & Whole Grain Roll + Fruit Vegetables + Milk	Whole Grain Muffin 4 Fruit & Milk Beef Ravioli Pasta & Whole Grain Roll + Fruit Vegetables + Milk	<u>Whole Grain Concha</u> , 5 <u>Fruit & Milk</u> Beef Hot Dog on Whole Grain Bun + Fruit Vegetables + Milk	Whole Grain Waffle 6 Fruit & Milk Fish Sticks & Whole Grain Roll Fruit + Vegetables + Milk	<u>Whole Grain Donuts</u> 7 <u>Fruit & Milk</u> Whole Grain Pepperoni Bosco Stick Fruit + Vegetables + Milk
	HOLIDAY 10 NO SCHOOL	Whole Grain Muffin Fruit & Milk Beef/Meat Sauce Pasta & Whole Grain Roll + Fruit Vegetables + Milk	<u>Whole Grain Concha</u> 12 <u>Fruit & Milk</u> Chicken Burger on Whole Grain Bun + Fruit Vegetables + Milk	Whole Grain Waffle 13 Fruit & Milk Teriyaki Chicken & Brown Rice Fruit + Vegetables + Milk	Whole Grain Donuts 14 Fruit & Milk Whole Grain Pepperoni Pizza Fruit + Vegetables + Milk
	HOLIDAY 17 NO SCHOOL	Whole Grain Muffin 18 Fruit & Milk Mac and Cheese Pasta & Whole Grain Roll + Fruit Vegetables + Milk	<u>Whole Grain Concha</u> <u>Fruit & Milk</u> Cheese Beef Burger on Whole Grain Bun Fruit + Vegetables + Milk	Whole Grain Waffle 20 Fruit & Milk Beef Dippers & Veggie Roll/Crispy Noodles Fruit + Vegetables + Milk	Whole Grain Donuts 21 Fruit & Milk Mozzarella Cheese Pillow Pull Aparts + Fruit Vegetables + Milk
	Whole Grain Cereal 24 Fruit & Milk Chicken Nuggets & Whole Grain Roll + Fruit Vegetables + Milk	Whole Grain Muffin 25 Fruit & Milk Beef Ravioli Pasta & Whole Grain Roll + Fruit Vegetables + Milk	<u>Whole Grain Concha</u> , 26 <u>Fruit & Milk</u> Beef Hot Dog on Whole Grain Bun + Fruit Vegetables + Milk	Whole Grain Waffle 27 <u>Fruit & Milk</u> Orange Chicken & Brown Rice Fruit + Vegetables + Milk	Whole Grain Donuts 28 Fruit & Milk Whole Grain Pepperoni Bosco Stick Fruit + Vegetables + Milk

Daily 2ND Choice:

Peanut Butter and Jelly Sandwich or Yogurt, String Cheese, and Granola Vegetables: Baby Carrots, Cherry Tomatoes, Cucumber Slices, Celery Sticks, Zucchini Sticks, Corn, Garbanzo/Pinto/Black Beans Chopped Romaine Salad Fruits: Apple Slices/Whole, Cantaloupe Cubes, Pineapple Slices, Grapes, Plums, Pears, Oranges, Tangerines, Raisins, Cranberries, Applesauce Cups, Mixed Fruit Cups

Daily Milk Choice: Nonfat White Milk 1% Lowfat White Milk NonFat Chocolate Milk