



# FLAG



## LGSR NFL Flag Football

### LGSR NFL FLAG FOOTBALL

The LGSR NFL Flag Football League aims to provide a positive, supportive environment where players can learn the fundamentals and techniques of flag football while enjoying the game in a safe environment. Our program is designed to accommodate players at all skill levels

Grades: K-8th

Games will be played on Sundays, specific practice and games will be emailed once teams are finalized. Teams are comprised of a minimum of 8 and maximum of 10 players. Coaches will be provided.

For more info email

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