



Athletic Training Room Policies



1. **ALL athletes entering the athletic training room need to complete the COVID Screening form before receiving care. If you do not sign in, you are not here for treatment and will not get logged into Rankone.**
 - Athletes reporting “YES” to COVID questions will need to immediately alert Staff Athletic Trainers, athlete might be sent to nurse for additional follow up
2. **All athletes need to wash their hands before receiving care.**
3. **Only students receiving treatment will be allowed inside the athletic training room, no loitering.**
4. **Check in with your coaches at the beginning of the athletic period before coming into the athletic training room.**
5. **You must come into morning treatments unless other arrangements have been made.**
 - If space becomes an issue due to COVID guidelines, priority will be given to IN-SEASON sports and acute injuries.
6. **Treatment during the period is not permitted unless given prior permission.**
7. **No Shoes on the tables, and cleats are not allowed in the athletic training room**
8. **You must wear a shirt unless specified by the athletic trainer for treatment.**
9. **Please put your backpacks and bags either in your locker room or on the shelf by the taping tables.**
10. **Follow the instructions of the athletic training staff at all times. You are never allowed to treat yourself without permission.**
11. **No Cell phones, earbuds, headphones, or ipads in the athletic training room after COVID pre-screening has been completed.**
12. **If you have not been receiving treatment continually for an injury, then we will NOT be taping the injury unless deemed necessary by the athletic training staff**
13. **Ice bags and Gatorade sales will be conducted outside of door #7 immediately after each athletic period / practice.**
14. **Students are NOT permitted to cut through the athletic training room to get to the other side of the building.**
15. **Do not play with any equipment. If there is a problem with the equipment, please notify the staff athletic trainer as soon as possible.**
16. **If you need assistance after practice, come in quickly after you have changed. The athletic training room will close within 10-15 minutes after the last practice session.**
17. **If you are getting treatment, come every day until told not to. You may still need rehab even after your return to play.**
18. **Braces/sleeves are only given after an evaluation, and when deemed necessary. You will not be given one simply by asking for it. All bracing must be returned upon completion of use. If not, you must pay for it.**
19. **If you go to the doctor, you must bring back a doctor note stating any restrictions and/or clearance for you to return to play.**