Midland Independent School District

February 2025

High School Lunch

All Lunch meals come with a choice of Low Fat Milk or Fat Free Chocolate Milk, and the choice of Fruit of the Day or 100% Fruit Juice

Daily Options

- A rotating sandwich option each day. The available options include sunflower butter sandwich, Cheese sandwich, grilled cheese sandwich, and toasted turkey and cheese sandwich.
- Cheese & Pepperoni Pizza Basket

Menus Are Subject to Change Without Notice

MON	TUE	WED	THU	FRI
3 Breaded Beef Fingers Classic American Cheeseburger Dinner Roll Crinkle Cut Fries Sandwich Topper	4 Regular Corn Dog General TSO Chicken & Rice Carrot Sticks Cheesy Broccoli	5 Pork & Cheese Tamales Frito Pie Fiesta Salad Refried Beans	6 Cheesy Chicken Ranch Wrap Chicken Alfredo Garlic Breadstick Go Garden Salad Sliced Cucumber	7 WG Chicken Tenders Tachos Dinner Roll Baby Carrots Tater Tots
10 Spicy Chicken Sandwich Sandwich Sunbutter Fun Lunch Baby Carrots Crinckle Cut Fries	11 Boneless Chicken Wings Breaded Beef Fingers Dinner Roll Mashed Potatoes Savory Green Beans	12 Beef Nachos Three Cheese Enchiladas Charro Beans Fiesta Salad	13 Chef Salad Chicken Parmesan Garlic Breadstick Crinkle Cut Fries Sliced Cucumbers	14 Salisbury Steak Three Cheese Macaroni & Cheese Dinner Roll Buttered Carrots Mashed Potatoes
17	18 Mini Chicken Corndogs Honey Sriracha Chicken & Rice Cheesy Broccoli Buttered Carrots Dinner Roll	19 Beef, Bean & Cheese Burrito Chicken & Cheese Crispito Fiesta Salad Refried Beans	20 Pasta Bolognese Cheese Stuffed Breadstick Breadstick Go Garden Salad Sliced Cucumber	21 Country Steak Sandwich WG Breaded Mozzarella Sticks Sandwich Topper Potato Smiles
24 Buffalo Chicken Cavatappi Cricpy Popcorn Chicken Dinner Roll Carrot Sticks Crinkle Cut Fries	25 French Toast Sticks with Sausage Patty Toasted Cheese Sandwich Celery Sticks Cheesy Broccoli	26 Crispy Beef Tacos Totally Taco Triangles Charro Beans Fiesta Salad	27 Beef Lasagna Breaded Traditional Drumstick Garlic Breadstick Go Garden Salad Buttered Carrots	28 Macaroni & Cheese Spicy Chicken Sandwich Dinner Roll Mashed Potatoes Cheesy Broccoli

This Institution Is An Equal Opportunity Provider