


**Hampton Township School District**  
Middle School Breakfast Menu

# February 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on Whole Grain Muffin, WG Dutch Waffle, WG Mini Choc Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b></p> <p>You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (V)</b> <i>(Served with Graham Cracker)</i> Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Frosted Flakes, Lucky Charms</p> <p><b>Whole Grain PopTarts (V)</b> Chocolate, Cinnamon, Strawberry</p> <p><b>Whole Grain Muffin/ Loaf (V)</b> <i>(Served with Graham Cracker)</i> Blueberry, Chocolate, Chocolate Chip</p> <p><b>Whole Grain Donuts (V)</b> Blueberry, Chocolate, Glazed, Powdered</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>						
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<p><b>NOW HIRING</b></p> <p><b>Part Time &amp; Substitute Positions</b></p> <p>Email: <a href="mailto:ma1052@metzcorp.com">ma1052@metzcorp.com</a></p>		<p>Reminder:</p> <p><b>Breakfast is Free for All Students!</b></p> <p>Must Select a Complete Reimbursable Meal</p>									
<p><b>Your Team</b></p> <p>Jenna Ossler, General Manager 412.492.6390 <a href="mailto:ma1052@metzcorp.com">ma1052@metzcorp.com</a></p>			<p><b>Meal Prices</b></p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.50</td> </tr> </table>		Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.50	
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

