



| Monday | Tuesday | Wednesday | Thursday | Friday | Offered Daily |
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| 3 Toasted Cheese Sandwich (V) FEATURED VEGGIE Tomato Soup | 4 Beef Walking Taco w/ WG Nacho Cheese Doritos® Tortilla Chips Salsa & Sour Cream on Side FEATURED VEGGIE Steamed Black Beans | 5 WG Mini Potato & Cheese Pierogi w/ WG Garlic Toast (V) FEATURED VEGGIE Steamed Green Beans | 6 Meatball Hoagie on a WG Hoagie Bun FEATURED VEGGIES Steamed Green Peas | 7 WG Stuffed Crust Cheese Pizza (V) FEATURED VEGGIE Steamed Broccoli | <p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>Daily Alternates #2 WG Uncrustable PBJ w/ Cheese Stick & WG Roll (V) #3 Talbot Salad – Ham & Cheese Cups w/ WG Rolls #4 Chicken Tenders w/ WG Rolls</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p> |
| 10 WG Mini Pancakes with Sausage Patties FEATURED VEGGIE Steamed Carrots | 11 Turkey & Cheese on a Pretzel Roll FEATURED VEGGIE Oven Baked Crinkle Fries | 12 Penne Pasta w/ Meatballs Marinara Sauce & Breadstick FEATURED VEGGIES Steamed Green Beans | 13 Corn Dog on a Stick Treat: Sugar Cookie FEATURED VEGGIE Baked Beans | 14 NO SCHOOL Professional Development | |
| 17 NO SCHOOL President's Day | 18 Fajita Chicken & Cheese Soft Tacos on WG Tortillas Salsa & Sour Cream on Side FEATURED VEGGIE Steamed Corn | 19 General Tso's Chicken w/ Brown Rice FEATURED VEGGIE Steamed Broccoli | 20 BBQ Ribby on WG Bun FEATURED VEGGIE Baked Beans | 21 WG Big Daddy's® Cheese Pizza (V) FEATURED VEGGIE Steamed Green Peas | |
| 24 WG French Toast Sticks with Sausage Patties FEATURED VEGGIE Steamed Carrots | 25 Beef Nachos Grande w/ WG Tortilla Chips Salsa & Sour Cream on Side FEATURED VEGGIE Steamed Corn | 26 Penne Pasta w/ Breadstick Meat or Marinara Sauce FEATURED VEGGIE Steamed Green Beans | 27 WG Mini Corn Dogs FEATURED VEGGIE Baked Beans | 28 WG French Bread Cheese Pizza (V) FEATURED VEGGIE Steamed Broccoli | |
| NOW HIRING Part Time & Substitute Positions Email: ma1052@metzcorp.com | Reminder: Breakfast is Free for All Students! Must Select a Complete Reimbursable Meal | | | | |

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| <p>Your Team Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com</p> | <p>Meal Prices Student Lunch \$2.50 Reduced Lunch \$0.00 Faculty Lunch \$4.00</p> | |
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.