

Middle School

LUNCH Week 2	MONDAY 2/3	TUESDAY 2/4	WEDNESDAY 2/5	THURSDAY 2/6	FRIDAY 2/7
Signature	Rotini Pasta & Meatballs w/Marinara Buttered Green Beans Dinner Roll Fresh Fruit A Variety of Fluid Milks	Chicken Tex Mex Bowl Seasoned Ric, Corn, Salsa, Cheese, Lettuce Mandarin Oranges A Variety of Fluid Milks	<u>Breakfast for Lunch</u> Chicken & Belgium Waffle Cinnamon Glazed Carrots Fruit Cup A Variety of Fluid Milks	Mini Chicken Corn Dogs Potato Wedges Seasoned Broccoli Fresh Fruit A Variety of Fluid Milks	Pizza Crunchers w/Marinara Fresh Cucumber & Tomato Salad Applesauce A Variety of Fluid Milks
Pizza	Cheese Pepperoni Chicken Ranch	Cheese Pepperoni Pizza Quesadilla	Cheese Pepperoni Triple Cheese	Cheese Pepperoni BBQ Chicken	Pepperoni Pizza Bosco Sticks Calzone
Grill	Cheese Burgers Spicy Chicken BBQ Chicken Sandwich	Cheese Burgers Spicy Chicken Bosco Sticks	Cheese Burgers Spicy Chicken Steak Sandwich	Cheese Burgers Spicy Chicken Wings	Cheese Burgers Spicy Chicken Hot Dogs
Dos Manos	Daily Choice of: Bowl, Burrito, OR Nachos Protein Choices: Daily-Taco Beef or Fajita Chicken Assorted Salsa's (Corn Bean, Pico, Salsa Verde), Roasted Peppers & Onions, Sour Cream, Lettuce, Cheese, Jalapeno's, Olives				

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. – 8:50 a.m.	Cherry Frudel Fresh Fruit Fruit Juice A Variety of Fluid Milks	Mini French Toast Fresh Fruit Fruit Juice A Variety of Fluid Milks	WG Bagel w/WOW Butter Fresh Fruit Fruit Juice A Variety of Fluid Milks	Blueberry Muffin Cheese Stick Fresh Fruit A Variety of Fluid Milks	Cinnamon Pull-Apart Rolls Fresh Fruit Fruit Juice A Variety of Fluid Milks

MAKE IT A MEAL!

A meal includes grain, protein, fruit, vegetable and milk. Be sure to take at least three components of a meal (including ½ cup of fruit or vegetable) to receive our meal pricing!

GET THE APP!

Access menus right on your phone through the SchoolCafé app!

WE'RE HERE TO SERVE YOU!

Resident Director

Phone: 216-295-4289 or

Email: schindley_a@shaker.org

	GRADE RANGE
BREAKFAST	FREE 8:30 a.m. – 8:50am in the cafeteria
LUNCH	\$3.75
EXTRA MILK	\$.75

Questions or special requests regarding food sensitivities?

Contact us! We're happy to work together to support your student!

