



# FWISD High School Lunch Menu February 2025

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**3**  
Breaded Beef Fingers with Dinner Roll  
Spicy Chicken Chef Salad with Dinner Roll  
Mashed Potatoes with Gravy  
Celery Sticks

**4**  
Beefy Mac with Garlic Breadstick  
Turkey/Cheese Sandwich  
Eggoji Waffle with Sausage  
Pinto Beans  
Fresh Baby Carrots

**5**  
Bacon Cheeseburger  
Chicken Cobb Salad with Baked Pretzel  
Waffle Fries  
Garden Salad

**6**  
Chicken Alfredo with Garlic Breadstick  
Beef Nachos with Spanish Rice  
Spicy Buffalo Chicken Wrap  
Chicken Tenders with Dinner Roll  
Roasted Zucchini  
Fresh Baby Carrots

**7**  
Cheesy Grits and Chicken Tenders with Dinner Roll  
Southwest Baked Potato with Garlic Breadstick  
Chicken Tenders with Dinner Roll  
Chicken Potato Bowl with Dinner Roll  
Chicken Cobb Salad with Baked Pretzel  
Mashed Potatoes  
Fresh Cherry Tomatoes

**10**  
BBQ Chicken Fries with Garlic Breadstick  
Veggie Supreme Pizza  
Beef Nachos with Spanish Rice  
Chili Cheese Dog  
Turkey/Cheese Sandwich  
French Fries  
Steamed Carrots  
Pinto Beans

**11**  
BBQ Chicken Sandwich  
Boneless Buffalo Wings with Dinner Roll  
Mac and Cheese with Garlic Breadstick  
Popcorn Chicken with Dinner Roll  
Waffle Fries  
Fresh Baby Carrots

**12**  
Cheddar Cheese Nachos with Spanish Rice  
Powder Sugar French Toast Sticks with Sausage  
Turkey/Cheese Sandwich  
Pinto Beans  
Tater Tots

**13**  
Boneless Buffalo Wings with Dinner Roll  
Spicy Chicken Chef Salad with Dinner Roll  
French Fries  
Fresh Baby Carrots

**14**  
Chicken and Waffle  
Beefy Mac with Breadstick  
Meatball Flatbread  
Turkey Chef Salad with Baked Pretzel  
French Fries  
Celery Sticks  
Heart Cookie

**17**  
**No School!**

**18**  
Beef Nachos with Spanish Rice  
Orange Popcorn Chicken with Fried Rice  
Yogurt and Cheese Plate with Baked Pretzel  
Roasted Zucchini  
Glazed Carrots

**19**  
Chicken Potato Bowl with Garlic Breadstick  
Chicken Tenders with Dinner Roll  
Grilled Cheese Sandwich  
Turkey Chef Salad with Baked Pretzel  
Roasted Broccoli  
Fresh Cherry Tomatoes

**20**  
Southwest Baked Potato with Garlic Breadstick  
Chili Cheese Tamale with Spanish Rice  
Yogurt and Cheese Plate with Baked Pretzel  
Pinto Beans  
Fresh Cucumbers

**21**  
Chicken Po'boy  
Bacon Cheeseburger  
Turkey Chef Salad with Baked Pretzel  
French Fries  
Fresh Baby Carrots

**24**  
Walking Frito Pie  
Fish Sticks with Mac and Cheese  
Popcorn Chicken Salad with Garlic Breadstick  
Roasted Broccoli  
Celery Sticks

**25**  
Spicy Buffalo Chicken Wrap  
Beef Nachos with Spanish Rice  
Fiesta Tostada with Spanish Rice  
Pinto Beans  
Steamed Carrots

**26**  
Chicken Alfredo Pasta with Breadstick  
Breaded Beef Fingers with Dinner Roll  
Chili Cheese Dog  
Popcorn Chicken Salad with Dinner Roll  
Mashed Potatoes with Gravy  
Fresh Cherry Tomatoes

**27**  
Breaded Beef Fingers with Dinner Roll  
Spicy Chicken Chef Salad with Garlic Breadstick  
Mashed Potatoes with Gravy  
Celery Sticks

**28**  
Chicken Fried Rice  
Chili Cheese Dog  
Spicy Popcorn Chicken with Dinner Roll  
Spicy Chicken Chef Salad with Dinner Roll  
Roasted Broccoli  
Fresh Cherry Tomatoes

**This Month**  
Breakfast for Lunch!



**Offered Daily:** Cheese, Meat-Lover's, Buffalo Chicken, or Pepperoni Pizza, Hamburger, Cheeseburger, Spicy or Regular Chicken Sandwich, Seasonal Fresh or Canned Fruit, Milk

This Institution is an Equal Opportunity Provider