


<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
3 WG Golden Graham Bar/String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	4 WG Blueberry Nutri-Grain Bar 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	5 WG Mini Maple Waffles 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	6 WG Banana Chocolate Chunk Bar 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	7 WG Cheerios Bar WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk
10 WG Blueberry Muffin 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	11 Turkey & Cheese on WG English Muffin/ Jelly 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	12 WG Apple Strudel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	13 WG Chocolate Filled Crescent 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	14 WG Strawberry Nutri Grain Bar 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk
17 	18 WG French Toast 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	19 WG Graham Cracker String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	20 National Muffin Day WG Banana Muffin WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	21 WG Cinnamon Toast Crunch Bar WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk
24 WG Cherry Strudel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	25 WG Strawberry Cream Cheese Bagel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	26 Sausage & WG Biscuit Sandwich/Jelly 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	27 WG Super Donut 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	28 WG Apple Oatmeal Bar 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk

WG-Whole Grain
~Fresh Fruit and /or 100% Fruit Juice

~Fat Free and 1% Milk available

Breakfast is the MOST important meal of the day!



Menu may be subject to change

Any comments, questions, or concerns please contact the District Manager Katrice Randle at (708)868-7570 or by email krandle@organiclifeusa.com

Meals include rBST-free skim or 1% milk



