

Lunch Menu



Alexander Hamilton Sr High School



March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM



Monday

3  Mozzarella Sticks
With Marinara Sauce Dip
And Garlic Green Beans
And Mixed Fruit
Unflavored 1% Milk


10  Meatball Sandwich
Or Homemade Pasta & Meatballs
 Whole Wheat Dinner Roll
Sauteed Zucchini
Mixed Fruit
Unflavored 1% Milk



17  Homemade Shepherd's Pie
With Orange Glazed Carrots
And Mixed Fruit
Unflavored 1% Milk



24  Grilled Cheese Sandwich
Meltdown Café
 With Tomato Soup
Oven Baked Fries
crispy fries baked to perfection
And Mixed Fruit
Unflavored 1% Milk

31   Homemade Mac & Cheese
pasta in cheese sauce, garnished with parsley
With Steamed Peas
And Mixed Fruit
Unflavored 1% Milk

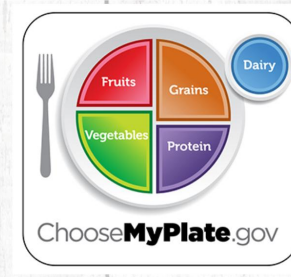
Tuesday

4  Chicken Lo Mein
tender chicken sauteed with vegetables and lo mein noodles
 With Stir Fry Vegetables
And Mixed Fruit
Unflavored 1% Milk

11  General Tso's Chicken
crispy chicken with broccoli in General Tso's sauce
 Vegetable Fried Rice
With Steamed Carrots
And Mixed Fruit
Unflavored 1% Milk

18  Seared Dumplings
Vegetable Fried Rice
With Steamed Carrots
And Mixed Fruit
Unflavored 1% Milk

25  Chicken Teriyaki
tender chicken marinated in teriyaki sauce and sauteed with vegetables
 With Brown Rice
And Stir Fry Vegetables
And Mixed Fruit
Unflavored 1% Milk



Wednesday



5  Philly Cheese Steak
 With Sweet Potato Fries
crispy sweet potato fries baked to perfection
And Sauteed Zucchini
And Mixed Fruit
Unflavored 1% Milk



12 Barbecue Rib Sandwich
warm BBQ rib patty on a bun prepared in-house
With Sweet Potato Fries
And Baked Beans
And Mixed Fruit
And Unflavored 1% Milk


19  Peruvian Roasted Chicken
chicken roasted in Peruvian style spices
With Yellow Rice
And Baked Plantains
Maduros
Mixed Fruit
Unflavored 1% Milk



26  Bacon Cheeseburger
 With Oven Baked Fries
And Sauteed Onions & Peppers
And Mixed Fruit
Unflavored 1% Milk
NEW

Thursday

6  Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
 With Black Beans
And Mixed Fruit
Unflavored 1% Milk

13  Chicken & Cheese Quesadilla
Or Cheese Quesadilla
 With Mild Salsa
And Sour Cream
And Fiesta Corn
And Mixed Fruit
Unflavored 1% Milk


20  Chicken Fajita
seasoned chicken
With Rice & Beans
And Fiesta Corn
Mild Salsa
And Mixed Fruit
Unflavored 1% Milk



27  Texas Style Chili
 With Baked potato
Potato that is baked in the oven with a little oil and salt.
And Orange Glazed Carrots
And Mixed Fruit
And Unflavored 1% Milk

Friday

7  Homemade Pesto Pasta
with Chicken
With Whole Wheat Dinner Roll
And Sauteed Spinach
seasoned spinach sauteed in oil
Mixed Fruit
Unflavored 1% Milk

14  Homemade Roasted Pepper
& Chicken with Pasta
 With Whole Wheat Dinner Roll
And Sauteed Spinach
Mixed Fruit
Unflavored 1% Milk

21  Crispy Tacos
Black Beans
Salsa
Sour Cream
And Mixed Fruit
Unflavored 1% Milk

28   Homemade Baked Pasta
with Cheese
With Whole Wheat Dinner Roll
And Caesar Salad
And Mixed Fruit
Unflavored 1% Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

For any food allergies or concerns, please contact the food service

Milton

Silva

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 Vegetarian  Natural Ingredients

Alternate Daily Offerings:

*Chef's Special on the hot line
Made to order sandwiches, paninis & salads in our deli, Burgers, Chicken Patty Sandwiches, Specialty Pizzas*

ALL MEALS SERVED W/ FRUIT, VEGETABLE & LOW FAT MILK

 Pork

 Smart Choice

 Made With Organic Ingredients