Breakfast Menu

Carl L. Dixson Primary School

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM				
Monday	Tuesday	Wednesday	Thursday	Friday
Or Apple Cinnamon Cheerios Cereal With Graham Crackers And Fresh Fruit Cup Unflavored 1% Milk	Bagel with String Cheese With Margarine Or Cream Cheese With Mixed Fruit And Unflavored 1% Milk	5 Yogurt Breakfast Pack yogurt served with a whole grain side and fruit Fresh NY Local Apple WG Honey Graham Crackers With 100% Apple Juice	6 Grab & Go Blueberry Muffin Pack Banana Muffin Light Mozzarella Cheese Stick With Fresh Fruit Cup Unflavored 1% Milk	7 Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Orange With Unflavored 1% Milk Or Fat Free Chocolate Milk
Or Apple Cinnamon Cheerios Cereal With Graham Crackers And Fresh Fruit Cup Unflavored 1% Milk	Bagel with String Cheese With Margarine Or Cream Cheese With Mixed Fruit And Unflavored 1% Milk	12 Yogurt Breakfast Pack yogurt served with a whole grain side and fruit Fresh NY Local Apple WG Honey Graham Crackers With 100% Apple Jun	13 Grab & Go Blueberry Muffin Pack Or Banana Muffin And Light Mozzarella Cheese Stick With Fresh Fruit Cup Unflavored 1% Milk	Whole Grain French Toast Slices whole grain slices of French toast baked to perfection Fresh Orange With Unflavored 1% Milk Or Fat Free Chocolate Milk
Cheerios Cereal Apple Cinnamon Cheerios Cereal With Graham Crackers And Fresh Fruit Cup Unflavored 1% Milk	18 Bagel with String Cheese With Margarine Or Cream Cheese With Mixed Fruit And Unflavored 1% Milk	19 Yogurt Breakfast Pack yogurt served with a whole grain side and fruit Fresh NY Local Apple WG Honey Graham Crackers With 100% Apple Juice	20 Grab & Go Blueberry Muffin Pack Banana Muffin Light Mozzarella Cheese Stick With Fresh Fruit Cup Unflavored 1% Milk	Whole Grain French Toast Slices Whole grain slices of French toast baked to perfection Fresh Orange Unflavored 1% Milk Free Chocolate Milk
Cheerios Cereal Apple Cinnamon Cheerios Cereal With Graham Crackers Unflavored 1% Milk	Bagel with String Cheese With Margarine Or Cream Cheese With Mixed Fruit And Unflavored 1% Milk	26 Yogurt Breakfast Pack yogurt served with a whole grain side and fruit Fresh NY Local Apple WG Honey Graham Crackers With	27 Grab & Go Blueberry Muffin Pack Pack Light Mozzarella Cheese Stick Banana Muffin	Whole Grain French Toast Slices Whole grain slices of French toast baked to perfection Fresh Orange Unflavored 1% Milk Fat Free Chocolate Milk

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31 Cheerios Cereal

> Apple Cinnamon Cheerios Cereal

And Fresh Fruit Cup

With Graham Crackers And Fresh Fruit Cup Unflavored 1% Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



100% Apple Juice

For any food allergies or concerns, please contact the food service manager:

Milton Silva Silvam@whitsons.com Made With
Natural Ingredients



Unflavored 1% Milk

With Fresh Fruit Cup

All breakfast meals will be served with: fresh fruit & 1% milk or fat free chocolate milk





