# TigerTimes

Sherrard Jr/Sr High Newsletter

February 2025

Tim Wernentin, High School Principal Brady Stromquist, Jr. High Principal

#### February 5

Mr. SHS - 7p Booster Club Meeting - 6p

#### February 12

Early dismissal - 1p NHS Induction - 6p

#### February 17

No School

#### February 19

School Board Meeting - 6p

#### February 20

BJ Luxmore Blood Drive - 8a-1p

#### February 22

Sadie Hawkins Dance - 7:30-10:30p

#### February 26

Early dismissal - 1p

#### Febraury 28

Post Prom Bingo - 6p

#### **Athletics / Activities**

Get up to date athletic and activities schedules on the Sherrard SNAP! website:

https://schools.snap.app/SherrardHS

#### Principal's Note

Greetings from the main office! I hope your February is off to a good start! Thank you for your patience and understanding with the recent weather adjustments. As you likely are aware, many factors are considered on weather related school cancellations and dismissals, but please know much thought and conversations with area school districts occurs prior to any determination.

You may have noticed that semester report cards were mailed home as an effort to keep you informed of your student's progress. Third quarter progress report will be provided to the students (not mailed home) after spring break and we will mail home final report cards in June. At any time, you may contact your student's counselor for a copy.

We are currently completing our 2025-26 registration process. Parent/guardian signatures are required prior to final enrollment in courses. I encourage you to review our Registration Guide and sample schedules at <a href="https://shs.sherrard.us/departments/academiccounseling-center/registration">https://shs.sherrard.us/departments/academiccounseling-center/registration</a>.

Thank you for your continued support at the many SHS activities! As always, we have high attendance at our athletic, music, and other events. Winter season IHSA tournaments are right around the corner and we encourage you to support your Tigers!

Some other dates for you to remember:

- · Early dismissals on February 12 and 26
- No school on February 21
- Parent/Teacher conferences March 6 and 7
- Spring Break is March 10-14

shs.sherrard.us •sjhs.sherrard.us



Sherrard Jr/Sr High School 4701 176th Avenue Sherrard, IL 61281 High School 309.593.2175 Jr. High 309.593.2135

February 2025

#### Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements: <a href="https://www.youtube.com/results?search\_query=sherrard+morning+announcements+TV">https://www.youtube.com/results?search\_query=sherrard+morning+announcements+TV</a>

You may also want to connect to our District social media accounts.

#### Facebook:

https://www.facebook.com/sherrardschooldistrict -

Facebook ID is "Sherrard School District"

#### Instagram:

https://www.instagram.com/sher-rardschooldistrict/

Handle is SherrardSchoolDistrict

#### Twitter:

https://twitter.com/home Handle is @SherrardSchools



Educationally yours, Tim Wernentin, Principal

#### JH Principal's Notes

We are about a month into our second semester. By now, students should be getting into a pretty good groove within their classrooms. If you have any questions or concerns about your student's academic performance, please reach out to their teacher and do not hesitate to address any concerns that you may have.

We are committed to supporting the academic, social, and emotional development of all our students. As part of this commitment, we will be conducting a Social-Emotional Learning (SEL) screener for all 7th graders to better understand and address students' needs. A letter was emailed to the primary parent email contact on file with the school that has more information. Please check your email. If you have any questions, please contact the JH Counselor, Jillian Kennedy. kennedy. jillian@sherrard.us

Eighth grade students should have all completed their course requests for their Freshman year over the last week of January. If you have any questions, please contact the HS Counselor, Stacey Blackwell. blackwells@sherrard.us

Students will have the opportunity to attend a JH Dance after school later in the second semester. There was some confusion as to who could and couldn't attend the first one. To clarify that for the second semester:

- Only Sherrard 7th and 8th grade students are allowed to attend, no guests.
- Students must be in good academic standing to attend, which means they cannot be failing more than one class.
- Students that have served an out of school suspension will not be allowed to attend.
- Students that have served more than one day of in school suspension will not be allowed to attend.



February 2025

#### Student of the **Month**

#### HIGH SCHOOL

**English:** Garrett Barnes Math: Maxx Starcevich Science: Riley Robinson Social Studies: Ethan Turner Vocational: Olivia Cuellar Fine Arts: Grace Tucker PE/Health: Violet Meskan **Business:** Claire DeHamer Special Forces: Maya Haynes

JUNIOR HIGH - December

English: Larry Bernauer III Science: Ellie Hampton PE/Health: Hunter Shemek Math: Eliza Gustafson Vocational: Aleah Hillery Fine Arts: Savanna Brieser Service: Paige Hollins Striving for Excellence:

Nate Pratt

JUNIOR HIGH - January

English: Brooklyn Relander Science: Roxann Brieser Social Studies: Jaxon Silvia PE/Health: Lucy Brown Math: Braelyn Smith Vocational: Liam Arnold Fine Arts: Kyla Fowler Service: River Ploog Striving for Excellence:

**Makenly Cameron** 

Students must be present at school the full day of the dance, with the exception of those that arrive late or leave during the day for an appointment and submit a doctor's excuse for the time they missed.

We are in the middle of Cold and Flu Season. Reminder that if your child is not coming to school because of illness, be sure that you call the Junior High Office by 8am. Failure to do so could result in your student being marked as an unexcused absence. If you take your student to the doctor for any reason, please remember to bring back the doctor's excuse.

Our number one goal is for your student to get the best education possible. Together we can make this attainable. Do not hesitate to reach out if you have any questions. I look forward to working with you.

Sincerely, Brady Stromquist, JH Principal



#### **DENTAL CLINIC & DENTAL EXAMS**

The State of Illinois requires dental exams for all 9th grade students. Students currently in 9th grade are required to have a completed dental exam dated after November 15, 2023

or a waiver on file by May 15, 2025.

There are plans to host a dental clinic in the school district in the spring during the school day. Mercer County Health Department arranges for a dentist to come. Only students with completed parental permission forms will be seen. Call the school nurse at 593-2175 for questions or if you wish for your child to participate in the clinic. Students in all grades may participate in the clinic.



Dental forms or waivers are available on the district website www.sherrard.us Select **Departments**, then **health services**, then health forms.

February 2025

#### **Tiger Closet**

We have kept our Amazon Wish List up to date, but we know many are not Amazon shoppers and would still like to contribute. Here is a list of our "greatest needs." As always, we appreciate everyone's support, this labor of love wouldn't be possible without the community support we receive.

#### Needs:

- Laundry detergent
- Laundry stain remover
- Dryer sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, click here for it.

If you have any questions you can contact:
Vanessa Schulenberg at schulenbergv@sherrard.us or Erin DeKeyrel at dekeyrele@sherrard.us.



If you want to laugh until your side hurts, come out to the Mr. SHS pageant and watch some of Sherrard's finest upperclassmen strut their stuff. It's sure to entertain everyone. February 5th at 7 p.m. in the high school auditorium. And it's a mere \$5 for such great entertainment. You don't want to miss out!

#### **Blood Drive**

The All School Senate's Annual BJ Luxmore Blood Drive will be Thursday, February 20th from 8am-1pm in Gym 2. See the flyer at the end of the newsletter for info to sign up.

#### **Sadie Hawkins Dance**

Sophomore Senate is throwing a Valentine's Day themed Sadie Hawkins Dance on Saturday, February 22nd in Gym 2 from 7:30-9:30p.m. This high school only event will help to raise money for the 2025 prom! Tickets will be available for \$10 (cash only) during B and C lunch from 2/18 - 2/21. The dance is a semi-formal and students should bring cash if they wish to purchase drinks, snacks or baked goods at the event. Outside date forms may be picked up in the high school office and are due Wednesday, February 19th.

#### 7th Grade Field Trip

Junior high 7th grade field trip is tentatively set for Wed April 23. Further details will be sent out as they become available. Since this is a full day trip to Nahant Marsh, please avoid scheduling any appointments for your student that day as they will be out of the building! THANK YOU!



#### **Post Prom Bingo**

The Post Prom Committee is excited to announce that Post Prom Bingo will be held on Friday, February 28 at the high school. Doors open at 5:30 with BINGO at 6pm. This is our main fundraiser for Post Prom and we need your help and support! Please plan to attend. There will be cash prizes for the winners in each round of BINGO, raffle items, and concessions. We are taking table reservations through February 25th for \$60 which will include BINGO cards and seating together for 6. If you'd like to book a spot early, contact Jen Diehl at <a href="mailto:diehlj@sherrard.us">diehlj@sherrard.us</a>. Reservations can be made payable to **Royal Neighbors Chapter 20115**.

The committee is looking for BINGO night donations, including raffle items and cash donations to sponsor the BINGO prizes. If you would like to donate or be a cash prize sponsor for a round of BINGO, please contact Jen Diehl at <a href="mailto:diehli@sherrard.us">diehli@sherrard.us</a>.

\*BINGO night monetary donations can be made payable to **Royal Neighbors Chapter 20115**.





#### **NHS**



Earlier this month, our superintendent, Dr. Johnson, came to talk during our monthly lunch meetings about character and leadership.







The National Honor Society's donation drive has kicked off in the new year. We began with our Stinky Pits Night for deodorant and Cover the Butts night for all-size diapers at home athletic events. Stay tuned for the upcoming Squeaky Clean Night in February where we will collect body wash, shampoo, conditioner, etc. We also kicked off the donation drive at Sherrard Elementary School for personal hygiene items. A group of NHS students created a skit to perform at the kickoff assembly.

February 2025

## SOCIAL/EMOTIONAL INFORMATION:

February is a great time to focus on self-love. Start small by incorporating a few simple self-care practices into your daily routine. You'll be surprised at the difference it can make!

- Practice mindfulness:
   Engage in deep breathing exercises or meditation.
- **Prioritize sleep**: Aim for 7-9 hours of quality sleep each night.
- Connect with loved ones: Spend time with friends and family.
- Engage in physical activity: Find activities you enjoy, such as sports, dancing, or walking.
- Set realistic goals:
   Break down large goals into smaller, manageable steps.

We will continue to counsel students both socially/emotionally and academically. Students and parents can reach out via email if they have any questions or concerns. Meetings can be held in person, or via Zoom, Google Meet, etc.

#### From the HS Counseling/Academic Center:

#### ACADEMIC INFORMATION:

#### **Assessment Information:**

Illinois state assessments will be administered on <u>March 26, 2025</u>. Freshmen will take the PreACT 9 Secure.

Sophomores will take the PreACT Secure.

Juniors will take the state-required ACT exam.

All students have access to free practice questions and full exams through the TestNav app on their Chromebooks.

Seniors have the option of a college visit or job shadow on testing day if possible.

#### Senior Parents:

Reminder that the FAFSA is required by the State of Illinois this year. If you do not want to complete the FAFSA, we will be sending out and collecting a non-participation form in the spring. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans and work-study funds. FAFSA Website: <a href="https://studentaid.gov/h/apply-for-aid/fafsa">https://studentaid.gov/h/apply-for-aid/fafsa</a>
Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <a href="https://studentaid.gov/fsa-id/create-account/launch">https://studentaid.gov/fsa-id/create-account/launch</a>

If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

#### Scholarships:

Available scholarships are posted on the High School website - click <u>HERE</u> to access that page. Students also have access in the Senior Google Classroom.

#### **Transcripts:**

Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!



Thanks!
Mrs. Blackwell and Mrs. Drish blackwells@sherrard.us drishju@sherrard.us

# 2025-2026 IMMUNIZATION REQUIREMENT FOR TWELFTH GRADE

\*This information and a copy of students' immunization records will be included in the registration information which will be sent home with 11 th grade students in January.

All students entering the **12th grade** shall show proof of having received two doses of the **meningitis vaccine** prior to entering the **12th grade**. The first dose shall have been received on or after the **11th birthday**, and the second dose shall have been administered on or after the **16th birthday**, and at least eight weeks after the first dose. If the first dose is administered when the child is 16 years of age or older, only one dose is required.

STUDENTS NOT IN COMPLIANCE WITH IMMUNIZATION REQUIREMENTS WILL BE EXCLUDED FROM SCHOOL ACCORDING TO SCHOOL CODE AND DISTRICT POLICY. Please provide verification of vaccines by the first day of school. Students not in compliance by October 15, 2025 will be excluded until requirements are met.

\*\*\*NOTE: This must be the Meningococcal vaccine (Menactra or Menveo). The Meningitis B Vaccine otherwise known as Trumenba or Bexsero does not meet this requirement. Some pharmacies such as Walgreens have administered the Meningitis B vaccine instead of the Meningococcal Vaccine.

Notices regarding the need for the vaccine have been given to the students during their registration meeting. Please contact the school nurse if you do not receive this information from your student.



# NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 25-26

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district website <u>www.sherrard.us</u>, go to <u>Departments</u> and select <u>Health</u> <u>Services</u>, <u>Health Forms</u> and <u>Student Physical Form</u>.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. Chiropractors MAY NOT perform school or sports physicals.
- Parents or guardians are required by state law to complete and sign the health history portion on the back of the physical form.
- Sports physicals will not fulfill this requirement. The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2025 will need another sports physical by April 1 of 2026, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school vear.
- A copy of your child's immunization record may be required by the health care provider.
- STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS. Completed physicals must be turned in by 10/15/25 or students will be excluded until physicals are completed.

#### **Dental Requirement**

All 9th grade students must have a current dental exam dated after 11/15/24 or waiver completed by May 15, 2026. Forms are available on the district web site, select **Departments**, **Health Services**, and **Health Forms**. Health Requirement information and physical forms will be given to parents at the registration meeting on Jan. 14, 2025. The remaining forms were given to the students whose parents were not in attendance at the meeting. Please contact the school nurse if you did not receive the information.





### **Sherrard High School**

Thursday, February 20th Gym 2

To book your appointment, see a member of All School Senate, Ms. Zippe, or scan the QR code.

8:00am - 1:00pm



# FEBRUARY 2025

#### Sherrard School District PreK-12 Breakfast Menu

Menu Subject to Change This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Applications for free/reduced meals are available at each attendance center or on the district website.		Early Dismissal Days February 12 <sup>th</sup> & 26 <sup>th</sup>	
Fruit Frudel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Bagel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Waffles/Syrup ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Banana Loaf ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Sausage Pancake Bites  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice
Mini Cinnis ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Cereal Bowl Snack Cookie ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Bagel ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Whole Grain Poptart  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice	Fruit Frudel  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice
No School 17	Mini Pancakes/Syrup  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice	Cinnamon Crunch Bar 19 1/2 Cup Fruit 1/2 Cup 100% Juice Milk Choice	National Muffin Day 20 Muffin ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Cereal Bowl Cheese Stick ½ Cup Fruit ½ Cup 100% Juice Milk Choice
Whole Grain Poptart  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice	French Toast Sticks/Syrup5 ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Egg & Cheese Omelet Goldfish Crackers ½ Cup Fruit ½ Cup 100% Juice Milk Choice	Mini Pancakes/Syrup  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice	Grape Filled Crescent  ½ Cup Fruit  ½ Cup 100% Juice  Milk Choice

# FEBRUARY 2025

#### Sherrard School District Jr-Sr High Lunch Menu

Menu Subject to Change This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Applications for free/reduced meals are available at each attendance center or on the district website.		Early Dismissal Days February 12 <sup>th</sup> & 26 <sup>th</sup>	
Grilled Chicken OR Breaded Chicken/Bun Corn - Carrots Applesauce Milk Choice	Chicken Tenders Celery – Green Beans Peaches Sunchips Milk Choice	Pulled Pork/Bun Baked Beans Sweet Fries Sliced Apples Milk Choice	Tenderloin/Bun Tater Tots Carrots Grapes Milk Choice	Chicken Alfredo Breadstick Broccoli – Veg. Slushy Mixed Fruit Milk Choice
Toasted Ravioli Marinara Cheese Stick Celery - Peaches Milk Choice	Tacos Fiesta Beans Salad w/tomatoes Strawberry Cup Milk Choice	Cheeseburger/Bun Corn Carrots Applesauce Milk Choice	4 Cheese Tortellini Marinara Breadstick – Broccoli Garlic Peas - Pears Milk Choice	Quesadilla Refried Beans Tater Tots Pineapple Milk Choice
No School 17	Chicken Fried Steak Mashed Potatoes/Gravy Dinner Roll Carrots - Applesauce Milk Choice	Crispitos Fiesta Beans Celery Slices Apples Milk Choice	Meatball Sub Fries Broccoli Mixed Berry Cup Milk Choice	Bacon Scramble Pizza Tater Tots Carrots Pineapple Milk Choice
Cheese Dippers Marinara Broccoli – Green Beans Mixed Fruit Milk Choice	Popcorn Chicken Salad w/tomatoes Corn Peaches Milk Choice	Hamburger/Bun Carrots Garlic Peas Sliced Apples Milk Choice	Hot Dog/Bun Fries Chili Beans Carrots - Applesauce Milk Choice	French Bread Marinara Tater Tots Celery - Pears Milk Choice