



LANCASTER COUNTRY DAY SCHOOL

LCDS Youth Lacrosse Information (Grades 3-8) - Spring 2025

Registration Deadlines

To register for the Spring 2025 Youth Lacrosse season, click [here](#). Students must be registered in FamilyID in order to participate in practice. Registration deadline is Wednesday March 12, 2025 at 11:59 PM.

Start Date

Youth lacrosse practice will begin the week of March 10, 2025. The Head Coach will determine the exact start date and communicate with players and parents.

Youth Lacrosse Coaches Needed

We are in need of youth lacrosse coaches, especially on the boys side. If anyone is interested in serving as a coach, please contact the LCDS Athletic Office. Also, we have not sponsored a 10U (Grades 3/4) and 12 U (Grades 5/6) boys teams the past two seasons, and we expect our numbers to be low again this year. Parents may want to consider **registering for lacrosse in their home districts.**

- Head Girls' 7/8 Lacrosse - Michaela Bernek (michaelabernek@gmail.com)
- Assistant Girls' 7/8 Lacrosse - Bella Mansi
- Head Girls' 5/6 Lacrosse - Carrie Martens (martensc@lancastercountryday.org)
- Assistant Girls' 5/6 Lacrosse - Shelby Lamar
- Head Girls' 3/4 Lacrosse - Open
- Assistant Girls' 3/4 Lacrosse - Open
- Head Boys' 7/8 Lacrosse - Colton Dils
- Assistant Boys' 7/8 Lacrosse - Open
- Boys' 5/6 Lacrosse - TBA
- Assistant Boys' 5/6 Lacrosse - TBA
- Head Boys' 3/4 Lacrosse - TBA
- Assistant Boys' 3/4 Lacrosse - TBA

Required Paperwork

For information regarding required participation forms and other paperwork click [here](#).

Non-LCDS Student/Athlete Information

Student-athletes in grades 7 & 8 who are not enrolled in LCDS must submit a PIAA CIPPE Form (Sections 1-7), PIAA Recertification Form (Section 8) or PIAA Physician's Recertification Form (Section 9). To access and/or download the forms, click [here](#).

Practice Schedules

Once a student is successfully registered in FamilyID, the Head Coach will contact via email with information regarding the upcoming season. Please keep in mind practice times are subject to change throughout the season, and Head Coaches will communicate via email, text and/or social media on a weekly basis. If you have personal conflicts with the calendar, please contact the Head Coach directly as soon as possible.



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Tentative Youth Lacrosse Practice/Game Day Schedule

Practice time is 3:15 PM - 5:15 PM

TEAM	MON	TUE	WED	THU	FRI	SAT/SUN
7/8 B Lax	TBA	TBA	TBA	TBA	TBA	Games
5/6 B Lax	TBA	TBA	TBA	TBA	TBA	Games
3/4 B Lax	TBA	TBA	TBA	TBA	TBA	Games
7/8 G Lax	TBA	TBA	TBA	TBA	TBA	Games
5/6 G Lax	TBA	TBA	TBA	TBA	TBA	Games
3/4 G Lax	TBA	TBA	TBA	TBA	TBA	Games

*practice dates are tentative and will depend on coach availability

Game Schedules Information

Youth lacrosse teams participate in the area community-based associations, [Lancaster Lebanon Youth Lacrosse League](#) (boys) and the Tri-County Youth Lacrosse League (girls). The LLYLL has not released any information regarding the upcoming season. We will share information as it becomes available. Tri-County is currently working on game schedules.

Due to a shortage of lacrosse officials, all youth girls' lacrosse games will be played on Saturdays and Sundays on the following weekends.

- Weekend of March 22nd--Play Day #1
- Weekend of March 29th--Play Day #2
- Weekend of April 5th--Hempfield Tournament
- Weekend of April 12th --Play Day #3
- Weekend of April 19th--NO LEAGUE GAMES (teams can schedule games on their own)
- Weekend of April 26th --Play Day #4
- Weekend of May 3rd--Rock the Cages at Manheim Twp
- Weekend of May 10th--Play Day #4 (we will try to avoid playing on Mother's Day)
- Saturday, May 17th--Lady Laxers Tournament



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Youth Lacrosse Fees

There is a fee for students playing in our community-based youth lacrosse programs. These monies are used to defray costs associated with the local youth lacrosse league (i.e. Officials' fees, tournaments, etc.). **The fee to play this year will remain at \$75 per player.** The LCDS Business Office will add the fee to LCDS students accounts (MyBackpack) in mid-April. Non-LCDS students should submit a check made payable to "LCDS" (please include student name and lax level in the memo line) and hand it to the Head Coach.

Per LLYLL and LAGLA guidelines, all youth lacrosse players are required to become a member of U.S. Lacrosse. For more information, visit the [US Lacrosse website](#).

Lacrosse Equipment

It is the responsibility of each lacrosse player to be fully and properly equipped for the season. Players are on their own to purchase helmets, sticks, EKG certified chest protector and cleats. LCDS will provide sticks/equipment for goalkeepers only at the youth levels. Locally, Soccer Post, formerly Angelo's Soccer Corner, (360 Steel Way #1, Lancaster PA 17601) or Play It Again Sports (411 Granite Run, Lancaster PA 17601) have served our community well over the years. LCDS does have a select inventory of lacrosse equipment available for player use if necessary (communicate with the coach).