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# LANCASTER COUNTRY DAY SCHOOL

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## **LCDS Spring Sports Update: January 24, 2025**

### **2025 Spring Sports Start Dates**

- US Sports (including co-op sports) - Monday March 3, 2025
- Boys Tennis - Monday March 10, 2025
- Lancaster West Track & Field (formerly Reynolds MS T&F) - Monday March 10, 2025

### **Registration Deadlines**

All registration is done through Arbiter Sports/FamilyID. Students must be registered in Arbiter/FamilyID in order to participate. To register for the 2025 Spring Sports season, click [here](#). Registration deadlines are as follows:

- US Boys' Lacrosse - Friday February 28, 2025 at 11:59 PM
- US Girls' Lacrosse - Friday February 28, 2025 at 11:59 PM
- JPM Baseball, Softball, Track & Field, Boys' Volleyball - Friday March 1, 2025 at 11:59 PM
- US Boys' Tennis - Friday March 7, 2025 at 11:59 PM
- Lancaster West Track & Field - Friday March 7, 2025 at 11:59 PM

If the registration deadline is missed, please contact the LCDS Athletic Office.

### **Spring Sports Coaching Information**

- US Boys' Tennis - Chris Wilson ([wilsonc@lancastercountryday.org](mailto:wilsonc@lancastercountryday.org))
- US Girls' Lacrosse - Mike Chadwick ([chadwickm@lancastercountryday.org](mailto:chadwickm@lancastercountryday.org))
- US Boys' Lacrosse - Nick Best ([bestn@lancastercountryday.org](mailto:bestn@lancastercountryday.org))
- JPM Softball - Samantha Lichtner ([snlichtner@gmail.com](mailto:snlichtner@gmail.com))
- JPM Track & Field - Derek Jennings ([dcjennings@sd lancaster.org](mailto:dcjennings@sd lancaster.org))
- JPM Baseball - Gilbert Vega ([gilbertbvega@gmail.com](mailto:gilbertbvega@gmail.com))
- JPM Boys' Volleyball - Nate Lyons ([nplyons@sd lancaster.org](mailto:nplyons@sd lancaster.org))
- Lancaster West Track & Field - Eric Anderson ([eranderson@sd lancaster.org](mailto:eranderson@sd lancaster.org))

### **Required Paperwork**

For information regarding required participation forms and other paperwork click [here](#). Upper School student-athletes who submit required paperwork after Wednesday February 26, 2025 *may* not be eligible to participate on the first official day of practice.

### **Non-LCDS Student/Athlete Information**

Student-athletes in grades 7-12 who are not enrolled in LCDS must submit a PIAA CIPPE Form (Sections 1-7), PIAA Recertification Form (Section 8) or PIAA Physician's Recertification Form (Section 9). To access and/or download the physical forms, click [here](#).



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## **Practice Schedules**

The first official day of practice per PIAA rules for Upper School programs is Monday March 3, 2025. Upper school practices will be held on a daily basis, as well as some Saturdays. Once a student is successfully registered, the Head Coach will contact via email with information regarding the upcoming season. Please keep in mind practice times are subject to change throughout the season, and Head Coaches will communicate via email, text and/or social media on a weekly basis. If you have personal conflicts with the calendar, please contact the Head Coach directly as soon as possible.

## **Game Schedules**

Head Coaches will distribute game schedules to parents and players. More information regarding game schedules for US Boys/Girls Lacrosse and US B Tennis is available on LCDS Athletics website under [LCDS Team Pages](#), and [Arbiterlive](#). Enter Lancaster Country Day, select your team and sign up to receive real time updates and cancellations.

Schedules for JPM Baseball, Softball, T&F are available on [Arbiterlive](#). Enter "JP McCaskey", click on "JP McCaskey High School Campus", select your team and sign up to receive real time updates and cancellations.

The schedule for Lancaster West Track & Field is available on [Arbiterlive](#). Enter "Lancaster John F. Reynolds Middle School", click on the correct option, select your team (Boys or Girls 7/8/9th) and sign up to receive real time updates and cancellations.

## **Spring Sports Online Stores**

Coming soon!

If you have any questions or concerns, please feel free to visit the [LCDS Athletics website](#), contact Head Coaches, or Zac Kraft ([kraftz@lancastercountryday.org](mailto:kraftz@lancastercountryday.org)).

Go Cougars!