

Barbers Hill Independent School District - Student Health Advisory Council

Date: January 27, 2025

Members Present: Marilyn Block, Makayla Emmons-Smith, Lesley Gershmel, Christy Hoffman, Rachel Manfredi, Jennifer Phillips, Sarah Strickland

The meeting was called to order at 6:01 pm by Jennifer Phillips.

Meeting notes from November 4, 2024, were voted on and approved by the group unanimously.

BHISD Staff Wellness

Jennifer Phillips, BHISD Coordinator of Health Services, reviewed some of the current employee health and wellness programs. These programs are available to all BHISD staff.

Chambers County Public Health; flu shots were available through their mobile clinic on October 18, 2024.

Chambers Health Annual Screenings; took place from November 5 through November 15, 2024. Blood work results were then reviewed individually with a Chambers Health nurse practitioner and BHISD employee.

Ultrasounds; upcoming from February 25 through March 7, 2025. These are offered to employees every other year.

MD Anderson Mobile Mammogram Truck; upcoming from February 25 through April 24, 2025. This truck comes to BHISD on an annual basis.

Vaping Presentation

Vaping presentation was given to Intermediate and Middle school students grades 6-8. BHISD social worker, Lesley Gershmel, discussed how the Intermediate students seemed to respond very positively to this presentation.

5th, 6th, and 7th Grade Programs

There was a 95% participation rate with 5th graders in the 2023/2024 school year.

There was a 34% participation rate with 6th graders in the 2023/2024 school year.

The SHAC committee brainstormed ideas of how to increase the 6th grade participation rate for school years to come. Some ideas included better advertisement to parents and rewording the e-blasts to include a more concise message and relevant statistics.

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6th grade curriculum; 'Freedom to Succeed'

- 5/15/25 6:00-7:00 pm: 6th grade parent presentation
- 5/16/25 12:30-1:30 pm: Intermediate North student presentation
- 5/16/25 2:15-3:15 pm: Intermediate South student presentation

7th grade curriculum; 'Aim for Success'

- 5/15/25 7:00-8:00 pm: 7th grade parent presentation
- 5/16/25 7:30-8:30 am: Middle South student presentation
- 5/16/25 9:15-10:15 am: Middle North student presentation

Triennial Assessment

The Barbers Hill ISD Wellness Triennial Assessment will need to be updated by the end of the 2024/2025 school year. SHAC committee members will be independently reviewing the current wellness policy prior to the next meeting.

Annual Health Fair

SHAC will not be participating in the annual health fair this year. This will be revisited next year.

The meeting was adjourned at 7:00 pm.

Meeting notes submitted by Sarah Strickland, MS, RD, LD