

Preliminary Track Meet 2025

AGE GROUPS: Age by December 31st Determines age group, not actual birth date.

Elementary: Max of 3 events per athlete

Jr. High: Max of 4 events per athlete

**ANY RELAY COUNTS
AS AN EVENT**

Beginners	Middle	Youth	Intermediate
2015-2016	2013-2014	2011-2012	2009-2010

Important Dates:
 Zoom Meeting for Track Coaches
 Wednesday, Feb. 12th at 4:00 PM

Track Entries Due **March 7th**

Preliminary District Track Meet at
 Thompson Jr. High - March 17-20th

P-BVUSD District Track Meet at Bakersfield
 High School - Saturday, March 29th

Kern County Track Meet at Liberty High
 School - Saturday, April 26th

Valley Meet at Buchanan High School -
 Saturday, May 3rd

EVENTS

Beginners		Middle		Youth & Intermediate	
100 Meters	High Jump	100 Meters	High Jump	100 Meters	High Jump
200 Meters	Long Jump	200 Meters	Long Jump	200 Meters	Long Jump
400 Meters	Shot put	400 Meters	Shot Put	400 Meters	Triple Jump
800 Meters		800 Meters	Discus	800 Meters	Shot Put
1500 Meters		1500 Meters		1500 Meters	Discus
4x100 Relay		3000 Meters		3000 Meters	
4x400 Relay		80m Hurdles		100/110m Hurdles	
High Jump		4x100 Relay		200m Hurdles	
Long Jump		4x400 Relay		4x100 Relay	
Shot put		4x800 Relay		4x400 Relay	
		High Jump		4x800 Relay	

Monday, March 17th	Tuesday, March 18th	Wednesday, March 19th	Thursday, March 20th
Events: 200m Beginners 4:00-4:20 PM Middle 4:20-4:40 PM Youth 4:40-5:00 PM 4x100m Relays Beginners & Middle 5:15 PM Intermediate if necessary 5:30 PM Long Jump Youth Boys & Girls 4:00 PM Triple Jump Finals Youth & Intermediate boys & Girls 4:30 PM	Events: 100m Beginners 4:00-4:20 PM Middle 4:20-4:40 PM Youth 4:40-5:00 PM Intermediate if necessary 4x100m Relays Beginners & Middle 5:15 PM Intermediate if necessary 5:30 PM Long Jump Youth Boys & Girls 4:00 PM Triple Jump Finals Youth & Intermediate boys & Girls 4:30 PM	Events: 3000 Finals Middle, Youth, Intermediate 2:30 PM Discuss Finals Middle 2:30 PM Youth & Intermediate 3:30 PM Long Jump Middle Boys & Girls 2:30 PM High Jump Beginner Boys & Girls, Youth Girls 2:30 PM Youth Boys, Middle Girls & Boys 3:15 PM	Events: Hurdle Finals 80 Middle 4:00-4:20 PM 200m Youth and Intermediate 4:20-4:40 PM 100/110 Youth & Intermediate 4:40 PM Shot Put Finals Beginners 4:00 PM Middle 4:30 PM Youth & Intermediate 5:00 PM Long Jump Beginner Boys & Girls 4:00 PM

Times are needed for the following events; 800, 1500, and 3000m Runners. Only the fastest 10 will be advanced district wide to the district finals. When entering times for a race, it will appear as 10:35 which reflects a 10 minute and 35 second time.

Measurements for discus and shot put will also be needed(Top 10-12) for District Finals on Wednesday and Thursday session. When entering a throw, 17'8.50 would reflect 17 feet, 8 1/2 inches.

Top 8 in the long jump & sprint events advance to District Finals. Spikes must be 3/16" pyramid style, no needle or christmas tree style are permitted. Elementary & Jr. High athletes may wear spikes at District Prelims and District Meet.