

2024-2025

Appling County High School **BREAKFAST MENU**

Student meals are served at no charge.
Extra items and 2nd meals must be paid
for at the point of service with cash or by
using credit from the student's meal
account. Charges are not allowed.

Adult Meal: Price \$2.90

A variety of fruit choices and juice
options are offered daily.

Students must select a fruit or juice at
breakfast.

Milk Choices Offered Daily

School breakfast gives students a healthy
start to the day and supports academic
achievement. All students are encour-
aged to take advantage of the school
breakfast program!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Choice—Option 1				
French Toast Sticks Sausage Links Syrup Cup Fruit /Juice Choices Milk	Chicken Jimmy Biscuit Tator Tots Fruit /Juice Choices Milk	Sausage Biscuit Potato Triangle Fruit/Juice Choices Milk	Steak Biscuit Tator Tots Fruit /Juice Choices Milk	Scrambled Eggs, Grits, and Bacon Toast with Jelly Fruit/Juice Choices Milk
Cold Choice—Option 2				
Assorted Cereal Bowls with Yogurt Cup w/ Granola Pack Fruit/Juice Choices Milk	Assorted Cereal Bowls with Assorted Pop-Tarts Fruit/Juice Choices Milk	Assorted Cereal Bowls with Assorted Muffins Fruit/Juice Choices Milk	Assorted Cereal Bowls with Yogurt Cup w/ Granola Pack Fruit/Juice Choices Milk	Assorted Cereal Bowls with Assorted Pop-Tarts Fruit/Juice Choices Milk
Grab and Go—Option 3				
Blueberry Donut Holes Cinnamon Toast Crunch Cereal Bar Fruit Choices Juice Box Milk	PB&J Uncrustable Sandwich Pop-Tart Fruit Choices Juice Box Milk	French Toast Crunchmania Muffin Fruit Choices Juice Box Milk	Powdered Sugar Donuts Yogurt Cup Fruit Choices Juice Box Milk	Strawberry Cream Cheese Bagel Strawberry Yogurt Chex Mix Fruit Choices Juice Box Milk

• MENU SUBJECT TO CHANGE •

Appling County School Nutrition Program



Visit the Appling County School Nutrition website for Nutrition Education and Wellness resources!