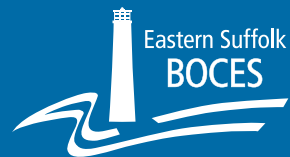


Diversity, Equity, and Inclusion

Advancing Equitable Opportunities



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March 2025 Cultural Heritage Highlights

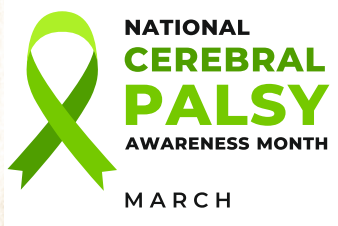


Brain Injury Awareness Month

Brain Injury Awareness Month traces its roots back to the efforts of advocacy organizations and individuals committed to raising awareness about brain injuries. This observance began in the United States, where the [Brain Injury Association of America](#) (BIAA) designated March as National Brain Injury Awareness Month in 1989. Over time, this initiative gained recognition internationally, with countries around the world joining in to raise awareness about the impact of brain injuries and the importance of prevention, treatment, support, and advocacy.

Learn more:

[About BIAA: Vision, Mission, and Values](#)



Cerebral Palsy Awareness Month

Cerebral Palsy (CP) is a group of permanent movement disorders that appear in early childhood, affecting body movement and muscle coordination. Cerebral Palsy is not a disease – it is the most common motor disability in children.

Learn more:

[About Cerebral Palsy Awareness Month](#)



Developmental Disabilities Awareness Month

Developmental Disabilities Awareness Month is an annual event that takes place in March and spreads awareness about developmental disabilities. It aims to highlight the importance of the inclusion of people with developmental disabilities in all areas of society.

Learn more:

[About Developmental Disabilities Awareness Month](#)



Greek-American Heritage Month

Greek-American Heritage Month, also known as Hellenic Heritage Month, takes place in March. The commemoration of Greek-American history is on March 25, the same day as Greece's National Greek Independence Day. In the late 1800s, a large number of Greeks immigrated to the United States, and now, over 2.5 million Americans are of Greek origin. Humanism, the pursuit of knowledge, arts, and civic responsibility are examples of Hellenism, which is the imitation of ancient Greek culture. Across the United States, organizations are working to preserve and educate others about the contributions of the Greek language and culture.

Learn more:

[History, timeline, FAQs, facts, activities, and more about Greeks](#)



Irish-American Heritage Month

Irish Heritage Month is an annual observance originating in the United States, where it is known as Irish-American Heritage Month. It has received official recognition from the governments of the United States and Canada. It was first celebrated by proclamation of the President and Congress of the United States to honor the achievements and contributions of Irish-Americans. The heritage month is in March to coincide with [Saint Patrick's Day](#), the Irish national holiday on March 17.

Learn more:

[Observe Irish-American Heritage Month](#)



Ramadan

Ramadan, the ninth month of the Islamic lunar calendar, is a time of fasting, reflection, prayer, and community for Muslims around the world.

In 2025, Ramadan is expected to begin on the evening of Friday, February 28, and will conclude on the evening of Sunday March 30, with the exact dates contingent upon the sighting of the moon.

Learn more:

[Significance of Ramadan](#)



Women's History Month

Women's History Month is an event honoring the contributions of women across history. Designated by Presidential Proclamation, this month-long event ties in with International Women's Day to recognize the importance of women and celebrate the unsung stories of revolutionary women throughout history.

Learn more:

[Women's History Month: What, When, How to Celebrate](#)

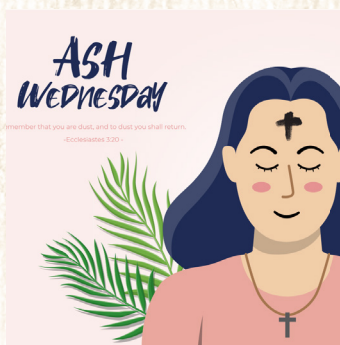


March 1 – Zero Discrimination Day

Observed by the United Nations, Zero Discrimination Day promotes equality and addresses the discrimination faced by individuals worldwide, fostering a more inclusive global society.

Learn more:

[About this Event](#)



March 5 – Ash Wednesday

Often called the Day of Ashes, Ash Wednesday starts Lent by focusing the Christian's heart on repentance and prayer, usually through personal and communal confession. This happens during a unique Ash Wednesday service.

Learn more:

[All about Ash Wednesday and Lent](#)



March 8 – International Women's Day

International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political.

Learn more:

[Get Ready for IWD 2025](#)



March 14– Holi

Holi is a Hindu spring festival, which originated in the subcontinent of India and is celebrated across the world. Often called the “Festival of Colors,” there are several legends about the origin of why Holi is celebrated. Even though some Hindu communities prefer one story over another, the messages of love, goodness, and renewal are the same.

Learn more:

[About Holi Festival, Holika Dahan, Rangwali Holi](#)

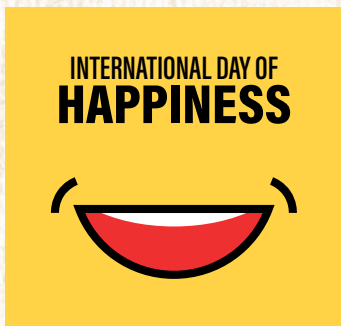


March 17– St. Patrick’s Day

St Patrick’s Day, on March 17, remembers one of Ireland’s patron saints, St Patrick. It largely celebrates Irish-American culture in the United States. In 1780 General George Washington commanded soldiers of Irish descent in the Continental Army and allowed his troops a holiday on March 17. This event became known as The St. Patrick’s Day Encampment of 1780. St. Patrick’s Day 2025, while not a legal holiday throughout the entire United States, is nonetheless widely recognized and observed throughout the country.

Learn more:

[Celebrate St. Patrick’s Day](#)



March 20 – International Day of Happiness

On March 20 every year, the world comes together to commemorate the International Day of Happiness. The International Day of Happiness 2025 is not just another date on the calendar, but a global movement towards a happier, more inclusive, and resilient world.

Learn more:

[What is the International Day of Happiness?](#)



March 21 – International Day for the Elimination of Racial Discrimination

Did you know that March 21 is the [International Day for the Elimination of Racial Discrimination](#)? On this day in 1960, police opened fire and killed 69 people at a peaceful demonstration in Sharpeville, South Africa, against the apartheid “pass laws”. Proclaiming the Day in 1966, the UN General Assembly called on the international community to redouble its efforts to eliminate all forms of racial discrimination.



March 31 – Islamic: Eid al-Fitr

New to the school calendar is the observance of Eid al-Fitr on March 31. Eid al-Fitr is one of two major holidays celebrated by Muslims and commemorates the end of the holy month of Ramadan. It is commemorated by a large, community-wide prayer service in the morning, followed by meals and conversation with friends and family.

Learn more:

[What is Eid al Fitr?](#)

[Eid al Fitr celebration in food and more](#)

