



MIDDLE SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Mini Pancakes Orange Chicken with Rice Bean & Cheese Pupusa Salami & Cheese Sub Sandwich Peanut Butter & Jelly Bundle	4 Bagel with Cream Cheese Brunch for Lunch! Egg & Sausage Breakfast Sandwich Egg & Cheese Breakfast Sandwich Salami & Cheese Sub Sandwich Peanut Butter & Jelly Bundle	5 French Toast Breakfast Bar Cheese Quesadilla Chicken Quesadilla <i>with Homemade Salsa and Cilantro Jalapeno Hummus</i> Salami & Cheese Sub Sandwich Peanut Butter & Jelly Bundle	6 Apple Cinnamon Oatmeal Round Cheeseburger Hamburger Salami & Cheese Sub Sandwich Peanut Butter & Jelly Bundle	7 Fresh Baked Chocolate Zucchini Muffin Pepperoni Pizza Cheese Pizza Peanut Butter & Jelly Bundle
10 Cheese Omelet with Tater Tots Chicken & Waffles Meatless Chicken & Waffles Ranch Chicken Wrap Peanut Butter & Jelly Bundle	11 Banana Bread Grilled Cheese Sandwich Grilled Turkey & Cheese Sandwich Ranch Chicken Wrap Peanut Butter & Jelly Bundle	12 Breakfast Oatmeal Macaroni & Cheese with Crackers BBQ Pulled Chicken Sandwich Ranch Chicken Wrap Peanut Butter & Jelly Bundle	13 Pancake Wrap Turkey Nachos Vegetarian Nachos <i>with Homemade Salsa</i> Ranch Chicken Wrap Peanut Butter & Jelly Bundle	14 Fresh Baked Banana Chocolate Chip Muffin Strawberries & Cream Treat Buffalo Chicken Pizza Cheese Pizza Peanut Butter & Jelly Bundle
17  No School	18 Blueberry Pancakes Brunch for Lunch! Scrambled Eggs, Sausage, & Biscuit Scrambled Eggs, Cheese, & Biscuit Peanut Butter & Jelly Bundle	19 Maple Waffle Chicken Sandwich Spicy Chicken Sandwich Veggie Wrap Peanut Butter & Jelly Bundle	20 Bagel with Cream Cheese Bean & Cheese Burrito <i>with Homemade Salsa & Cilantro Jalapeno Hummus</i> Crispy Fish Sandwich Veggie Wrap Peanut Butter & Jelly Bundle	21 Fresh Baked Chocolate Zucchini Muffin Pepperoni Pizza Cheese Pizza Peanut Butter & Jelly Bundle
24 Cinnamon Bun Boneless Buffalo Wings Boneless BBQ Wings Protein Box Peanut Butter & Jelly Bundle	25 Strawberry & Yogurt Parfait Mini Corndogs Rotini Pasta with Beef & Breadstick Protein Box Peanut Butter & Jelly Bundle	26 Scrambled Eggs with Tater Tots Red Chicken Tamale Cheese and Green Chile Tamale <i>with *NEW* Elote & Homemade Salsa</i> Protein Box Peanut Butter & Jelly Bundle	27 Breakfast Pizza Teriyaki Chicken with Fried Rice Plant Based Nuggets with Roll Protein Box Peanut Butter & Jelly Bundle	28 Fresh Baked Banana Chocolate Chip Muffin Buffalo Chicken Pizza Cheese Pizza Peanut Butter & Jelly Bundle

Fruit and assorted cereals are served daily at breakfast. All breakfast entrées, except the breakfast pizza and pancake wrap, are vegetarian.

Fresh fruit and vegetable salad bar offerings served daily with lunch.



Did you know that many of the salad bar produce items are **locally grown** here in Arizona? Nutrition Services supports serving **locally grown** and **locally produced** items whenever possible. The spring mix lettuce and tangelos are locally grown, and the hard boiled eggs are locally produced at Hickman's Farms!

For nutrition and allergen information, please visit our online menu by scanning the QR code:

