

Philomath School District Middle School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	French Toast Sticks V Pancake Sausage Wrap DF Chicken Patty Sandwich DF Cheesy Tear Apart Breadsticks & Marinara V	Assorted Breakfast Sandwiches P Buttermilk Bar V Hamburgers & Fries DF Cheeseburgers & Fries	Assorted Waffles V Mini Donut Bites V Creamy Mac & Cheese V Bean & Cheese Enchiladas V	Freshly Baked Cinnamon Roll V Yogurt Parfait V Chicken Strips w/Fries DF Meatball Sub Sandwich	Assorted Breakfast Sandwiches P Whole Grain Donuts V Cheese Pizza V
Week 2	French Toast Sticks V Pancake Sausage Wrap DF Hot Dog & Fries DF BBQ Chicken Sandwich DF	Assorted Breakfast Sandwiches P Buttermilk Bar V Hamburgers & Fries DF Cheeseburgers & Fries Cheese Pizza V	Assorted Waffles V Mini Donut Bites V Orange Chicken and Rice DF Cheesy Tear Apart Breadsticks & Marinara V	Freshly Baked Cinnamon Roll V Yogurt Parfait V Hot Italian Sandwich P Corndog & Tater Tots DF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Chicken Nuggets w/Fries DF
Week 3	French Toast Sticks V Pancake Sausage Wrap DF Chicken Patty Sandwich DF Country Fried Chicken Bowl	Assorted Breakfast Sandwiches P Buttermilk Bar V Hamburgers & Fries DF Cheeseburgers & Fries	Assorted Waffles V Mini Donut Bites V Nacho Bar V DF GF Bean & Cheese Burrito V	Freshly Baked Cinnamon Roll V Yogurt Parfait V BBQ Chicken Sandwich DF Popcorn Chicken w/Fries DF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Cheese Pizza V
Week 4	French Toast Sticks V Pancake Sausage Wrap DF Southwest Chicken Quesadillas Mini Corndog & Fries DF	Assorted Breakfast Sandwiches P Buttermilk Bar V Hamburgers & Fries DF Cheeseburgers & Fries Cheese Pizza V	Assorted Waffles V Mini Donut Bites V Spaghetti & Meat Sauce Cheesy Tear Apart Breadsticks & Marinara V	Freshly Baked Cinnamon Roll V Yogurt Parfait V Toasted Cheese Sandwich w/Fries V Bean & Cheese Enchiladas V	Assorted Breakfast Sandwiches P Whole Grain Donuts V Chicken Strips w/Fries DF



Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income.

Families do not need to fill out free and reduced lunch applications for these benefits.

Reimbursable Meals:

Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect Portal](#), or cash and check are also accepted at our schools.

Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
nutrition.services@philomath.k12.or.us

Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:

- GF:** Does not contain gluten ingredients
- DF:** Does not contain dairy ingredients
- P:** Contains Pork
- V:** Vegetarian
- Fruit & Vegetable always **GF DF**

Offered Daily
Breakfast: Assorted Cereal **GF**, Assorted Benefit Bars **V**, Assorted Muffins **V**, Fresh Fruit or Juice, Milk
Lunch: Peanut Butter & Jelly **V**, Assorted Sandwiches, Full Salad Bar, Assorted Fruit, Milk

September 2024	October 2023	November 2023	December 2023	January 2024	February 2024	March 2024	April 2024	May 2024	June 2024
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