

# February 2025

## MIDDLE SCHOOL LUNCH MENU



### DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)
4. Flatbread served with salads on Wednesday & Friday\*

\*Menu is subject to change. **Vegetarian, Locally Grown**

Halal, Sesame-Free & Gluten-Free Menus are also available. This institution is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday	
2	3 Chicken Drumsticks w/ Mashed Potatoes, Gravy Biscuit Corn	4 <b>Nacho Bar</b> Choice of Beef or <b>Refried Beans</b>	5 <b>Orange Bowl</b> Choice of Chicken or <b>Veggie Eggroll</b> <b>Soba Noodles or Rice</b>	6 <b>Pulled BBQ Chicken or Roasted Vegetables on Pretzel Bun</b>	7 <b>Pasta Bar</b> <b>Alfredo or Marinara</b> <b>Chicken or Meatballs</b>	8
9	10 Meatball Sub Sandwich Roasted Carrots	11 <b>Chicken or Refried Bean Tacos</b> Spanish Rice	12 <b>Chicken or Vegetable Dumplings</b> Vegetable Fried Rice	13 <b>Pancake Bar</b> w/ Strawberry Topping Turkey Sausage Hash Brown Patty	14 <b>Mac &amp; Cheese Bar</b> <b>Diced Chicken or Bacon</b> <b>Steamed Broccoli</b>	15
16	17 NO SCHOOL	18 NO SCHOOL	19 <b>Asian Bowl</b> Teriyaki Sauce with Chicken or Vegetables Veggie Egg Roll & Fried Rice	20 <b>Carnival Day:</b> Corn Dog <b>Hot Pretzel with Cheese Sauce</b> <b>Loaded Potato Wedges</b>	21 <b>Taste of Italy:</b> Choice of Lasagna Rolls, <b>Ravioli or Tortellini</b> Green Beans	22
23	24 Chicken Parmesan Sandwich <b>Spaghetti and Marinara</b> Roasted Carrots	25 <b>Quesadillas</b> Chicken or Cheese <b>Refried Beans</b> <b>Spanish Rice</b>	26 <b>Asian Dumpling Bowl</b> Choice of Chicken or <b>Veggie</b> Soba Noodles or Rice	27 <b>Waffles Bar</b> w/ Strawberry Topping Turkey Sausage Hash Brown Patty	28 <b>Mac &amp; Cheese Bar</b> <b>Diced Chicken or Bacon</b> <b>Steamed Broccoli</b>	

### Daily Choices:

Hamburger or Cheeseburger  
Spicy Chicken Sandwich  
Halal Chicken Sandwich  
Fruit Parfait  
Turkey and Cheese Wrap  
Italian Hoagie

Chicken Nuggets or Halal  
Chicken Nuggets  
Black Bean Burger  
Halal Hot Dog

Vegan Chicken Nuggets  
Cheese or Pepperoni Pizza  
Bosco Sticks  
Halal Chicken Caesar Salad

Garden Salad  
Vegan Chickpea Salad