

February 2025

ELEMENTARY LUNCH MENU- Gluten Free



DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)

*Menu is subject to change. **Vegetarian**

	Monday	Tuesday	Wednesday	Thursday	Friday	
	3 Hamburger/Cheeseburger on GF Bun (1) Garden Salad (2) Smiley Face Fries	4 Chicken Nachos (1) Corn & Black Bean Nachos(2) Beef Taco Salad (3) Black Beans	5 Hot Dog on GF Bun (1) Vegan Chickpea Salad (2)	6 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown	7 Pizza Salad (1) Caprese Sandwich on GF Bread (2)	8
	10 Grilled Cheese on GF Bread (1) Garden Salad (2) GF Chicken Tenders (3) Smiley Face Fries	11 Beef Nachos (1) Cheese Nachos (2) Beef Taco Salad (3) GF Chicken Tenders (4) Refried Beans Salsa/Sour Cream	12 Turkey Sandwich on GF Bread (1) Grilled Cheese on GF Bread (2) GF Chicken Tenders (3) Vegan Chicken Salad (4)	13 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown GF Chicken Tenders (3)	14 Pizza Salad (1) Caprese Sandwich on GF Bread (2) GF Chicken Tenders (3)	15
16	17 NO SCHOOL	18 NO SCHOOL	19 Hot Dog on GF Bun (1) Vegan Chickpea Salad (2) GF Chicken Tenders (3)	20 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown GF Chicken Tenders (3)	21 Pizza Salad (1) Caprese Sandwich on GF Bread (2) GF Chicken Tenders (3)	22
23	24 Grilled Chicken w/ Mashed Potatoes (1) Garden Salad (2) GF Chicken Tenders (3) Smiley Face Fries	25 Beef Nachos (1) Cheese Nachos (2) Beef Taco Salad (3) GF Chicken Tenders (4) Refried Beans Salsa/Sour Cream	26 BBQ Chicken on GF Bun (1) Vegan Chickpea Salad (2) GF Chicken Tenders (3)	27 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown GF Chicken Tenders (3)	28 Pizza Salad (1) Caprese Sandwich on GF Bread (2) GF Chicken Tenders (3)	