

High Five News February



Sullivan STEAM Magnet

Unit of Study: Animals

We are beginning our study of Animals. We will be talking what animals need to live and grow, characteristics of animals, and how to care for animals.

We are also building foundational math and literacy skills through large and small group activities, games, listening to stories, and through play.

Social Emotional Skills

We are learning about Managing Emotions. We will be learning strategies to control strong emotions::

- learning to STOP, put our hands on our tummy, label our feeling, and doing belly breathing
- counting to 10
- asking for help

Contact Information

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*Talking Points App

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Parent Reminders

- We go outside everyday. Please make sure your child brings boots, snow pants, hat and mittens to school.
- **Parent Teacher Conferences:**
 - February 13th 3:00-7:00
 - February 14th 8:00-12:00
- **No School:**
 - February 14
 - February 17
 - February 28

Help at Home:

You can help your child at home by:

- Talk about animals you know
- Sing songs and tell stories
- Help your child make kind choices and use kind words
- Have your child practice writing their name, naming letters & numbers, counting to 30.