



Orange County Schools Elementary Menus for February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
February 3 Pancakes Hot Ham & Cheese on Croissant or Cheeseburger on Bun or Pizza Fun Box Vegetable Soup Oven Fries Fruit Choice	February 4 Sausage Biscuit Loaded Beef Nachos or Loaded Chicken Nachos Pinto Beans Salsa Fruit Choice	February 5 Banana Bread Mandarin Chicken w/Rice or Chicken Dumplings or Pizza Fun Box Oriental Vegetable Blend Broccoli Fruit Choice	February 6 Honey Bun Baked Spaghetti w/Texas Toast or Pizza Dippers w/Marinara Sauce Garden Salad Carrots Fruit Choice	February 7 Manager's Choice Entrée Assorted Pizza or Pizza Fun Box Buttered Corn Vegetable Choice Fruit Choice
February 10 Waffle Grilled Cheese Sandwich or Hot Dog on Bun or Yogurt Snack Pack Tomato Soup Oven Fries Fruit Choice	February 11 Donut Chicken & Waffle or French Toast Sticks w/Sausage Hash Browns Carrots Fruit Choice	February 12 Chicken Biscuit Beef Soft Taco w/Trimmings or Crispy Chicken Chef Salad w/Crackers or Yogurt Snack Pack Seasoned Black Beans Tater Tots Fruit Choice	February 13 Muffin Salisbury Steak w/Rice or Manager's Entrée Choice Green Beans Garden Salad Fruit Choice	February 14 Manager's Choice Entrée Assorted Pizza or Yogurt Snack Pack Buttered Corn Broccoli Fruit Choice
February 17 Pancake on a Stick Chicken Wrap or Cheeseburger on Bun or Nacho Snack Pack Carrots Tater Tots Fruit Choice	February 18 Bacon & Cheese Biscuit Chicken Fajita Rice Bowl or Beef Teriyaki Bites w/Rice Mexicali Corn Pinto Beans Fruit Choice	February 19 Strawberry Bagel Bar Corn Dog or Manager's Entrée Choice or Nacho Snack Pack Deli Potato Roasters Seasoned Greens Fruit Choice	February 20 Sweet Bread Slice Macaroni & Cheese w/Chicken Nuggets or Pork BBQ w/Corn Muffin Cole Slaw Green Beans Fruit Choice	February 21 Manager's Choice Entrée Assorted Pizza or Nacho Snack Pack Buttered Corn Carrots w/Dip Fruit Choice
February 24 Pancakes Hot Ham & Cheese on Croissant or Cheeseburger on Bun or Pizza Fun Box Vegetable Soup Oven Fries Fruit Choice	February 25 Sausage Biscuit Loaded Beef Nachos or Loaded Chicken Nachos Pinto Beans Salsa Fruit Choice	February 26 Banana Bread Mandarin Chicken w/Rice or Chicken Dumplings or Pizza Fun Box Oriental Vegetable Blend Broccoli Fruit Choice	February 27 Honey Bun Baked Spaghetti w/Texas Toast or Pizza Dippers w/Marinara Sauce Garden Salad Carrots Fruit Choice	February 28 No School Teacher Workday
Meal Prices Breakfast: Free Lunch: \$2.75 Adults: A la carte pricing	Menus are subject to change.	Daily Alternate Breakfast Entrée Options include: Cereal w/Graham Crackers Assorted Grab & Go Options	Breakfast includes 100% Fruit Juice and Fruit Choice, Breakfast and Lunch include choice of fat-free chocolate or 1% milk.	

Families Making the Connection

An Apple a Day

Apples are a fruit that grow on trees. They are grown in all fifty of the United States. For North Carolina, apples are an important part of the agriculture economy.

Sweet or tart – there is an apple for every taste. Apples come in a variety of different sizes, colors, and flavors. A number of different cultivars are grown in North Carolina. Red Delicious, Golden Delicious, Granny Smith, Gala, Fuji, Honey Crisp,

Empire, Rome Beauty, and Pink Lady are a few examples.

Apples can be available year-round. North Carolina apples can be purchased July through February. To find an apple orchard nearby, visit the N.C. Department of Agriculture & Consumer Services website, <https://gottobenc.com/find-local>. Or use the Visit N.C. farms app, <https://visitncfarmstoday.com/>.