



NYS Apples

# February 2025 3-4



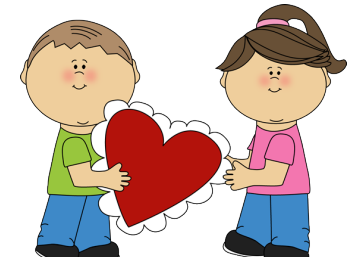
# Lunch

West Valley



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hamburger Or Cheeseburger (1) On a WG Bun ½ Turkey Sand	4 Taco In A Bag ½ chicken Salad Wrap	5 Assorted Pizza ½ Ham Sandwich	6 Meatball (3) Boat W/Breadsticks ½ Buffalo Chicken Wrap	7 ½ Philly cheese Steak Sub ½ Turkey Sandwich
Baked Beans 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Carrot Sticks 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Green Beans 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
10 General Tso or Sweet&Sour Popcorn Chicken(8) Over ¼ cup Rice ½ Ham Sandwich	11 Nacho Grande ½ Egg Salad Wrap	12 Hot Dog ½ Ham Sandwich	13 Assorted Pizza ½ Turkey Sandwich	14 <b>Happy Valentine's Day!!</b> Chicken Nuggets (3) and Seasoned Pasta ¼ cup <b>**Be Mine Sidekick</b>
Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Fresh Celery Sticks 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	<b>NYS Carrots 1/4c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
17  No School	18  No School	19 No School	20  No School	21  No School
24 Noodles W/Sauce ¼ cup Meatball Side (2) ½ Chicken Salad Wrap	25 Meat Taco W/ Ceese, Lettuce, Tomatoo ½ Ham Sandwich	26 Mozzarella Sticks (4) W/ Sauce ½ Turkey Sandwich	27 Pizza ½ Buffalo Chicken Wrap	28 Popcorn Chicken(8) ¼ cup Tator Tots ½ Egg Salad Wrap
Baked Beans 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Fresh Baby Carrots 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Corn 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Zucchini Squash 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Eden Valley Growers  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
 used in Meal Program  
 highlighted in green



**Offered daily with all School Lunches:**  
 Fresh or Prepared Fruit  
 (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)  
 NY State 8oz 1% or Skim White Milk  
 Fat Free Chocolate Milk

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
 MySchoolBucks.com

If your Student has a particular food allergy, please contact the food service office @ (716)771-8685

**Student \$0.00**