




NYS Apples
NYS

February 2025 K-12



Breakfast West Valley




Monday	Tuesday	Wednesday	Thursday	Friday
3 Muffin W/4oz Yogurt	4 Cinnamon Roll	5 Breakfast Wrap	6 French Toast Sticks W/Syrup	7 Muffin W/4oz Yogurt
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 Trix Muffin	11 Bagel Breakfast Sandwich	12 Frudel	13 Cinnamon Roll	14 Valentines Donut
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17  PRESIDENT'S DAY	18 NO SCHOOL WINTER BREAK	19 NO SCHOOL WINTER BREAK	20 NO SCHOOL WINTER BREAK	21 NO SCHOOL WINTER BREAK
24 French Toast Sticks W/Syrup	25 Bagel W/ Assorted Toppings	26 Breakfast Pizza	27 Trix Muffin	28 Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Eden Valley Growers
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
 used in Meal Program
 highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)



Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of
 Fresh or Prepared Fruit
 100% juice -1/2 cup
 may take up to 1 cup

*NY State Non-Fat or 1% White
 Milk 8oz



If your student has a particular food allergy,
please contact the food service office @
(716)771-8685

Student \$0.00